# www.SENIORS VOICE OF OCALA.com **DELIVERED TO THE SR 200 CORRIDOR**



Volume 22 Issue 8



ABOVE: OBL Speaker Danan Hopkins of Allied Tax Group LLC, a semi-retired Tax Accountant spoke about new tax laws. Some do's and don'ts when preparing your tax. Suggested that complicated tax forms should be done by a qualified Tax Accountant.

RIGHT: OBL Speaker Les Singleton of Send Out Cards was a trainer for Dale Carnegie. He gave a session on how to Network, how to communicate, had some suggested questions and suggestions on how to respond. The information shared was very valuable. Everyone went through a drill picking someone they knew least about. In a few minutes they knew all about their business.

## **Heat Related** Deaths The state of Florida has the second highest of heat. Within minutes a car that was just

total number of heat related deaths of children being left unattended in a vehicle. More than half of vehicular heatstroke cases from 1998 to 2018 were because an adult forgot about a child, according to NoHeatstroke.org. Additionally, every year pets suffer and die when their guardians make the mistake of leaving them unattended in a parked vehicle to "run in for just a minute" at the local store. The Lady Lake Police Department is committed to informing and educating parents and pet owners on the dangers of leaving children and pets unattended in a vehicle and taking precautions to help prevent these tragic situations.

Leaving a child or a pet in a hot car even for a short period of time can be dangerous, even if parked in a shade or with the windows cracked. A vehicle's glass transparency allows for the sun's rays to heat up the inside essentially creating a vacuum

being cooled can experience a spike in temperature. On a sunny day, when outside temperatures are 70 degrees the inside temperature of a vehicle can rise to 89 degrees within 10 minutes and 104 degrees within 30 minutes. At 80 degrees outside, the inside temperature of a vehicle can rise to 94 degrees in 10 minutes and soar up to 114 degrees in 30 minutes.

A child's body temperature can rise up to five times faster than an adult's and death will occur with a body temperature of 107 degrees. Dogs and cats can't sweat like humans, so they pant to lower their body temperature. If they're inside a car, recycling very hot air, panting gives no relief, and heat stroke can happen quickly.

I encourage you to take these safety precautions to help avoid these preventable tragedies.

•Make it routine to open the back door of Continued page 4

Photo Credit: Governor's Press Office

## **First Lady Casey DeSantis** on Mental Health

First Lady Announces the Formation of a Drug Abuse Prevention Panel to be Chaired by Seminole County Sheriff Dennis Lemma

Sanford, Fla. — Today, First Lady Casey DeSantis held a listening session on mental health and substance abuse at the Seminole County Sheriff's Office in Sanford. This was her second listening session of the day following a stop at Big Brothers Big Sisters Office today and I am honored to chair her of the Sun Coast in Venice. Today's listening new drug abuse prevention panel," said sessions were part of the First Lady's Hope for Healing Florida campaign, a multiagency initiative that strives to combine the resources and efforts of the public and private sectors to better serve Floridians spearheaded by the First Lady, I am struggling with mental health and substance abuse.

First Lady DeSantis also announced the formation of a drug abuse prevention panel with Seminole County Sheriff Dennis Lemma to serve as chair. The focus of the panel will be to discuss and determine best drug abuse throughout the state, specifically as it pertains to Florida's youth.

"I am excited to announce the formation of a new drug abuse prevention panel and I thank Sheriff Dennis Lemma for his initiative," said First Lady DeSantis. "As sure that kids know how dangerous drugs can be, as well as what they should do if someone in their home is using drugs. We will continue to confront these challenges leaders from around the state to determine how we can better serve those in need."

The First Lady was joined today by Agency for Health Care Administration Juvenile Justice Secretary Simone visitwww.HopeForHealingFL.com.

Marstiller, Representative Cyndi Stevenson, Representative Scott Plakon, Seminole County Sheriff Dennis Lemma, Orange County Sheriff John Mina, Department of Children and Families Chief of Staff David Mica, as well as stakeholders and community leaders from the Orlando area.

"It was a pleasure having First Lady DeSantis at the Seminole County Sheriff's Seminole County Sheriff Dennis Lemma. "The collective IQ of a group is always stronger than that of an individual and through increased collaboration being confident we will find meaningful solutions to these challenges facing Floridians."

"First Lady Casey DeSantis' leadership in this area is needed and welcome," said Representative Cyndi Stevenson. "Her energy, and the act of bringing people together will serve as a catalyst to promote practices and innovative solutions to combat needed improvements in the access to care and will pay long term dividends for many Floridians and their families.'

Governor DeSantis' Bold Vision for a Brighter Future Budget included nearly \$2 billion in substance abuse prevention and willingness to serve as chair of this important mental health funding. This includes more than \$123 million in state and federal we enter the school year, we want to make funding for medication-assisted treatment and prevention and recovery services to confront the opioid epidemic.

The Governor's budget also included \$75 million for the Mental Health Assistance head-on and I look forward to working with Allocation for Florida schools. This funding will go directly to school districts to provide additional mental health services to students in need.

For more information on the First Lady's Secretary Mary Mayhew, Department of Hope for Healing Florida campaign, please



## OCALA/MARION COUNTY CHAMBER & **ECONOMIC PARTNERSHIP**



incredible things happening in our community. Significant new facilities are under construction for the Red Rock Development and at all three hospitals. The Power Plant Business Incubator continues to help innovative and

scalable startups primarily in the areas of technology, health care, and communications. The downtown continues to generate enthusiasm with the new Hilton Garden Inn under construction, an ever growing line up of restaurants and stores, and more residential options in the works.

There are so many All of this excitement and growth is in large part the result of our partners. Thank you for your engagement and investment in moving the Ocala Metro forward.

Leadership Ocala Marion

Spring brings warmer weather, high school proms and graduations, and the beginning of planning for the CEP's amazing leadership programs. For more than 30 years, Leadership Ocala Marion (LOM) has been training and providing opportunities to train new generations of leaders on the needs of this community and how they can engage.

In mid-May, the 34 members of Class XXXII graduated from Leadership Ocala Marion. The program's beginnings can be traced back to Mr. Frank Stafford who was

Chamber in 1986 when the decision was made to hire a consultant to help the Chamber start a leadership program. The first class began in the fall in 1987. While methods and details have changed over the years, the principles and mission remain the same: Leadership Ocala Marion (LOM) is designed to engage, develop, and inspire developing leaders in our community. LOM seeks to prepare, involve and sustain leaders from diverse backgrounds who are committed and competent to address community challenges and improve the business climate, economy and quality of life in Ocala and Marion County.

For those unfamiliar with LOM, the program is engaging yet rigorous. After an application and selection process, the leaders embarks upon a program which includes an orientation retreat and once a month, all-day sessions. Each session focuses on a different area of community

serving as President of the Board of the life and seeks to help the leaders understand the inner-workings of those areas including economic development, quality of life, human services, government, justice, agriculture and education. The LOM calendar runs August through May.

> Interviews are now underway for Class XXXIII. For more information on this great program, please visit the CEP's website-OcalaCEP.com/Programs

> It has been said that everything rises and falls on leadership. Investing in and building up leaders is essential for our community to be the best choice to live, work and play.

## Grilled **Sweet Potatoes**





start your team at marchforbabies.org



T (NAPSI)—The next time you're firing up the outdoor grill (or indoor grill pan, for that matter), throw on a sweetpotato or two. An easy, healthy side dish with a huge wow factor, grilled sweetpotatoes are nutrient rich, high in fiber and absolutely delicious. And they go great with burgers, steaks,

Start with this basic recipe, and if you're feeling creative, try different shapes-sweetpotato coins or steak fries, for example. Or add your favorite herbs and spices—such as chopped fresh rosemary, thyme, cinnamon or smoked paprika.

**Grilled Sweetpotatoes** 

Serves 3 or 4

1 lb orange- or yellow/white-fleshed sweetpotatoes, cut lengthwise into <sup>3</sup>/<sub>4</sub>-inch wedges

1<sup>1</sup>/<sub>2</sub> Tbsp olive oil

1 tsp salt, plus more for sprinkling

Heat a grill or grill pan to mediumhigh. Meanwhile, in a large bowl, combine sweetpotatoes, oil and salt. Arrange sweetpotatoes on the grill or grill pan and cook until lightly charred and tender, 6 to 8 minutes, turning halfway through. Sprinkle with more salt and serve.

For more recipes, nutritional information and tips for cooking with California sweetpotatoes, go to

www.casweetpotatoes.com.



#### Florida State Senate = **DENNIS K. BAXLEY**



Dear Friends, It's a great day to be an American! Throughout the country, and Florida in particularly, we are reaping the rewards of having a President who loves American and puts her first. That

leadership has trickled down to our state and we have a rock-solid conservative in the Governor's mansion, as well as many other talented, capable legislators that help shape Florida policy. The Democrats (or, socialists), can't stand it. They hate that conservative leaders have this country moving in the right direction again, and that Florida did not see the liberal medias much anticipated "blue wave".

The 2020 Legislative Session in Florida is quickly approaching, with committees beginning in September and Session following in January, we are already seeing how much the 2020 election will shape the tone of the conversations that we have over those few months. The D.C. globalists are pushing even further left, and their rhetoric has completely changed the democratic party. The socialists in their party are emboldened and empowered by disastrous party leadership. It's not just in D.C, the local and state races are not immune. In many cases, they have actually become the training ground for some of their most

extreme candidates.

My friends, this is a call to action. We must preserve the America we were given. We have two diametrically opposed viewpoints fighting for the hearts of our children and grandchildren. One viewpoint values individual rights and responsibility, and economic strength, through freedom and entrepreneurship. Those on left believe in limited rights through government action, no responsibility for the individual, and the suppression of those that might believe differently. That is not the America that we want.

matters sooner than you think. We must engage early. Ask your elected leaders (and those running for office) the hard questions, get your friends registered to vote, find an active group of people to join with to help strengthen your voice and help us protect faith, family, freedom, opportunity and life itself for the next generation. Onward and upward!

Senator Dennis Baxley

## A Ticket To Work

(NAPSI)-As you may have discovered, looking for work is not a one-size-fits-all journey. That's why the Ticket to Work (Ticket) program, Social Security's national employment-related program, uses a

This 2020 election is critical, and it customized approach to help people with disabilities find meaningful work that leads to financial independence.

#### **How It Works**

The Ticket program supports career development for people ages 18 through 64 who get Social Security disability benefits (SSI or SSDI) and want to work. The individualization begins when a beneficiary and a service provider agree to work together. The service provider and beneficiary work one on one to develop an Individual Work Plan (IWP), a detailed road map that identifies employment goals based on where the individual is on the path to work. This process, as well as other services, can be done either in person or virtually. The IWP also includes services that the participants will need to prepare for jobs tailored to their Continued page 9

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352-804-1223



P.O. Box 1698 Dunnellon, FL 34430 tloury@att.net | 352-804-1223

Wendy Netherclift

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#### Page 4, Seniors Voice/Downtown - August 2019

Tom Loury Long time member of CEP/Ocala Chamber of Commerce. Past President of the Ocala Business Leaders, Co-Founder and President of Select Business Associates, Past President of the Lady Lake Chamber.

### PUBLISHER'S NOTES



What is it that would make a person go hunting that normally does not hunt. I have met many that hunt. Some have trophy's to show, some go for the camaraderie of sitting arounds the fire after the

days hunt. That is certainly fun, telling stories, listening to stories, telling jokes. Others it makes them feel more like a man to say they are a hunter. Some people who have never hunted are content to sit in a tree stand and shoot a wild hog that has been baited up with a feeder. Some own and hunt with dogs. Some just quietly slip around in the woods by themselves. I prefer that kind of hunting. If you want to find out something about yourself, walk into a stand of palmetto bushes carrying a rifle (not for close up hunting) and hear a wild hog popping his jaws to warn you not to come closer. What you do at this point tells you a lot about yourself. You like danger and you are sure of we don't need brown people without brown

yourself you won't back out. You move forward and handle what is coming at you in the bush. That happened to me. I bagged a wild hog so big that it took three grown men to load it in a truck. He had cutters that stuck out longer than your thumb. It told me I never wanted to do it again, but now I can say I stood my ground against a creature twice as big as me, that I could not see until he was up close and personal. It was not mounted as a trophy; it fed many needy people and was an experience and memory of a life time.

Politics: One of the young candidates said 'Let me free from freedom!" What do you think he meant?

"According to the Declaration of Independence, certain rights-namely life, liberty and the pursuit of happiness-are unalienable.'

Another candidate called the president racist and moments later she said "We don't need black people without black voices and

### **Newspaper Deadlines** Editorial & Ad Copy for September Seniors Voice & Ocala DownTown 12am, August 14th Lady Lake Magazine & Village Spectator 12am, August 21st

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Publisher **Tom Loury** 352-804-1223 Fax: 352-489-7208 tloury@att.net

**General Manager** Wendy Netherclift Ocala Office 352-895-4168

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#### voices". "RACIST REMARKS!"

Someone asked why do we have so many candidates in the Democratic party. Next year check the net worth of the candidates that did not win. Many will be wealthy and were not before they raised money for their political race

I'm going to stick my neck out and say this. "I don't like some of the things that Trump does and says." But think of it this way, who would be able to drain the swamp? He is a perfect tool to clean up our country. I stand with and behind the President of the United States. It is time for the American people see what has been going on.

A famous saying, "Walk in to the future and forget your past!" Sometimes people have to pay for what they did in the past! If a citizen making minimum wage goes to jail for a crime committed so should the people in high places. No special privileges!

Minimum Wage hike has caused 8% decline in Uber and Lyft Trips. The increased cost has gone up and I guess the passengers are thinking they can get it done cheaper. New York officials have implemented congestion surcharges for app passengers and limited driver numbers in a bid to reduce traffic congestion.

Trump's latest tweets have caused quite a stir. The Squad has jumped on him after he told several of them. "Go fix the country you came from then come back and tell us how you did it!" I think he also said "if you don't like the USA go back where you came from." It's about time someone stood up for the lifelong natural born citizens. Good example: people move to Florida from another state and soon after start trying to change the Town / City / neighborhood to what they just moved away from. Why do they do that when you just moved away from it? If you like it that much don't move! In my opinion the squad of four will probably help Trump win the election with a bigger margin. I think some of them are running out of money and are making outlandish statements trying to draw attention to themselves to raise more election campaign money.

When I first move to Marion County a mile off the paved road, back into the woods where I have lived now for 49 years, I built a fence the first year to pasture our horses. My closest neighbor one mile away said the first thing you south Florida people do is come up here and put up fences. I said if you would keep your animals home I would not have to. Things kind of changed after that confrontation, but even after that there was problem with neighbor's dogs running lose and killing small animals, even goats and pigs.

#### **Heat Related** Deaths Continued from page 1

your car every time you park. •Set an alarm on your cell phone or computer calendar as a reminder to drop

your child off at child care. Make the alarm sound different from other alert tones.

•Keep a stuffed animal in the child's car seat. Place it on the front passenger seat as a reminder when the child is in the back seat

•Ask your babysitter or child care provider to call you if your child hasn't arrived as scheduled.

•If you are driving a child, put something you need in the back seat so you will need to open the back door. Items may include a cellphone, handbag, employee badges, or any other item you would need at your destination.

What to do if you find a pet confined to a vehicle:

Take the vehicle's make, model, color and license plate number and notify your local Animal Control or Police Department.

•Once removed from the vehicle, provide water to drink and if possible spray with a garden hose or immerse in cool water for up to two minutes to gradually lower the body temperature.

Watch for signs and symptoms of heatstroke such as restlessness, thick saliva, heavy panting, glazed eyes, dark tongue, rapid heartbeat, difficulty breathing, dizziness, seizure and lack of coordination. If a dog shows any of these symptoms remove it from the heat and transport to a veterinarian immediately.

•Practice safety awareness and follow these precautions this summer season with your children and your pets to prevent a vehicle heat-related tragedy from happening to your family. Stay safe.



**God Bless our Troops Support Our Veterans** We Endorse The Constitution

## **Military Consumer Protection**

Our military members risk their lives in service to our country. Sadly, while they are deployed overseas, and even after they retire from service, scammers may target them to try to make a dishonest dollar. July is Military Consumer Protection Month, and in recognition of the month, I launched our Patriot Protection Week Campaign. This initiative aims to help Florida's service members and veterans guard against military-related scams by directly providing them consumer protection tips and resources.

As part of our Campaign, I released our 2019 Military Consumer Protection Resource Guide. The Guide is full of information, advice and resources to help the more than 90,000 active and reserve members of the Armed Forces and 1.5 million veterans who call Florida home.

Tips to avoid common military-related scams include:

Beware of scammers using misleading photos or language to imply association with a branch of the U.S. Military;

Verify the authenticity of an email or text that appears to be from a military branch. Phishing schemes use manipulated messages that appear to be from a military branch or the U.S. Department of Veterans Affairs in an effort to target service members, veterans or their family members:

Ensure any veterans charity soliciting funds is registered with the state Department of Agriculture and Consumer Services at 800HelpFla.com; and Place an active duty alert on credit reports at no cost. An active duty alert requires businesses to take additional steps before granting credit in the name of active duty personnel serving overseas.

There are even more tips and strategies to help protect military members from consumer fraud in the Attorney General's Military Consumer Protection Guide. The download the Guide, go to:

myfloridalegal.com/webfiles.nsf/WF/ **RMAS-**

A9KQ6C/\$file/CP+Military+Guide.pdf

I will always stand up for those who risk their lives for our safety and freedom and do everything in my power to stop military and veterans-related scams. By protecting those who protect us, we will build a stronger, safer Florida.

## **Never Miss Your Medication**

How To Never Miss A Day Of Your Medication

(NAPSI)-Most people can't go a day without a cup of coffee or checking their email. But with the demands of everyday life it's not surprising that about 50 percent of patients sometimes fail to take their daily medications as prescribed.

According to a new survey by WebMD, over the past six months one-third of

respondents either sometimes or most of the time missed taking their medication as prescribed even though 76 percent know it can cause their condition to worsen or symptoms to return.

When asked why they'd missed a dose, 66 percent of survey respondents said that they forgot, 38 percent said they experienced side effects, and 26 percent weren't able to get to the pharmacy to refill their prescription on time

"Not following a prescription correctly can seriously impact your health," said Jamal Downer, a Walgreens pharmacist. "Your local pharmacist is an expert who can help you understand your medications and provide tips on how to use tools like smartphone apps that make it easier and more convenient to stay on track."

Steps to help you take your medications include services online, through apps and in store:

pharmacist is an integral part of your support to a single pickup date with the Save a Trip team, and now they are available anytime via Refills® program for free. Refilling your phone. Walgreens Pharmacy Chat service provides 24/7 access to pharmacists who can by switching to a 90-day supply or setting up answer questions to help you better automatic refills. understand your medications, including side effects and how the other medicines you take can order purchases online from your phone, and food you eat may interact with another drug.

Setting reminders: Whether you need a quick prompt to take your pill or a text alert that your refill is available, calendar medications delivered. notifications and free tools like a pill reminder can help ensure you always have your medication on hand.

Simplifying your refills: Pharmacists

FDIC



Getting help whenever you need it: A can also coordinate your prescription refills prescription can be made more convenient

> Making refills convenient: Just like you you can have refills shipped directly to your home. With Walgreens Express<sup>™</sup>, patients can prepay and pick up prescriptions in a dedicated line or get their eligible

From pill reminders to tools for conveniently managing your condition, the answer to improved health and saving *Continued page 6* 



"I can't recall when I've been treated so graciously by any business. OUT ONSHIPS *I actually left the bank looking* forward to my next trip back. Seriously, who leaves their bank looking forward to going back?" ince 1912. sophi Jim F. **Columbia Bank** Community Banking at its BEST 1025E. Silver Springs Blvd. | Ocala, FL 34470 (352) 512-6590 WWW.COLUMBIABANKFLORIDA.COM Locations in Gainesville, Lake City, and Ocala estimates 622 Glass Rooms



### LETTERS TO THE EDITOR

#### **Golf Cart complaint** One persons opinion!

This needs to be heard, written and exposed! I have lived in the Villages for nine years. I live in the Villages of Delmar. Up until about three tears ago I didn't realize how dangerous it is for Golf Cart drivers to drive in the Golf Cart path, Clearly marked Golf Carts and bike path.

I understand that walkers use the same path and no problem sharing with them. However recently while riding with several of my friends (one being an elderly client) whenever we see someone walking towards us in the Golf Cart Path, they don't step aside up on the curb, grass to safety, instead they continue walking which makes the Golf Cart pull out into traffic to avoid hitting them. I was with my client and without looking back or using a turn signal he, by instinct, just pulled around the walkers. One time we came very close to being hit by a car.

Villagers know to watch out for walkers or Golf Cart drivers and are alert to what might happen, but visitors are not prepared to watch out for a carts pulling out in front of them

Now this is where I'm so upset... I refuse to pull out into the road when walkers can just step up to safety, preventing the Golf Cart driver from instinctively pulling out into traffic. I come to a dead stop and wait until the walker goes around me...but you would not believe how many times I have been used out for not going around them about to enter the North putting myself in danger when all they have to do was step up!!!

Last week on my way to golf, I was following another golfer in our Golf Carts I noticed she always pulled out into traffic when ever a walker came up her path, with out looking back or using a turn sign. I questioned her about this when we arrived at the Golf Course, she replied, I have always just pulled around them, how lucky is she??? we will all suffer infinitely more in other

One more thing on that same day we passed two men with their dog's standing in the middle of the Golf Cart path, not walking just standing talking. I came up to them in my Cart and stopped, they njusyt looked at me then one said, go around! Then I said I'm not getting faff the path in harms way when you can atle a step up, he said to me "kiss my ass" Loud and clean, I can not believe this coming from this friendless Home Town. You should print this so maybe the men can see how disrespected they were and maybe save lives. It happened the 5th on my way to the Nancy Lopez. It's shameful.

Step up to safety. D. Ê.

**Publishers Note:** 

In the state of Florida the pedestrian (walker) always has the right away even in the Villages Florida. I think the local Chief needs to give a class on what the laws of the Florida Florida drivers. First no one should be driving a Golf Cart on the road without a Florida drivers license. They have to learn the Florida Driver laws even in the Villages.

#### Editor:

There is a great deal more to USMCA than a few tomatoes, strawberries, and bell peppers. Dumping is status quo for any arm of the globalist's agenda. This is agricultural dumping.

Britain is Brexiting the EU, and we are

are relentless. We must keep our guard up, and scrutinize American version of EU.

We had better look more closely before we leap. This USMCA usurps our sovereignty, just like the EU does in Europe, another attempt to foist Socialism on us. Globalism by any means, one inch at a time.

These globalists everything they propose. The farmers may suffer economically, but

ways if USMCA is enacted.

By hook or by crook they mean to take our freedom away from us. Do you care?

D.I.L.

#### **Never Miss** Continued from page 5

money could be in the palm of your hand. Download the Walgreens app or ask your local pharmacist how they can help you stay on track with your medications.

For further information, go to http://bit.ly/redphone-wakeup.

## **Free Glossary** and More...

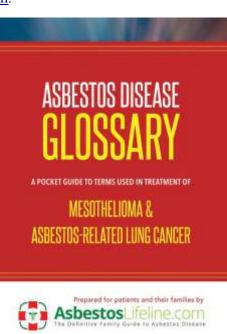
Free Glossary And Compensation Guide (NAPSI)—If you or someone you care for is ever diagnosed with mesothelioma or lung cancer after exposure to asbestos at work decades ago, here's news for you. If you're undergoing medical treatment, you can use a free "Asbestos Disease Glossary" available from the Asbestos Lifeline Institute of Great Neck, New York.

The handy, pocket-size booklet explains all the common medical terms used in asbestos injury care and identifies all the different medical specialists involved in treating mesothelioma, lung cancer and several other nonmalignant, asbestosrelated diseases.

The free booklet also contains helpful information about achieving monetary compensation for asbestos injuries, which hinges upon a timely filing of the claim and the ability to identify the specific asbestos products you used. In most instances, a "latency period" of several decades after exposure occurs before asbestos diseases develop, so most victims are in their 60s or older.

For victims with valid claims, choosing the right law firm for representation can be daunting, due to the many choices presented through TV commercials and Internet searches. The Asbestos Lifeline Institute can also be helpful in guiding you to the right firm.

To learn more, call the Asbestos Lifeline at  $(8\ 0\ 0)\ 9\ 9\ 0\ -\ 1\ 6\ 5\ 0\ ,\ e\ -\ m\ a\ i\ l$ AsbestosLifeline@gmail.com or visit www.AsbestosDiseaseGlossary.co m.







See page 15 for Classifieds. Email us today to place your ad: tloury@att.net



#### $\blacksquare$ FROM THE DESK OF =**GOVERNOR DESANTIS**

## **Criminal Task** Force

#### **Governor DeSantis Criminal Punishment Code Task Force** Appointments

Fallahassee, Fla. — Today, Governor Ron DeSantis announced the appointments of Michael Morley, John Stinneford, Melissa Nelson, the Honorable Michael Andrews, Bradenton Police Chief Melanie Bevan and Pasco County Sheriff Christopher Nocco to the Criminal Punishment Code Task Force.

#### **Michael Morley**

Morley, of Windemere, is an assistant professor at the Florida State University College of Law. He previously taught at the Barry University School of Law, served as Special Assistant to the General Counsel of the U.S. Army and clerked for Judge Gerald B. Tjoflat. Morely earned his bachelor's degree from Princeton University and his juris doctorate from Yale Law School.

#### John Stinneford

Stinneford, of Ponte Vedra Beach, is a professor at the University of Florida's Levin College of Law. He previously taught at the Georgetown University Law Center and the University of Dayton School of Law. Stinneford earned his bachelor's degree from the University of Virginia, his master's degree from Harvard University and his juris doctorate from Harvard Law School.

**Melissa** Nelson

Nelson, of Jacksonville, is a state attorney for the Fourteenth Judicial Circuit Court. She currently serves on the Alcohol, Tobacco and Firearm's National Gun Crime Intelligence Governing Board, the Florida Cold Case Advisory Commission and is a fellow at the American College of Trial Lawyers. Nelson earned her bachelor's degree and juris doctorate from the University of Florida.

#### **The Honorable Michael Andrews**

Andrews, of Oldsmar, is a judge at the Sixth Judicial Circuit Court. He previously served as a judge for Pinellas County from 1997-2003. Andrews earned his bachelor's degree in political science and his juris doctorate from the Florida State University College of Law.

#### **Chief Melanie Bevan**

Bevan, of Bradenton, is the Chief of Police of the Bradenton Police Department. She previously served with the St. Petersburg Police Department for 29 years. She has served in specialized positions such as a vice and narcotics detective and an intelligence and street crimes unit commander. Bevan is a graduate of the Federal Bureau of Investigation National Academy. She earned her bachelor's degree in criminal justice from St. Leo University, her master's degree in public administration from Troy State University and her doctorate in organizational leadership from Argosy University

#### **Sheriff Christopher Nocco**

Nocco, of Land O' Lakes, was appointed Sheriff of Pasco County in 2011 and was subsequently elected to the position in 2012. He previously worked for the Philadelphia Public School Police, the Fairfax County Police Department and the Broward County Sheriff's Office. He earned his bachelor's degree in criminal justice and his master's degree in public administration from the University of Delaware.

## Identify Flood-**Damaged Vehicles**

(NAPSI)—Following record-setting rainfall in many areas of the country, flooding has taken its toll on vehicles. It's important for those considering buying a and doors and let the car sit for about five used vehicle to be car care aware and check minutes. Then, crack open a door and sniff. for signs of water intrusion or Mildew and mold have very distinctive contamination, advises the nonprofit Car smells and it doesn't take long for that smell Care Council.

"Purchasing a used vehicle and later learning it has been flood damaged can be very problematic and lead to costly issues down the road. Worse yet, these vehicles can be unhealthy to occupy because of mold and bacteria growing in the carpet and ventilation system," explained Rich White, executive director, Car Care Council.

The Car Care Council and the Car Care Professionals Network (CCPN), a group of automotive service providers, say it all comes down to how much water the vehicle took in and where it can be reached. They recommend these five steps to determine if a vehicle has been flood damaged:

Take the sniff test. Close all the windows to present itself. *Continued page 10* 





#### Page 8, Seniors Voice/Downtown - August 2019



Across 1. LP player 5. CEOs and CFOs 9. Beginning of a prayer 14. Ice cream thickener 15. Greenspan's subj. 16. Forty-\_\_\_\_\_ 17. "Livin' La Vida \_\_\_": Ricky Martin hit 18. Mork word 19. Key material 20. Marketing rep, perhaps 23. Strains 24. Plummeted 25. Former bodyslamming gp. 27. Gridiron enthusiast 32. Fling with effort 34. School dance 35. Seine feeder 36. Curved 37. '80s-'90s Honda sports car 38. Goes over 21, in blackjack

42. Remote function 46. Old Eur. coins 47. Grain grinder 48. "\_\_\_\_ say more?" 50. Media exploitation, slangily 54. Lowly workers 56. Colombian city 57. "A Death in the Family" author 58. Patton portrayer 59. Abreast of 60. Fast season 61. City west of Fayetteville 62. Abate 63. Deanna in "Star Trek: T.N.G." Down 1. The 50 in 50-50 2. Operatic prince 3. Dealt with reality 4. Baghdad native 5. Rome's Via 6. Kid's retort 7. Brest bridge 8. Old-fashioned

39. Soaks, as

41. Strike

while the iron

flax 40. Tint

9. "The Iceman Cometh" playwright 10. Defamatory, in Dover 11. about 12.  $\overline{\text{Stimpy's pal}}$ 13. Like deadpan humor 21. Hungry, probably 22. Quantum event? 25. Harbor structure \_\_\_ rich man..." 26. "If I 28. Tossed 29. Fried seafood morsel 30. Fur trader John Jacob 31. Bird houses 33. Priestly garb 37. Signer's flourish 38. Patient waiter 40. Keep 43. Celebration 44. Americans in Paris, e.g. 45. Purify 49. Did business (with) 50. April honoree 51. Valley of vintners 52. Greek philosopher known for a paradox 53. Sherpa's sighting, maybe 54. S.F. clock setting

55. Euro forerunner

tobacco holder





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#### Seniors Voice/Downtown - August 2019 Page 9

# OCALA EVENTS

#### AFTER DARK IN THE PARK MOVIE SERIES

Popcorn, hot dogs and drinks available for a small fee. Remember to bring your lawn chairs and blankets! \*Movie titles subject to change.

> JURASSIC WORLD: FALLEN KINGDOM [PG-13] Webb Field | 105 NW 12th Ave. Friday, Aug. 9 | 8:30 p.m.

THE GREATEST SHOWMAN [PG] Ocala Skate Park | 517 NE Ninth St. Friday, Sept. 13 | 8 p.m.

**DISCOVERY CENTER EXHIBITS** 701 NE Sanchez Ave.

#### SENSE-SATIONAL July-Sept.

OPERATION OCEANS Oct.-Dec.

#### STARLAB PLANETARIUM SHOWS

Discovery Center | 701 NE Sanchez Ave. Saturdays | Ongoing | 11-11:30 a.m. | 1-1:30 p.m. Tour our solar system and learn about the stars and constellations. \$9/person. \$20/family of four.

> FIRST FRIDAY ART WALK Downtown Ocala First Friday of each month Sept. 6-Dec. 6 | 6-9 p.m.

Located within Ocala's historic district, First Friday Art Walk includes monthly artist displays, live entertainment, street performers, free art activities and extended business hours.

#### ART IN CITY SPACES: JOSEPH LINGERFELT EXHIBIT

Eighth Avenue Adult Activity Center 830 NE Eighth Ave. Mondays-Fridays May 23-Aug. 22 | 9 a.m.-4 p.m. Come enjoy the works of Lingerfelt's oil and acrylic painting, as well as his poetry.

LAP SWIM | AGES 18+ Jervey Gantt Aquatic FUN Center 2390 SE 36 Ave. Mondays-Fridays May 28-Aug. 9 | 9-11 a.m. | 5-6 p.m. This new addition to our aquatic fun center will allow adults to enjoy aerobic exercise before or after the crowds. \$3/person/session.

#### STARLAB PLANETARIUM SHOWS Discovery Center | 701 NE Sanchez Ave. Saturdays | Ongoing 11-11:30 a.m. | 1-1:30 p.m. Tour our solar system and learn about the stars and constellations. \$3/person/session plus exhibit admission of \$6.50/person or

\$22/family of four. OCALA DOWNTOWN MARKET Corner of SE Third St. and SE Third Ave. Saturdays | 9 a.m.-2 p.m. | Rain or shine Locally grown produce, jellies, jams, kettle corn, boiled peanuts, homemade crafts, plants and a playground for the kids.

#### SLEUTHS MYSTERY DINNER SHOW BUS TRIP

Eighth Avenue Adult Activity Center Wednesday | Aug. 7 | 9 a.m.-6 p.m. Step into a world of comedy where you become the detective and solve the crime. Dress comfortably. \$68 per person includes transportation via charter bus, show and dinner. Call Grace at 352.629.8357 to reserve your spot or for additional information.

#### SNACKS & FACTS: AMBASSADORS OF NATURE

Eighth Avenue Adult Activity Wednesdays | Aug. 21 | 11 a.m.-1 p.m. A unique up-close experience to see the natural world right in front of you, bringing nature to you with an exciting presentation featuring animal ambassadors. Get hands on with a few animals and watch others show off their natural behaviors. Soap carving is included (carve an animal out of soap). Strive Health and Rehabilitation will provide snacks and health presentation. Call 352.629.8545 to register or visit www.ocalafl.org./recpark.



## **Ticket To Work**

*Continued from page 3* capabilities and strengths.

Services Available

Different types of service providers focus on different types of services:

**Employment Networks (EN)** are private or public organizations that can help with career counseling and assistance with job placement, including advising about how benefits will be affected by work. Some ENs provide services only to their local community, while others work across one or more states or even nationwide.

**State Vocational Rehabilitation (VR)** agencies provide training to help people develop a variety of new skills or strengthen current ones to help people with disabilities return to work, enter a new line of work or enter the workforce for the first time.

Work Incentives Planning & Assistance (WIPA) organizations provide free benefits counseling to help beneficiaries make informed choices about work. These groups provide in-depth counseling about working and the effect that earning money will have on benefits.

The Protection and Advocacy for Beneficiaries of Social Security (PABSS) program provides legal support, advocacy and information to help beneficiaries resolve disability- and employment-related concerns. Learn More

To get started and find further information about the Ticket program, call the Ticket to Work Help Line at 1 (866) 968-7842 or 1 (866) 833-2967 (TTY) Monday through Friday, 8 a.m. to 8 p.m. ET or visit the Choose W o r k we b s i t e a t https://choosework.ssa.gov.

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#### **FROM THE DESK OF** =

## ATTORNEY GENERAL MOODY



ATTORNEY GENERAL'S FACT-GATHERING MISSION TO STOP TEEN VAPING

## **Teen Vaping Disturbing Trend**

Our fact-gathering mission to find out what is behind a dramatic increase in teen vaping in Florida continued. According to the Florida Department of Health, ecigarette use among high school students increased 78 percent from 2017 to 2018.

We want to know why, and more importantly how to reverse this disturbing trend. This mission brought me to two Florida cities-Oviedo and Sarasota-this week, where I met with education leaders, law enforcement officers and concerned parents.

According to a FDOH study, more than 28 percent of students in Sarasota County and Seminole County use ecigarettes—slightly higher than the state average. Shockingly, people I spoke to believe the rate is much higher.

This is extremely concerning because, according to the Centers for Disease Control, juvenile nicotine exposure can harm brain development in ways that may affect the health and mental health of youth.

To stop this trend and protect our kids, we need to find out how minors are getting their hands on these products. It's illegal under Florida law to sell these products to anyone under 18, yet vaping among minors is out of control.

As your Attorney General, I am dedicated to protecting all Floridians, but especially the most vulnerable among us. While vaping may be a useful tool to help adults stop smoking traditional

cigarettes, kids may have no idea of the risks involved. In fact, two out of three high school students do not know that the products contain nicotine.

As a mother, I want to ensure all our children have an opportunity to grow and learn in a safe, healthy environment. That is why, I want to encourage parents to talk to their kids about the risks associated with children vaping.

This is just one way, working together, we will build a stronger, safer Florida.

# Avoid Moving **ATTORNEY GENERAL**

## **Scams This** Summer

TALLAHASSEE, Fla.—Summer is the most popular time of year to move, and Attorney General Ashley Moody is issuing a Consumer Alert to help Floridians avoid scams during this busy moving season. A common moving scam involves companies agreeing to a price for service, loading a consumer's personal belongings and then demanding more money before delivering the property. Sometimes this tactic involves charging additional fees supposedly based on the weight or volume of property moved or other factors not previously disclosed.

Attorney General Ashley Moody said, "Moving can be a stressful experience. Scammers know this and exploit an already tense situation to coerce consumers into paying increased costs or fees just to get through the process or to have their possessions safely returned. Before moving, do your research and take steps to ensure you do not fall victim to disreputable household movers."

To avoid common moving scams consumers should:

· Research moving companies Case thoroughly with the Better Business Bureau to determine if other consumers Office of Statewide Prosecution have filed complaints against a company;

separate from the moving company's burglary. James Moore previously **Business Bureau:** 

properly licensed with the Florida a firearm. Moore is one of a larger group Department of Agriculture and Consumer based in Orlando, using stolen vehicles to Services and the Federal Motor Carrier facilitate several types of smash-and-Safety Administration;

documents presented by a moving steal guns, jewelry, electronics, sporting company:

several different moving companies in years in prison. writing and make sure the estimates are binding;

and

trucks and without uniformed personnel. securing this strong prison sentence and These may be fly-by-night companies continuing to seek prison time for the without appropriate licenses or insurance remaining defendants. coverage.

Additional tips and resources can be found by visiting the United States Department of Transportation Federal Motor Carrier Safety Administration's website.

Since 2018, the Florida Attorney General's Office has filed six court actions involving 14 moving companies following investigations into deceptive marketing practices, unlawfully misappropriating customers' property and holding personal possessions hostage.

Anyone who is a victim of a moving scam should contact the Florida Attorney General's Office at MyFloridaLegal.com or by calling 1(866) 9NO-SCAM. Florida Department of Agriculture and Consumer Services and the United States Department of Transportation.

## Smash-and-**Dash Gun Store Burglary**

Defendant Sentenced to 40 years in Smash-and-Dash Gun Store Burglary



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Attorney General Ashley Moody's announced a 40-year prison sentence for Check online for independent reviews a defendant found guilty of a gun store website, such as on Google or the Better entered an open plea to burglary of a structure while using a vehicle as an · Make sure that the moving company is instrument and 35 counts of grand theft of dash burglaries. The 20-member group Never sign any blank or incomplete stole from department and retail stores to goods and more. Thursday, Judge · Obtain estimates and quotes from Frances Perrone sentenced Moore to 40

Attorney General Ashley Moody said, "These criminals deliberately wrecked a Determine whether the movers will Tampa store to steal firearms. Not only perform the move alone or if the company did they steal property, they also stole a will be subcontracting to another carrier; sense of security from the surrounding neighborhood. I applaud the great work · Beware if movers show up in rental of my Office of Statewide Prosecution

## Flood-Damaged Continued from page 7



Try the touch test. Get some paper towels and press them against the low spots in the carpet. The paper towels will draw the Complaints can also be filed with the moisture out and reveal if the carpet is wet under the surface. Some carpets can be several inches thick to insulate from heat and sound. If the paper towel becomes wet, it could mean water has gotten into the car.

Investigate the interior. Look under the seats and dash for corrosion and rust and look for exposed metal that is untreated. There are metal springs under the front seats that are usually not painted. If they are rusted, that is a sign the interior has been wet. Look for mud and debris in places they don't belong.

Inspect the instrument panel. Turn on the key and perform a bulb test. Make sure every bulb lights up. If a system has an issue, removing the warning bulb can hide it. Many times, vehicles that have flooded have malfunctions in their anti-brake and air bag systems. If the light comes on and then goes out after the bulb test, that's an indicator that the system is on and has no active faults.

Take it to a professional. Let a service and repair technician inspect your vehicle. He or she can raise the car and look underneath to see if there is any mud, sticks or rocks in the suspension. A professional can check the oil in the differentials to make sure they contain no water. Spend a few dollars to have it looked over to give yourself peace of mind.

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers.

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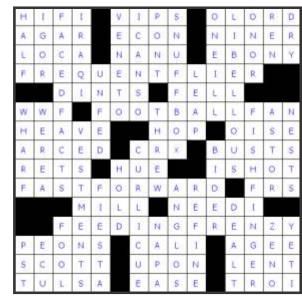
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#### Seniors Voice/Downtown - August 2019 Page 11

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