

WE ARE EXCITED

WE ARE EXCITED! This is our first issue of our "Ocala DownTown" newspaper. We are circulating it in the downtown area

from Pine East on Silver Springs Blvd. It will be meshed with the Seniors Voice of Ocala which covers the 200 corridor. We

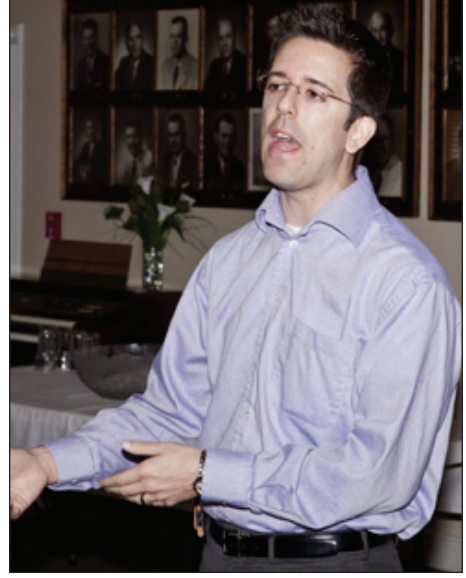
have 10,000 circulation and will be featuring businesses from time to time. Our cam
(Continued on Page 3)



Copy Shoppe Sold: Clint Jones and Janet Ginsberg sold the Copy Shoppe. The new owner Ray Arriaga takes position June first. Pictured from left is Janet Jones, Ray Arriaga and Clint Jones. Good luck Clint and Janet!



Lorri Silvera



Evelio Silvera

Debate? No these are husband and wife speakers from the Ocala Business Leaders Meeting and pictures are from two separate weeks. Left is Lorri Silvera Development Coordinator PACE Center for Girls of Marion County and on the right, Evelio Silvera of the Ocala Marion County Chamber of Commerce, he is the VP of business Development and Public Affairs. Evelio was speaking on Your Business and the Internet and how to have success in 60 days to social Marketing. Photos by Charles Gordon of Charles Gordon Photography.

How do you like Obama Now?

This question has created quite a lot of interest in the paper. Some give us their views, we would like to hear yours.

• • •
Budget deficit
Many Democrats talk about Obama inheriting a huge deficit from Bush, so let take a short history lesson.
Budgets come from Congress not the White House. The Democratic party has controlled Congress since January 2007. They controlled the budget process for 2008 and 2009, as well as 2010. In that first year, the Dems had to contend with Bush, which caused them to compromise on spending, when Bush belatedly got tough on spending increases. For 2009, Nancy Pelosi and Harry Reid bypassed George Bush entirely, passing continuing resolutions to keep government running until Barack Obama could take office. At that time, they passed a massive omnibus spending bill to complete the 2009 budgets.

Where was Barack Obama during this time? He was a member of Congress that passed all of these massive spending bills, and he signed the omnibus bill as President to complete 2009. Let's look at what the deficits was during that period.
The Democrats did not inherited any deficit, the 2007 deficit, the last of the Republican budgets. That deficit was the lowest in five years, and the fourth straight decline in deficit spending. After that, Democrats in Congress took control of spending, and that includes Barack Obama, who voted for the budgets. If Obama inherited anything, he inherited it from himself.
What Obama is saying is I inherited a deficit that I voted for and then I voted to expand that deficit four-fold since January
(Continued on Page 3)

School Board Turmoil

by Tom Loury
Another flare-up in the school board chambers. You've got to give Jackie Porter credit for being gutsy. A lone vote not to approve \$500,000 for new roofs for three buildings at Dunnellon High school. This writer lived in Dunnellon and heard teachers and people around town talking about how fast the construction was going bad including talk about the roof leaking. I believe there was talk about the roof leaking before it was eight years old. Back then there was a decision to look into it. Matter of fact I think Bobby James was the principal back then and he is now part of the School Board, why don't they ask him? The roof was probably patched. Who was the contractor? What was the warranty? The current School Board is not responsible for what happened that many years ago but I think it is their respon-

sibility to make things right especially when they are spending the tax payers' money.
What can they do? Talk to their attorneys and ask what legally can be done and come out with a statement. The statute of limitations probably ran out.
Jackie Porter is asking these questions wanting answers and she is being ridiculed for it. Yes the if the roof is leaking it needs
(Continued on Page)
Tom's Picks
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• • •
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(Continued on Page 9)

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FLORIDA DEPARTMENT OF HEALTH

—Ellen B. Wilcox—

MONEY MATTERS

Most folks don't plan to fail: They just fail to PLAN!

After an almost non-existent Spring, we are now headed into full blown Summer with local temperatures already into the high 80's and low 90's. At the same time, the Markets worldwide are heating up also and giving us ups and downs just like the thermometer. What's right for your portfolio? Is another dip on the horizon?

My personal belief, backed by much information coming directly from multiple astute sources, is that a pullback may be on the horizon. Here are my reasons for my prognosis.

First and foremost, a lot of stocks are currently overvalued, and as such, need to fall back to reasonable levels. Second, consumer confidence is spotty at best, up today and down tomorrow, with many consumers, especially those without jobs or job prospects, still holding a tight line on spending.

The World debt crisis is not yet fully exposed, and I believe there is more to be revealed in the near future...perhaps by the time this column is printed. The Goldman Sachs probe I believe to be the tip of yet another iceberg, figuratively speaking. Additional regulation of the financial industry including banks, investment banking firms and other financial institutions is a likely outcome. The need here is not, in my opinion, for additional regulation, but for much more oversight of existing regulation. As a

financial professional for more than thirty years, I am already overwhelmed with compliance regulations. The "big boys" of the financial world manage to escape such regulation, and with enough "creativity," especially in the areas of new product development, they are often able to move forward with their own agendas, perhaps a few steps ahead of the regulators.

Here at home, the unprecedented debt accumulating under current Washington leadership, is likely to cause interest rates to rise, causing bond prices to fall. Increased taxes to fund Administration programs are almost a certainty, while inflation will most likely be hard to prevent, perhaps not immediately, but most assuredly in the long term.

Add to all of this that the Obama Administration is pushing hard to have China devalue its yuan. If and when China yields to this US pressure, it will boost the value of the US dollar, allowing the US to repay trillions of dollars worth of debt with cheaper dollars. Don't look for China to do this any time soon, if at all. If China does not acquiesce to US pressure, the dollar will remain weak, enabling China to acquire more equity in the US. Since China is now the largest holder of US debt, one can only contemplate the outcome. At the same time, as more European debt surfaces, the Euro could weaken and that could have a positive effect on the US dollar.

Meanwhile, more close to home, residential home sales are rising every so slightly, and housing prices are also re-bounding slightly, but indications are that more foreclosures are possible as homeowners, many of whom should never have been encouraged to be homeowners to begin with, due to their being without substantial credit worthiness, fall into arrears without employment or visible means of making good on even "modified" mortgages...if in fact they can weather the interminable difficulties and time lag of qualifying for such modifications. Statistically, a large percentage of those qualifying for "mortgage loan modifications" default anyway within 7 months! One might ask,

"Are the loan modification programs of the Federal Government really helping?"

In a single sentence, there are multiple problems still before us, and likely a few more, as yet un-named, to surface. So where should your own portfolio be headed?

Of course, no one solution is right for everyone, but to generalize, always risky to be sure, take stock of your own assets, your liabilities, the most likely questions facing you in the foreseeable future, and then head for those portfolio entities that have intrinsic value, those that are largely inflation-proof, and those that will be necessary when others are not.

Specific advice cannot be given in such a venue as this, but I'm happy to talk with you about your own personal situation. I can be reached at Ellen@ellenwilcox.com or via my Assistant, Sandy, at 352-259-1547. Check out our website at www.ellenwilcox.com <http://www.ellenwilcox.com/> for lots more info and commentary.

Ellen B Wilcox is a Registered Principal
 (Continued on Page 3)

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Ellen B. Wilcox

MONEY MATTERS

(Continued from Page 2)

with, and securities offered through, LPL Financial, Member FINRA/SIPC. Ms Wilcox is President and CEO of Wilcox Wealth Management, a Registered Investment Advisor.

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Ocala DownTown Creates Buzz

(Continued from Page 1)

paigns are BUY LOCAL and we believe strongly that every person has the right to see their opinion in print. Our front page as on all of our newspapers displays the American Flag, the words God Bless Our Troops and In God We Trust. All of this is in the honor of our troops and will stay there until they come home, at that time we will decide

how and when to change it. If you place a 3 month buy in the DownTown publication it will run free in the Seniors Voice until September. If the buy is made in Seniors Voice the same applies to DownTown. Do you hear the Buzz on the street? Listen, I hear it!

For questions call Publisher Tom Loury @ Cell 352-804-1223.

How do you like Obama Now?

(Continued from Page 1)

20th. You the American taxpayers need to understand what took place and when.

Soon it will be your chance to make a difference.

Dear Editor:

First, let me make a magnanimous ges-

ture. I would like to buy Mr. Hagner the biggest fattest History book on the market. It will be filled with accounts of civilizations throughout history that have never enjoyed FREEDOM. America is an exception not a rule.

It will also show that LEGAL does not men right, just, moral, or fair. History re-

counts more unjust laws than just laws. Seems to me that was the reason America was founded. All those pesky English laws. The unjust ones. That is what Americans do. Fight unjust laws. Bureaucrats have never been known for their concern for citizen welfare, but rather their own welfare, i.e. our current bureaucracy.

In the legal healthcare bill is a provision for a civilian security force? Who is that for? What is that for? Germany had those cute little uniformed people called Gestapo. The Russians, Chinese, etc. had theirs as well. Why did they need such forces, and why do we need them? Just asking.

From my perspective it was Fannie Mae, and Freddie Mac, against the urging of conservatives to stop the runaway lending to insolvent borrowers, who precipitated our recent financial decline. This then spilled over into the Ponzi schemes (legal, but amoral, and unjust) that abound on Wall Street. Last man caught with the worthless paper loses. Those are the derivatives, and hedge funds. We are about to have new legislation, but these vehicles will still be legal. And "The Beat Goes On", and on, and on.

More government: Bring it on. It is soooooooooooooo good for you.

Mr. Hagner is obviously not a rugged individualist. Too bad I could not have been Daniel Boone's wife, I like taking care of myself, and if the government would get out of the way, and let me RIP. All I ask is a level playing field.

How many citizens just want a level playing field, rather than a government handout?

Can I see a show of hands?

D.I. L.

Concerned Citizen

Ignorance is fueling the massive demonstrations across the Country regarding the Arizona law and the media is capitalizing on that ignorance. Shame on them. According to the law, no one will be stopped or questioned about their legal status unless there is cause. If anyone has ever traveled to Europe or Canada, or gone on a cruise, you are required to have identification, such as a passport, on your person to show when and if you are asked for it. If you are a U.S. citizen and drive a car and are stopped by the police or involved in an accident, the first thing they ask for is your drivers license followed by proof of insurance and car registration. Why would anyone think that the rules do not apply to him or her? When the Government added fences and more agents to the borders in California and Texas that shifted the flow of illegal immigrants to Arizona making it the biggest gateway for people sneaking into this country. Phoenix is now known as the kidnapping capital. Crime, drug trafficking, human smuggling and violence have increased astronomically. Arizona is bankrupt. It is the job of the Government to protect its citizens and if it doesn't, the States should have the right to do so. Stop penalizing and criticizing the people who legally live in Arizona. I have family in Arizona and they only want to live in peace and not be in fear of their lives.

(Continued on Page 6)



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Tom Loury

PUBLISHER'S NOTES

Eric Holder for weeks has been giving his opinion against the new Arizona immigration law. Now in an interview we find out he had not read the ten page law! He discussed suing Arizona over the new law. What an informed bunch of people we have running our country. Remember all this stuff during all elections coming. Don't let it fade as time goes by, it's important to us and our country.

Remember the movie "City Slickers"? In that movie tough guy Jack Palance tells Billy Crystal the secret to life is "One Big

Thing."

Well the secret of business is one big thing, and the answer is

"Marketing" promoting your business at every corner. Of course honesty and Integrity are very important. Joining a group like the Ocala Business Leaders and the Ocala Chamber of Commerce is a good start to promoting your business.

At every Ocala Business Leaders breakfast the attendees are allowed to get up and give a short business advertisement, before and after the meeting networking is encouraged. OBL is working very hard to build a

benefit package for the OBL members to enhance their business. One of the big positives is their business directory. It lists their current members. The members give these directories out free to everyone they meet.

The President, the Board of Directors and the members are dedicated to referring each member's business to everyone they meet. You as a member are expected to refer other business members. It really works!

Most of our local businesses are dedicated to the Buy Local Campaign. We believe if you buy local then the local area will be economically sounder.

OBL meets every Wednesday morning seven AM at the Elks Club. You will see dedicated business people start early to get their business day moving. Starting it at an OBL breakfast is a perfect way to start your day.

The Ocala Chamber of Commerce is also a must. They have after hour meetings that are networking events. They are well attended by every kind of business that you could think of. The Ocala Chamber is very active in the community and with helping the business environment. There are many offers of help and literature for the general public. The chamber has a business education program with top speakers.

Presenting and promoting your business to everyone is very important. Buying local is very important to the local economy. The Ocala Chamber of Commerce has a buy local campaign going on all the time. They encourage county and state government to buy

local. Another very important tool is they produce a directory every year that will help find the business you are looking for.

Between the OBL and the Ocala Chamber directory you should be able to find the services or products you need.

My company, TomL Publishing LLC, has won three state awards. This might sound familiar because we have won awards for the last eight years. What's really neat about it all is there are several newspapers competing that exceed 1 million circulation, so we are running with the big boys. This is a conference that is dedicated to giving our employees more training. This is all to promote our business

Our Disaster Preparedness Magazine deadline is coming to an end. If you want to get in act now. It has a one year shelf life, people will look at it often throughout the year. Call me at 804-1223 and I will see that one of our sales reps will call you to make an appointment.

Last but not least, we have launched a Down Town Publication. It will be available of course downtown Ocala to give coverage to the businesses and the readers in that area. It will appear at the first of the month. We are bonusing buy one get one free June through September, if you buy an ad in the Ocala Downtown pub or the Seniors Voice you will appear in both for one low price. Check us out!

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Lady Lake Magazine & Village Spectator

12am, June 26th

Ocala DownTown

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How do you like Obama Now?

(Continued from Page 3)

This is still the United States.

RAK

Hi Tom,

It's me again, the independent voter. I

have to tell you, I really enjoy reading your column, although I do feel that some of the contributors get a little far fetched as they ramble on. I'm a registered independent. Both democrats and republicans will vote for a monkey if that's the candidate who's

running in their respective parties. Thank God for us independent voters. We think before we vote. Our votes are the ones that all the candidates are after. Usually they're the deciding votes. Looking at the health care bill so far, as printed up in the AARP bulletin, I think it looks pretty good so far. I don't see all the new taxes I keep hearing about but I was wrong once before back in "56". I DO see some significant changes. As an independent looking at both sides of this picture, I see republicans hoping that President Obama will fall on his face, and getting really upset that it doesn't seem to be happening. I wish the republicans would get off their back sides and start contributing something meaningful to the bill. I don't like the fact that it's all one sided. Is it our

health care and our well being that they're worried about or next year's campaign contributions. I hope it won't be business as usual with special interests running the system. It's time for the politicians to think about ALL the people for a change.

RM The independent voter

Hi Tom,

It's the independent again. What a great idea you have for the illegal immigration problem. I DO think we still need workers comp though, but I do agree with you on the ceiling for law suits and the abuses. I think people are getting too greedy. Thanks for your answer. I think you and I are in agreement on most things.

RM

Civil Unrest in Arizona

Our federal government has failed to do their job again. Some have been too busy trying to get earmarks for themselves or their states. The immigration laws are there to uphold. What we are doing is like telling a police officer to write tickets, but we are go-

ing to let the first million go without paying a fine. If you don't uphold the law you can't expect it to get any better.

Arizona has every right to uphold the law of the land. Someone needs to explain to the illegals that they have grown to such large numbers they are exhausting state and county moneys, bankrupting hospitals, schools, depleting federal funds and in most cases not paying taxes.

This civil unrest in Arizona will escalate and get worse before it gets better. I say the answer to the problem is with the employers. The employer needs to get fined if they work illegals and be given incentives if they don't hire illegals. We also, on the other hand, need to have a fast track plan to green cards in this country so that workers here can get a green card, work, pay taxes and limit the amount of money they are sending back to another country. Meanwhile there is two thousand miles of fence to build. Those jobs will help the economy.

If you live in a low impact part of our country and you don't get involved, don't be amazed at the impact it is having on your/our country. There is no one solution that will solve this. It needs to be a multi-part plan. If you trap the illegals in the corner they will fight which will be a civil war; if you dry up the jobs through working with the employers and give the illegals a short path to green cards, they will probably help build the fence we need so badly, then look at the problem through the eyes of finance and see how many green cards do we need to help our country grow. My guess is it will at least help as many people who are here already. Getting them to pay taxes would be a big plus.

If we the American citizens don't hold our core beliefs close to our hearts and stay together, we will drop one by one. If we hold our core beliefs close to our hearts and do something to show what we believe in we will be unbeatable. Together we will get through this. Keep the faith!



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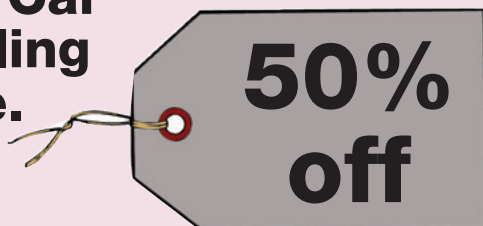
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—Mike Netherclift

THE WORLD IN REVERSE

"Will Your Retirement Years Be Quality Years?"

It's no secret that our elder population is living longer. Since 1900, the number of Americans over age 65 has tripled. By 2030, there will be an estimated 1 million centenarians (people over 100 years old). Unfortunately, living older in America does not necessarily mean seniors will live better. Quantity of years does not always equate into quality of years. Life was never intended to be prolonged through the use of pills and medicines in order to avoid chronic conditions which destroy the quality of life for seniors. Researchers are finding that quality of life for seniors is more likely linked to lifestyle choices and behaviors. According to Thomas Peris, in his book *Living To 100*, the key to longevity is to avoid disease - not just to survive disease.

The good news is, despite their age, it is never too late for seniors to turn over a new leaf and start a wellness program. According to exercise physiologists, good wellness habits like participating in regular aerobic (with oxygen) exercise, stretching, weight training, and good nutrition can benefit seniors more than any other age group. Ac-

tivities like walking, dancing, swimming, and biking can promote and lead to a more beneficial and gratifying retirement lifestyle. Maybe we can learn a lesson from a typical centenarian. According to researchers, centenarians demonstrate some common habits that lead to their longevity. They maintain a level body weight, they do not smoke, they do not drink in excess, they move daily, they maintain strong social relationships, and they use humor to cope with stress. These are all positive quality of life choices and behaviors.

Quality of life during retirement is also dependent upon financial wellness as well. A sound financial plan and good asset management is critical for seniors. The use of the federally insured and guaranteed Home Equity Conversion Mortgage (HECM) program designed for seniors age 62 and older is a great tool to help seniors with retirement quality of life issues. The HECM program was passed by an act of Congress in 1989 and signed into law by Ronald Reagan. This program allows seniors to tap into their home's trapped equity and receive either monthly payments for life, a lump sum, or

(Continued on Page 8)

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—Mike Netherclift

THE WORLD IN REVERSE

(Continued from Page 7)

place part or all of the cash equity into a growing line of credit. Most importantly the senior homeowner will never incur a monthly house payment while they occupy their home. Additionally, there are no income or credit qualifications and the homeowner retains the title and ownership of their home. Moreover, no debt can ever be passed to the heirs after the homeowner passes away. The HECM program can allow seniors to use their trapped equity in their home to travel more, quit working a job, visit the kids more often, play more golf, eliminate debt, pay off an alligator traditional mortgage (which frees up a monthly payment), have more monthly cash flow, or do anything they want to create more options in their golden years which in essence leads to a better quality of years. The HECM can be a salvation for senior homeowners to help them use the trapped eq-

uity in their home to promote quality of life choices and behaviors.

Mike Netherclift is a contributing writer for the Lady Lake Magazine, Senior Voice, and Village Spectator. He is Florida's self-proclaimed #1 Home Equity Conversion Mortgage Crusader and advocate for senior citizens. Mike is also a Regional Vice President with Unity Reverse Mortgage and the weekly radio host of the "World In Reverse" heard on Sunny 720 WRZN AM on Sunday mornings at 9am. If you would like to book Mike to speak to your organization or senior club about the federally insured HECM Mortgage or listen to a free 3 minute educational recording on the HECM reverse mortgage, call 1-800-830-1261. To contact Mike via phone or email, call toll free at 866.656-8540 or 362-2145 or email him at MNetherclift@UnityReverse.com.

You're Invited

Shane Wooten Band is hosting a Back Porch Party at BFE - Booze, Food, and Entertainment on Friday, June 4th, at 9:30pm. Come on out and enjoy New Country and Southern Rock ala Jason Aldean and Mont-

gomery Gentry. Forget about your week and party with the Shane Wooten Band. (They promised not to set anything on fire this time.)

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Tom's Picks

(Continued from Page 1)

Tom's Picks is helping about 100 readers every 90 days. It astounds me that we are getting calls at this rate. I will refer you to my customers first. Then I look for services under well known Business Clubs and

Chambers of Commerce to try to get you the Best of the Best. Part of the weeding process is they must be highly visible in the community, like active in the Chamber, or other large groups that screen their members.

We Mourn the Death of Trooper Ambroise

Statement by

LT. GOVERNOR JEFF KOTTKAMP

Regarding the Death of Florida Highway Patrol Trooper Patrick Ambroise:

"I send my most heartfelt condolences to the family, friends and colleagues of Florida Highway Patrol Trooper Patrick Ambroise,

who was killed in the line-of-duty Saturday night. Trooper Ambroise's sacrifice to make Florida a safer place to live should never be forgotten. His wife and two children should always remember that Patrick Ambroise is a hero to all Floridians."



In the photo is Autumn Lenemier with her mother Heather. Autumn is holding her winning framed poster, and the Junior Fire Marshal Award

8 Yr Old Wins Fire Poster Contest

(OCALA, FL) Ocala Fire Rescue is proud to announce that eight year old Autumn Lenemier is the winner of a poster contest featuring a fire safety message. A competition called 'Stop, Drop and Draw' was created this year by the sponsors of Art in the Park sidewalk chalk festival to entice students within Marion County to learn about fire safety.

The winner and her family were invited to share lunch with Ocala firefighters. The day consisted of firefighters taking her for a ride on a fire engine and showing her around

the fire station. Battalion Chief Stoothoff then presented Autumn with a Junior Fire Marshal Award for learning about fire safety. Autumn's framed winning poster will be on display in Fire Station #1 for the next three months, and then will be returned to the artist.



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Free Papers Alive and Well

Free papers are getting their share of the market because of the decline of the paid circulation paper.

Print media maintains 53% of the advertising revenue, down 5% from last year. Digital media has 10% of the pie and is expected to continue to grow this year taking 6% of the revenue from TV / Radio / mailing / paid papers. Free papers are fighting to keep their share of the pie and some are winning. This publication has shown a growth pattern for five months. The advertisers expecting results. Instead of running for the prestige or positioning they are running on price, circulation and feed back from customers.

The advertising trend is changing. Merchants are looking at mailing - inserting - e-mailing - investing in web sites and digital.

If you build or have a web site built that's great, but just having a web site does not mean customers will automatically go

to it. It has to be promoted through search engines, marketing and advertising. So remember web sites are good if you can get people use to it. Your web site needs something that will draw them inside.

Summer Marketing? If you think and act like summer is going to be slow then it is guaranteed it will slow. If you think outside the box, run summer specials, contests, get them in the store to see a super sale and let them browse. Let a church group or Boy Scouts / Girl Scouts do a car wash in your parking lot for \$5 and let them come in and browse. Have a hot-dog and a coke for a \$1. Try something to get potential customers in the door.

Print media has always worked for advertisers. The free papers have made great strides by offering better circulation, lower advertising rates, and providing an important media for a community.

PACE Center for Girls

PACE Center for Girls Launches 25th Anniversary Campaign

Double your gift in May! This is an exciting time to partner with PACE! Currently, members of our community have generously donated \$10,000 with one challenge - that with your help, we match their donation in the month of May. Will you help us? Your gift of \$25, \$100, \$1,000, \$2,500 or more will be doubled - but only in the month of May!

PACE Center for Girls is a state-wide agency with the goal of preventing drop-outs. It was started in 1985 with \$100 and a borrowed room in a church. Today, PACE has 17 centers in the State of Florida and has served more than 23,000 girls in the past 25 years. Your local PACE Center, PACE Center for Girls of Marion County, opened in 2001 and has served more than 500 girls right here in our community. We serve 54 at-risk girls ages 12 to 18, a large number of which are victims of abuse. We see girls with bright futures and dreams on the brink of dropping out of school and giving up on life and themselves. While the girls' outlook is often bleak, PACE provides hope! Please visit www.believinggirls.org <<http://www.believinggirls.org>> to make a donation or to learn more about PACE.

Thank you to the generous community partners who have supported PACE with a challenge grant - the PACE Marion Board of Directors, Scott D. Bruce, Fakhoury Medical & Chiropractic Center, DEX Imaging and First Presbyterian Church!

Lorri Silvera
Development Coordinator
PACE Center for Girls of Marion County

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SENIOR SCHEDULE OF EVENTS

MOVIE TIME

Movie – “TIME TRAVELER’S WIFE”

When: Tues. & Wed., June 8th & 9th at 8th Avenue Senior Center

Thurs. & Fri., June 10th & 11th at Ocala Senior Activity Center,

Starring: Rachel McAdams, Eric Bana, Arliss Howard, Ron Livingston, Jane McLean and others. A Chicago librarian, Henry DeTamble (Bana) suffers from a rare genetic disorder that sends him hurtling through time whenever he is under extreme duress. On one of his sojourns, he meets the love of his life, Claire (McAdams), and they marry. But the problems and complexities of any relationship are multiplied by Henry’s inability to remain in one time and place, so that he and his beloved are forever out of sync. RATED PG 13

Movie – “EVERYBODY’S FINE”

When: Tues. & Wed., June 22nd & 23rd at 8th Avenue Senior Center

Thurs. & Fri., June 24th & 25th at Ocala Senior Activity Center

Starring: Robert DeNiro, Drew Barrymore, Lucien Maisel, James Friar, Kate Beckinsale, Damian Young, Sam Rockwell and others. Widower Frank Goode (DeNiro) has had to make plenty of adjustments since losing his wife about a year ago, but maybe the hardest one has been maintaining his relationships with his four children. It would seem Frank’s wife was the glue who held the family together, and when all of the kids bug out on a planned vacation home, he decides to set out on a trip around the country, dropping in on each of their lives in order to put things right. But their relationships aren’t as simple as they once seemed, and Frank’s paternal intuition is telling him that his sons and daughters are hiding something from him and if the Goodes want to become the family they once were, the truth

will have to come out before Frank returns home. RATED PG 13

Time: 1:30 P.M. - 3:30 P.M. at 8th Avenue Senior Center - Telephone: 629-8545*

Time: 1:00 P.M. - 3:00 P.M. at Ocala Senior Activity Center - Telephone: 629-8357

What: Enjoy a free movie in a comfortable setting. Please call the center of your choice to reserve your seat.

COMING IN JULY: “IT’S COMPLICATED”

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When: Thursdays Time: 9:30 A.M. to 11:30 A.M for class and 12:30 P.M. to 3:30 P.M. for lab sessions

Where: Ocala Senior Activity Center, 210 NW 12th Avenue, Ocala Telephone: 629-8357

Cost: \$70.00 for singles and \$100.00 for couples, payable in advance of class starting time.

What: We have easy classes for the beginner student. Learn what a personal computer can do for you. We offer an introductory class in word processing. Beginner classes are for 6 consecutive weeks on Mondays, 9:30 A.M. to 11:30 A.M. and workshops (lab classes) are 12:30 P.M. to 3:30 P.M. Advanced classes are offered for Database, Spreadsheet, the Internet and more. The lab instructor will be available during labs on Mondays.

AQUABILITY

When: Tuesdays & Thursdays

Session 1 June 8th through June 29th

Session 2: July 6th through July 27th

Session 3: August 3rd through August 24th

Time:

Class #1: 5:30pm -6:30pm

Class #2: 6:30pm-7:30pm

Class Fee: \$20.00 per participant for each 4 week session.

Where: Hampton Aquatic Center, located on Martin Luther King Blvd.

What: An adaptive aquatic program for individuals with disabilities of all ages. For information and registration, please call 352-401-3916. Each participant will be assigned a “swim buddy” to assist them in the water. Those interested in becoming volunteer “swim buddies” must become a Ocala Recreation & Park registered volunteer.

For additional information, call Diane at 401-3916.

OPEN SWIM/WATER EXERCISE FOR SENIOR CITIZENS

When: Call either senior center for scheduled day. 8th Avenue – 629-8545 Or Ocala Senior Activity Center – 629-8357

Time: 9:00am – 12:50pm

Cost: \$2:50 per person

Where: Hampton Aquatic center, located on Martin Luther King Blvd.

What: Exercise, swim or just relax without being disturbed by rambunctious children. This time is open to senior citizens aged 55 and up to spend time socializing and getting a little exercise at the same time. Transportation will be provided (by school bus) from 8th Avenue Senior Center. For additional information, call 8th Avenue at 629-8454.

Waiting for the Other Shoe to Drop

By Charlotte Poss

It has been quite awhile since the big oil leak in the Gulf happened. I am waiting to see how long it takes the oil companies to raise the price of gas and oil products to cover the expense of their efforts to clean up.

Does anyone out there in our country believe that these big oil companies are going to foot the bill on their own? Not by a long shot. This, spill will cut into the millions of dollars each CEO and other top executives receive in bonuses. Can you really see them taking a cut?

I believe that everyone of us should take a stand when that happens. As sure as you need air to breath there will be a cost laid upon all of us.

All the big companies that sell us our utilities will be charging us to cover their profits. Look at your utility bills. The power companies raise your rates whenever they want to build something. They are making the profit yet we have to supply the capital for them to grow. This of course applies to all utilities, Electric, water, gas, phone and sewer.

The Power Bills and putting gas in the cars are the worst. Why is it that the little guy has to pay for the fat cats to get fatter. Once, before I die I would like to see these conglomerates have to suffer with living with less. Just think they may have to fly coach once in awhile, or give up one of their yachts, or receive a 40 million dollars bonus in place of 41 million. How can someone receiving an income like these mentioned even think of the burden that they are putting on the average working person, or the person living on fixed income.

About four or five years ago the White House had secret meetings with the Big Oil Companies. I would like to know what those were about. Could it be on how to get more out of us and give us less? Have you noticed that you get less mileage with your fill ups? Don’t blame your vehicle, it is the fuel. In place of raising the price they lower the octane Get ready, soon these fat cat are going to get hungry and they will come to you the public to get fed. Prepare to live on less and pay out more.

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—Charlotte Poss

THE OMBUDSMAN

The Long Term Care Ombudsman Program (LTCOP), comes under the umbrella of the Department of Elder Affairs. The LTCOP has 17 districts covering Florida's 67 counties and services the entire state.

What does the LTCOP do? The Ombudsman does assessments /inspections of all licensed facilities in the state, i.e., Nursing Homes, Assisted Living Facilities and Adult Family Care Facilities. These facilities are licensed by AHCA, (Agency for Health Care Administration).

The Ombudsman a volunteer, does these assessments/ inspections in every licensed facility once a year with quarterly follow ups, along with friendly visits, complaints, and follow up visit on these complaints. The next question would be how do people find out about who to call when services are needed? Every licensed facility must have the LTCOP, poster, displayed in their facility along with a copy of the residents' rights. These posters are there by law, with the phone number to call. The phone number is the same throughout the state. 1-888-831-0404, when this number is called the local LTCOP office is automatically reached no matter where in the state you are calling from.

There are many people living in and calling these facilities home. Many of these residents' have families living a far distance away or in another state, some with no fam-

ily at all. When any resident needs help and calls the eight hundred numbers they have found a voice that will be heard. The Volunteer Ombudsman is assigned the case and goes out to do an investigation of the cause of the complaint. There are times that a complaint can be dealt with and solved within a couple of day, and other times it can take up to a couple of months. The complaint is to be resolved to the satisfaction of the resident.

The Ombudsman is the residents' voice. The Ombudsman is there to make a difference for that resident, to help in anyway that they can to resolve any issue that the resident may have.

The Long Term Care Ombudsman Program is an active volunteer program helping all those who live in any of these licensed facilities. They are always there to help. You do not need to be a resident in a Long Term Care Facility to make a complaint. You can be a friend, a relative, employee, or someone who just stopped by the facility and noticed something wrong. When this happens, you just call 1-888-831-0404 and get help for that resident. If you see an Ombudsman in a facility, you can stop them and ask them about getting help for someone. Do not turn your back on someone who may need help. The Ombudsman Program is a phone call away. Make someone's life a little bit better by helping.

—ONE PERSON'S OPINION

LETTER TO THE EDITOR

Dear Editor:

Very early this morning I had a revelation that begs to be shared with every member of this Christian Nation.

For no reason what-so-ever this line popped into my mind. "And deliver us from evil. Amen" It is a safe bet that quite a few Americans are familiar with this line. If you believe in the power of prayer, perhaps, now is the time to start saying this prayer several times a day. Or, any prayer of your choice.

What if we all decided to designate a day, and time to make this plea in unison, God might just hear us, and hopefully answer our prayer. It could not hurt to try. How does July 4, at noon sound?

Where ever you are: recite it loud, and clear, in order to swell the cacophony of voices. Can we all carry this message to our respective churches, businesses, clubs,

etc. Help mobilize the entire country by any means available, phone, mail, internet, carrier pigeon, even smoke signals might help.

Perhaps, our voices of entreaty have not been all that strong, and we need to turn up the volume. Can you hear us, now, God? It is certain Congress cannot hear us. Congress is suffering from a severe case of: "Wax in the ears."

Let us crank it up a notch, and appeal to a higher authority. JULY 4 at NOON, is it a date?

Then we'll ask: Congress one more time: can you hear us now? If their ear-itis continues, we keep asking the help of God.

I do believe, I do believe, I do believe. Am I in Kansas (Christian American Republic) yet?

D.I. L.

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Warriors of the Western World

Who would you choose for president?

- Palin-YES
- Beck-NO maybe VP
- O'Reilly-YES
- Hannity-NO
- Boarst-Maybe
- Limbau-NO
- Hucabee-NO

To name the leading warriors as I see them. I believe one could be the next President of the United States. They say that scares are the road map to our soul. Well it will be

an easy path to follow of Sarah Palin's soul, she has not been treated fairly in the media and the Democrats are afraid of her. Why else would the Dems be making up things and picking on her. Yes the roadway will be well marked, but when you get to the end you will see her standing tall, but not alone. Palin is gathering followers as she travels across the country. The only Warrior of the Western World qualified to run for president is Palin. She went up against the bad guys/good old boys in Alaska and WON. She turned the State of Alaska around. Remember she shared the profits from the oil with

the voters in Alaska. I believe she would do the same thing with the voters of the United States. Maybe this idea would work, give everyone an allotment based on their type of work and other consideration and if you are conservative you can get that gas money back through tax credits. You can go over the allotment and use all you need but you have an incentive to conserve.

It is my opinion that three presidential elections from now Marco Rubio will be ready to run. I don't know if he will be ready before that, but he will certainly be there somewhere in the mix. He is a good politician, has common sense approach and knows there are enough laws on the books to run the country. He said we don't need more laws to run the country, just enforce the ones we have. Rubio talks smaller government. All he has to do is changes his views on illegal Immigrants. We can't afford them.

Remember that Four score and seven years ago our forefathers brought forth unto this nation new laws conceived in liberty and dedicated to the proposition that all men are created equal. That is not true anymore. Our nation is riddled with broken liberties, broken promises and many many lies. The president thinks he is Robin Hood. Well Robin

Hood was a Crook. They say he robbed the rich and gave to the poor. Robin Hood and his band of merry men laid around all day in the shade of the forest and got fat off the working people and the sheriff. Now they lived on food stamps, welfare, unemployment and when Robin made a heist there were handouts to people who did not work. Robin was lawless, when his men needed food they took deer from the forest or cow/goat from a working man's pasture. Get with the program.....It's illegal to rob anyone, even if it is called taxes. It stops when there is no one to rob or they rob someone and there is no money.

The people holding Obama at the top are dropping like flies. Many are quitting their public office that they worked so hard to get. When the politicians go home to gather votes they are being run out of town for not doing what the voters want. People at the top are like Eric Holder where he says the Arizona Immigration law is dangerous. It mirrors the federal law that has been in place for many years. Eric Holder says it is dangerous, yes it is, it is dangerous for the Obama administration and the illegals. Eric Holder opposes the law and has not read it. The original law
(Continued on Page 14)

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Warriors of the Western World

(Continued from Page 13)

is ten pages long. When he was asked if he read it he said no, I uh glanced at it uh I have not been briefed yet - and was stammering all over the place. What an embarrassment he is. He will fold up like a wet umbrella, sit in the corner and get musty. Obama will find no desire to keep him one day soon and will be replaced by someone else that doesn't know what they are doing.

Now I know why in the old days there were revolutions, because the election process is slow especially when the person at the top is running the country into the ground. We must be patient. China continues to have a grip on us. When the new administration

takes over they will have to slowly get some of the moneys back through an expectable import tax. The Country should own its oil wells so that we can have the safety in place to stop spills and use the revenue profits to pay down the deficit. Shut down the borders until we get a handle on what we are going to do about the illegals. I say give the businesses lower taxes for not using illegals.

I don't know what this means but something Glenn Beck said reminded me of something. The Government announced on 09-09-2001 they could not account for 3.2 trillion dollars. Two days later on 9-11 the buildings that houses many records are blown up. Think about that fact?



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