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DownTown

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Volume 2 Issue 2

February, 2011



Pictured is Hank Progar and his dog named Bonnie. Hank recently gave a presentation to the Ocala Business Leaders about his company and what he does.



Numerous Ambassadors from The Ocala Chamber of Commerce, Mayor Randy Ewers, Medical Director Dr. Sid Clevinger, Deborah Franklin, Director of Operations, David Minnici, Executive Director, Ken Phillips, Director of Development and a host of community officials and business members at the groundbreaking event of Hawthorne Village of Ocala on January 11, 2011.

Affordable Insurance Markets & Safe Money Advisors

Presented by Hank Progar, MBA

Hank is a Resource Manager and Problem Solver helping individuals and businesses for over 40 years. Hank recently changed his category from Health Insurance to Financial Protection to better reflect what he has been doing for the last few years. As he always says "he helps people think about their money and make smart choices to protect their hard earned assets".

(Continued on Page 7)

Hawthorne Village Groundbreaking

Hawthorne Village of Ocala had a successful groundbreaking event on January 11, 2011 to usher in the construction of a 100 unit Independent Living Apartment Community which is planned to open the first quarter of 2012.

The Belleview High School ROTC performed a ceremony of colors and flag presentation followed by the invocation by

Pastor Roland Scroggins of Wings of Faith Church.

The Ocala Chamber of Commerce led the event which was attended by Mayor Randy Ewers, Medical Director Dr. Sid Clevinger as well as numerous county officials, dignitaries, business leaders and associates representing the community.

Presently Hawthorne Village of Ocala

consists of a 120 bed rehabilitation and skilled nursing facility as well as a 36 bed intimate assisted living.

By adding independent living services to their campus, Hawthorne Village of Ocala will be able to meet the rapidly growing needs of the senior community of central Florida.

Abolish the Gold Sheet

By Staff Writer

Last month I interviewed Jackie Porter regarding the procedures for public input at Marion County School Board meetings. The gold sheet is a two page form that the Board requires the public to complete in full prior to speaking. In Jackie's opinion the "gold sheet" is used as an intimidation tool to limit the public's input at meetings and should be abolished.

At the January 6th workshop it was proposed by another Board member to change the public comment portion of the meeting from 6 pm televised to 5:30 pm and no longer be televised. Jackie was the only Board member opposing this change because there are many people unable to attend the meeting. Many people watch the meetings at home and want to hear the public input.

Jackie says public comments are an important part of the meeting and must be televised for all to view. In addition, she wants the meetings to be conducted in a fair and balanced manner with both public and administrative comments receiving equal time. This is how & why our founding fathers drafted the constitution and gave the right for free speech.

The Board is still in the process of refining the gold sheet. It will come before the Board for a final vote in the near future. If you want your freedom of speech protected, encourage School Board members to abolish the gold sheet by emailing or calling them.

Publishers Note: It is the Publishers opinion the Gold Sheet does not work for the Taxpayer, it regulates them. The Taxpayers

do not need more regulation - the School Board does. All Taxpayers should be heard and televised. After all, folks, the School Board works for the Taxpayer. If time is running short because of a lot of interest, that is a good thing. Have a special workshop and table the decision until the people are all heard. Of course, "that's what drives this paper." We feel every person has the right to see their opinion in print. What's your opinion? tloury@earthlink.com



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GOD BLESS OUR TROOPS IN GOD WE TRUST

—Ellen B. Wilcox—

MONEY MATTERS

Most folks don't plan to fail: they just fail to PLAN!

Happy Valentines Day to all spouses, friends and lovers! As Cupid wields his bow and his arrow pierces your heart, may love, romantic and otherwise, truly embrace you.

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Ah, yes, love it's a glorious emotion, one that often hits with sudden great force and goes deep into body and soul. Even if fleeting, it gives a feeling of euphoria and enhances our self-esteem and our overall well-being. Love, whether romantic and passionate or platonic and caring, can add joy to our souls and give meaning to our lives.

But, wait! This column is supposed to be about Money, not Love! Hmmmm..., is there a connection here? Indeed there is! I have been in the Financial Services industry for nearly thirty years, and I can say unequivocally that the two are intertwined and inseparable in any and all human relationships from families, to spouses, to lovers to causes. Money is inseparable from Love. Love involves giving and giving often translates to hard dollars.

Attitudes about money are formed very early, and once formed, they are difficult and sometimes impossible to change. Whole books have been written on this theme, and therapists have collected many a dollar for counseling on the subject. This statement is well documented and well supported. In fact, my good friend, Debra Castaldo, Ph.D., tells me that money problems are the leading cause of divorce among those she counsels in her New York City practice. I hear similar comments from two psychologist friends in Silicon Valley where I lived for many years before coming to Central Florida 12 years ago.

Think back to your own early childhood. What were your parents attitudes about money? How were those attitudes passed on to you as a young child and as a teen? How did the messages you received then impact your early adulthood? How many of those attitudes linger still even into your senior years? Are you dealing today with financial matters in much the same ways your parents dealt with similar issues many years ago? How have various events in your life impacted those early attitudes? If you have recently entered The Golden Years, you may

have been part of the 60's youth, the Viet Nam war era. I can almost bet my first born that your current attitudes about money are deeply rooted in some or all of your own answers to the many questions posed above.

If your attitudes about money are significantly different from those closest to you, there most likely are issues that arise, sometimes all too frequently, that impact the relationship between you and those others in your family, your romantic circle, and your charitable pursuits. So, how best to deal with these differences? How best to make differences remain just differences and not have these move into insurmountable challenges?

First, of course, is the obvious: put the differences on the table. Clearly identify the specific differences. Then try to find some common ground where agreement is in evidence. If the chasm is greater than the commonality, it may be best to seek professional help in the form of counseling. Often a good Financial Advisor with whom a relationship already exists will be all that is needed. If no such relationship currently exists, try 'shopping' for such a professional. A word of caution here: 'shop' together, not separately! Why? When 'shopping' separately, it's human nature to find an Advisor who agrees with YOU, not BOTH of you!

Where the differences in financial attitudes are not so widely disparate, try granting each other a little space, a little leeway, perhaps a set hard-dollar amount of 'yours' and immune monies. This format has helped a lot of newlyweds, young and old, meld financial attitudes. It can also be helpful in maintaining a separate, yet together, money focus.

One final word on blending financial attitudes suggests that when irreconcilable issues need to be dealt with, it's best done now and not later or, worse, much later!

Since February concentrates our observance on romantic love between humans, I wish a Happy Valentines Day to all my readers. May money never negate love at your house!

Ellen B Wilcox is a Registered Principal with, and offers securities through, LPL Financial, Member FINRA/SIPC. Ms Wilcox is President and CEO of Wilcox Wealth Management, a Registered Investment Advisor not affiliated with LPL. She may be reached at HYPERLINK "mailto:Ellen@ellenwilcox.com" Ellen@ellenwilcox.com or HYPERLINK "http://www.ellenwilcox.com" www.ellenwilcox.com .

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MMY230 J

New Chief

City Manager Rick Horst has named Deputy Chief John DeLorio as the next Fire Chief for Ocala Fire Rescue. The promotion was effective January 19th, 2011. Chief DeLorio will replace Dan Gentry, who is retiring this month after serving 24 years with Ocala Fire Rescue. Chief DeLorio was hired as the Deputy Chief in August of 2010 as part of a succession planning effort.

Chief DeLorio has 26 years of fire service experience, starting as a firefighter with Palm Beach Fire Rescue in 1984 and retiring as the Acting Fire Chief in 2004. Chief DeLorio then worked for the Florida Division of State Fire Marshal at the Florida State Fire College as Domestic Security Coordinator, and with Marion County Fire Rescue as an Assistant Chief. Chief DeLorio and his wife, Elaine, reside in Marion County with their six children. Chief DeLorio has completed the Executive Fire Officer Program at the National Fire Academy and is a designated Chief Fire Officer through the Commission



for Public Safety Excellence. Chief DeLorio is also a recent graduate of the Naval Post Graduate School's Center for Defense and Homeland Security Master's Degree program.

ONE PERSON'S OPINION LETTERS TO THE EDITOR

Dear Editor:

Sustainable Development is a premiere United Nations issue.

It encompasses Agenda 21. If you want to become acquainted with its extremes take a look at the Zeitgeist Movement. A check of the video "Fly Over Europe" slide #9, Copenhagen will give you a picture of sustainable development in action. The sustainable community right before your eyes.

Sustainability is a global issue promoted, and implemented by the UN.

They constantly hold conferences to further this agenda. Of course our dues money is helping to push the agenda along. We are building our own prison.

The only bright spot is that some of us will expire before sustainability is fully implemented. However, it is an itch right now. Just had to stock up on the light bulbs I use {lifetime supply}, as they will no longer be

manufactured.

Instead of a washer repair, had to buy now to get the washer I wanted.

Not some idiotic sustainable gadget. Just because a claim is made that new is better, does not make it so. Do you believe everything you are told?

Wake up, and smell the UN coffee. It is brewing up controls for every aspect of life. They frame it in nicey, nicey language to explain their means to control us. Do not buy it. Do your homework. Do not be a dupe.

Look up UN Sustainability, and Agenda 21. Is this the world you want to live in? Do your homework before you leap, or believe anything you are told. Sounds good, jump right in. Splash!!!!!!! WOW! Not what I expected. TOOOOOO late.

D. I. L.
Ocala, FL



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Tom Loury

PUBLISHER'S NOTES

I recently received this from one of our renowned teachers in the newspaper world. I thought to share it because it is one of the most important things in our business and personal lives.

Knowledge speaks...Wisdom listens!
by Rob Zarrilli

It is a fact that an area that impacts human relationships more than anything else we do is our ability to listen, just listen. Unfortunately, we have been taught to speak, read and write with little guidance or direction on the importance of listening. While listening can be credited with more than 50% of the communication process, it's an open area we have had little or no formal training.

I am really excited about taking my turn as president of the Ocala Business Leaders. They are some of the finest people I have ever met. I was introduced to them by Art Meadow from Art Meadows Jewelry some eight years ago at an Ocala Chamber of Commerce networking event. The club has helped my business tremendously and I have made a lot of friends. The club will help if you help yourself. You must attend and work at it and they will not fail you. The Ocala Business Leaders don't brag about their successes, but I know for a fact that they have been responsible for 100's of thousands of dollars in business transactions

in one month. Members buy houses, buy advertising, services and refer each other. It's like having a hundred sales people on the road. They hand out directories and support each other in business.

When you get a referral from another member it is not just a name out of the phone book, but a referral with endorsement in many cases. We know each other and continue to meet new members and get to know them. We are always looking for leads for other members. Many members hand the OBL directory to every customer they have.

Use an Ocala Business Leader member for your business needs you can't go wrong. If we don't have the category that you're looking for, call the Ocala Chamber of Commerce.

If you need something done, look on the front page of this newspaper for Tom's Picks. Call me, I will try to help put you with competent businesses that will help you with your projects.

In the Ocala Business Leaders we have laughed together, cried together and did a lot of business. We are more like a business family than a club. You are invited to visit. Call Tom Loury 804-1223

I am disappointed that law enforcement did not catch up with this assassin before he shot so many people. We need to pass laws that say if anyone is asked to leave a school

or any public place because of strange behavior, they must pass the incident to the police department and the police should have them evaluated every time.

It is a crying shame that Rep. Gifford and the many others were shot. She is in the hospital fighting for her life and her shooter had a smile or a smirk on his face when they took his mug shot. This guy should not live more than ninety days and face a firing squad. The fact that he also took the life of a young child is the worst. Our country seems to protect people like this until they do something bad, then it's too late. He planned this for some time and apologized to his friends before he did it. That shows he knew right from wrong. DEAL WITH HIM NOW!

TRUE OR FALSE

Barack OBAMA, during his Cairo speech, said: I know, too, that Islam/Muslims has always been a part of America's history.

My question is at what point did the Muslims become part of American History?

Early history tells us that Barbary Pirates were Muslim.

Did Muslims fight during the Civil War to free the slaves in America? No, they did not, but in fact in other parts of the world Muslims to this day are still the largest traffickers in human slavery. The president's half brother, a devout Muslim, still advocates slavery himself.

Martin Luther King's great walks had no Muslims walking next to him.

During this country's Woman's Suffrage Era, no Muslims were present. In fact, some

Muslims demand that women are subservient to men. So much so, that some women were beaten for not wearing the 'hajib' or for talking to a man who is not a direct family member.

The Marine Hymn has the part about the shores of Tripoli, where Marines had been sent to stop and kill the Muslim pirates and terrorists.

As American Culture accepts the American Muslim world, it has to remember there is a Radical Terrorist Muslim and there is a non violent Muslim. There is no reason why America can't get along with the non-violent Muslims as long as they don't harbor Terrorist or finance Terrorists anywhere. American Muslims need to make a clear stand against the radicals. What makes it so hard to understand is that either you are American or you're not. If you don't like Americans, go back to your country of choice and leave us alone. If you take American lives, we will follow you around the globe to deal with you, including any country financing any kind of terrorist acts.

TRUE OR FALSE

OBAMA /Kagan/Snopes/Soros

It was said that I should use snopes because some things I printed in the past were false according to snopes. Snopes has an investor named George Soros, that tells me there is a real problem.

According to snopes there were no court dockets connecting Elana Kagan and Barack Obama.

(Continued on Page 6)

Newspaper Deadlines

Editorial & Ad Copy for March

Seniors Voice & Ocala DownTown

12am, February 16th

Lady Lake Magazine & Village Spectator

12am, February 23rd

Ocala DownTown

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■ Charlotte Poss

THE OMBUDSMAN

As a Long-Term Care Ombudsman, I am concerned about the residents who reside in long term care facilities throughout Florida.

As you may be aware, Florida's Long-Term Care Ombudsman Program is primarily a volunteer workhorse for our state. This federally mandated program is designed to be an independent voice that serves as a watchdog of the long-term care industry, ensuring quality care and quality of life for residents living in nursing homes, assisted living facilities and adult-family care homes.

Federal and state law requires the Ombudsman Program be free of influence and independent from the long-term care industry. I believe that the Program's independence has been challenged, as it has come to the Program's attention that a letter has been sent to Governor Scott from one long-term care trade association requesting that the present State Long-Term Care Ombudsman, Brian Lee, be removed from his position. The letter also proposed a replacement Ombudsman.

When a trade association requests the removal of the State Ombudsman, this violates the law. This action nullifies the Program's independence and objectivity necessary to qualify it for federal funds. Outside political pressure must not influence the Program's ability to advocate for long-term care residents

I am concerned that, should a long-term

care entity's efforts to remove and select a new State Ombudsman be successful, the Program's efforts to speak out on behalf of residents will be compromised. It may make the State Ombudsman, representatives of the Office and volunteer Ombudsmen fearful of retaliation and question the efficacy of speaking up for residents.

The Long-Term Care Ombudsman Program was created under the Older Americans Act, which was originally passed in 1965. It was amended in 1978 and required states to create an Office of the State Ombudsman, headed by a state ombudsman. The Office of State Long-Term Care Ombudsman was enacted in Florida by Section 40.0063, Florida Statutes, and is headed by the state long-term care ombudsman, who provides leadership for the ombudsman program.

To have a long-term care trade association request the removal of the State Ombudsman is questionable. One has to ask why? To have someone from a long-term care trade association want to run this program is like asking the fox to watch the hen house. The citizens of Florida have to write/email the Governor and request that he not replace the State Ombudsman Mr. Lee, he has always been on the side of the residents. Making sure that all of the Residents' living in Long-Term Care Facilities have their voices heard, has always been the goal of the State Ombudsman, Mr. Lee. Let us all stand

behind Mr. Lee and ask the Governor to not let the long-term care trade associations run

this very important program. Write or email the Governor today.

■ Tom Loury

PUBLISHER'S NOTES

(Continued from Page 4)

According to Supreme Court website dockets, Elana Kagan represented Obama in all the petitions to prove his citizenship and now she is part of the Supreme Court who might rule on it some day. Google "the Supreme Court" type in Obama-Kagan and check it out yourself.

One final statement from me to you for the month.....All the accusations about the Tea Party and the people attending Tea Party events. I don't think you really want the Tea Party members to be and do the things that the left has accused them of.

There is an old but negative saying. If you are getting blamed for it, you might as well do it. I don't believe in that but the path the hard core politics is taking is really getting out of hand.

With Gifford getting shot you would think the American politicians would pull together. They are not and this proves to me that they won't. This will drive the Tea Party

to great heights. Meanwhile Obama approval ratings will get worse because you can't lead an angry MOB!

I guess Glenn Beck has another one of his statements come true.

ACORN... I predicted they were not gone and would be back. Obama helped set them up so I don't think they are going anywhere. The Taxpayers have paid \$160,000,000,000 to legally defend Acorn for defrauding the Country. The Taxpayers have spent \$63,000,000,000 defending the three top executives over the past 5 or 6 years before the last fraud allegations. Now Acorn has split into smaller groups, renamed itself to "My Communities For Change". Now it is said that all of their legal fees and all of the losses through fraud will have to be made up by the taxpayers. What are our leaders thinking?

See ya next month.

TomL



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Dennis Baxley

State Representative Dennis Baxley Named to Leadership Positions in the House

Ocala, FL (12/07/10) – Speaker of the House, Dean Cannon, announced today the list of Chair and Vice Chair appointments for the House of Representatives. State Representative Dennis Baxley was named Chair of the Criminal Justice Subcommittee and Vice-Chair of the Transportation & Highway Safety Subcommittee.

“We are very grateful Speaker Cannon

has given us an opportunity to lead in these areas,” said Representative Baxley. “Transportation and Highway Safety hold some key issues in facilitating economic recovery and Criminal Justice affects a significant workforce and touches all Floridians.”

Representative Baxley will serve as Chair with Vice Chair, Representative Van Zant, on the Criminal Justice Subcommittee and serve as Vice Chair with Chair, Representative Brad Drake, on the Transportation & Highway Safety Subcommittee.

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\$200 BILLION per year! Money handed over to OPEC, many of whose members are our confirmed enemies! Oil prices could go to \$200 a barrel or higher if we keep buying their product.

Here are some large companies that do not import Middle Eastern oil

- Sunoco.....0 barrels
- Conoco.....0 barrels
- Sinclair.....0 barrels
- BP/Phillips.....0 barrels
- Hess.....0 barrels
- ARC0.....0 barrels
- Maverick.....0 barrels

Flying J.....0 barrels
 Valero.....0 barrels
 Murphy Oil USA *.....0 barrels
 Sold at Wal-Mart Gas is from South Arkansas and fully USA owned and produced.

Affordable Insurance Markets & Safe Money Advisors

(Continued from Page 1)

He provided a little personal background. Hank has Masters Degrees in both Engineering and Business with a major in finance. Prior to coming to Ocala in 2000, Hank grew up in Southern California doing high tech research, management, sales and consulting. At one point he was a “Rocket Scientist” for Hughes Aircraft. Hank was the Project Manager for the software portion of a multi-million dollar invisible missile which was AIMed Safely and successfully into one of Saddam’s bunkers during the Gulf War in the early 90’s.

After managing numerous technical resources and solving multi-million dollar problems for large and small Defense Intelligence and Information Technology companies ... Hank says the complexities of Insurance and Financial Services are a “piece of cake”. The real challenge is getting in front of enough qualified people in this chaotic, time-pressured, information-overloaded world, where most people don’t trust anyone or anything.

Hank and his wife Kay have two daughters, five grandsons, a great-granddaughter and another on the way ...all here in Ocala. You can meet his Scottish Assistant on his AIMSafely.com website.

Today, Hank coordinates the resources of about 40 insurance companies. He works through 7 major agencies providing a strong support staff to help solve customer problems relating to life & health insurance and financial retirement planning. Based on personal experiences with insurance, real estate, and the financial markets ... some not so positive, he has a mission to help as many people as he can. Hank reviewed a number of his websites which provide resources to help you and people you know with your personal and business financial welfare. Hank works hard to save you time as well as money ...easily grow your assets with minimum or no risk ... reduce your IRS bill with tax reduction strategies ... reduce or eliminate probate losses ...and provide you peace of mind and “sleep insurance” so you can enjoy life and have fun doing what you do best. Hank’s goal is to help you create certainty in an uncertain economy.

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Sunday, February 20 - Sunday, February 27

Sunday, February 20

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Monday, February 21

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Tuesday, February 22

Steer Showmanship
Beef Dinner (Call for tickets)
Steer Auction

Wednesday, February 23

Dairy, Kiddie & Meat Goat Shows
Lamb Breed Show
Market Lamb Show
Market Lamb Auction

Thursday, February 24

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Friday, February 25

Swine Show

Saturday, February 26

Swine Auction
Pork BBQ Lunch

Sunday, February 27

Horse Show



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WHO: MARION CIVIC CHORALE

WHAT: Invitation to Join

WHEN: Mondays at 6:45 pm

WHERE: St. George Anglican Cathedral
5646 SE 28th Street, Ocala FL 3448

Marion Civic Chorale invites new and former singers to join! Rehearsals are on Mondays, 6:45-9:00 PM (resuming after Christmas on January 3), at St. George An-

glican Cathedral, just off Baseline (SR35) at 5646 SE 28th Street in Ocala FL. The repertoire this semester will be the Holocaust Cantata, songs and writings from prisoners of the Nazi death camps. † For further information on the organization and auditions, see our website www.marioncivicchorale.tripod.com or contact us at 352-342-1796, 352-537-0207, "mailto:MarionChorale@gmail.com" MarionChorale@gmail.com or wayne@fumcocala.org

Friends of the Ocala Library

The Friends of the Ocala Library will hold their quarterly Book Sale on Saturday, February 5, from 10 a.m. to 4 p.m. in Rooms B and C of the main library on Silver Springs Boulevard. Thousands of tenderly-treated books in all categories will be available to browsers, the hardback books at 50 cents, and the paperbacks at 25 cents. Proceeds

from these book sales are used to support the library, so come and look for that particular book, and help the Friends in that effort. You may find a real treasure! For information on the Friends log on to www.friendsoftheocalalibrary.org

Ken Tipper
Publicity Chairman

Scandinavian Club

The Scandinavian Club of Marion County invites people of Danish, Finnish, Icelandic, Norwegian and Swedish descent to join us at our next meeting on February 19, 2011. We will meet at the Hilton Ocala, 3600 SW 36th Avenue in Ocala. The menu will be Chicken Cordon Bleu with mashed potatoes and gravy, vegetable, salad, bread, beverage and dessert. Entertainment will be provided by the Alter Egos. The cost is \$15 per per-

son and reservations and advance payment are required. Payment must be received by Wednesday, February 16. Please make checks payable to Bill Thompson, the club's treasurer, and mail to him at 582 Dowling Circle, Lady Lake, FL 32159. For further details call Don Clauson 352-861-1235, Lillian Woodman 352-873-0427 or Bill Thompson 352-751-5174.

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Constitutional Rights and God Given Rights

By Tom Loury

Why is our President and his government representatives attacking our Constitution? They are in many cases ignoring our rights as American people.

When God put us on this earth He gave us rights. Our founding forefathers put those rights in the writing of our constitution. The President appears to be ignoring the words our God given rights.

Did you notice how the constitution starts out. WE THE PEOPLE! That says just what it means. The people are to run the government and the government is to listen to the people. Government is to govern in the

name of the people with the peoples' wishes in mind. Politicians at all times are charged with guarding FREEDOM and our rights as our most precious heritage.

Have you noticed that this country in general likes the underdog or the comeback kid. They don't like to see people oppressed, they just want them to work at something with dignity and they will get help. But not to work at all and have their children when they grow up not work at all is infringing on others' rights.

If we as a country show strength but keep our doors open we can not fail. Letting a foreign people sneak through the back gate and

ignore it shows weakness. Don't apologize for anything and don't do anything that you

would have to apologize for.

Airport Industrial Park

Sperry Van Ness is pleased to welcome two new tenants to the Airport Industrial Park: Superior Aluminum, Inc. and Recovery Road, Inc. The new tenants have leased a total of 5,000+/- sf of office/warehouse space.

The Airport Industrial Park, located just Southwest of the Ocala Airport runway, is close to I-75 and provides easy access to the Ocala, Gainesville, Orlando, Tampa and Jacksonville markets.

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SENIOR SCHEDULE OF EVENTS

FEBRUARY, 2011 PROGRAM OF ACTIVITIES

MOVIE TIME

When: Tues. & Wed., February 8th & 9th at 8th Ave. Sr. Center "Secretariat" Starring: Diane Lane and John Malkovich housewife with little knowledge of horse-racing fosters one of the greatest race horses of all times as the story of the 1973 Triple Crown winner comes to the screen in this

inspirational drama based on the novel Secretariat: The Making of a Champion. Penny Chenery (Lane) is a devoted mother and housewife whose ailing father is the proprietor of Meadow Stables in Virginia. When her father becomes too ill to tend to his horses, Penny agrees to take over the stables despite her inexperience. Desperate, she turns to veteran horse trainer Lucien Laurin (Malkovich) to help show her the ropes. Up to

this point, horse racing has been a decidedly male-dominated sport. But with Lucien's help, Penny prepares to prove that gender has no bearing on one's ability to breed a fast race horse. As Secretariat blasts out of the gates to leave his competition in the dust, the whole world watches in amazement, and a legend is born. RATED PG

"Knight & Day" When: Tues. & Wed., February 22nd & 23rd at 8th Ave. Sr. Center Starring: Cameron Diaz, Tom Cruise, Paul Dano, Viola Davis & others. June Havens (Diaz) is preparing to board a flight back home when she bumps into Roy Miller (Cruise). While making small talk on the plane, June excuses herself to go to the bathroom. By the time June emerges Roy has killed everybody on board, including the pilots. After crash-landing in a cornfield, Roy tells June that she should expect a visit from government agents, but her that by cooperating with them she risks almost certain death. But what do the agents want, and why do they insist that Roy is the one to be feared, and not them? RATED PG13

Time: 1:30 P.M. - 3:30 P.M. at 8th Avenue Senior Center - Telephone: 629-8545

What: Enjoy a free movie in a comfortable setting. Please call the center to reserve your seat.

COMING IN MARCH 2011: "THE OTHER GUYS" and "TICKING CLOCK" **COMPUTER CLASSES FOR ADULTS OF ALL AGES**

When: Thursdays

Time: Class is 9:30 A.M. - 11:30 A.M.,

lab is 12:30 P.M. - 2:30 P.M. and advanced classes are 2:30 P.M. - 4:00 P.M.

Where: BGW Senior Activity Center, 210 NW 12th Avenue, Ocala Tel. 629-8357

Cost: \$75.00 – singles, \$110.00 - couples, and \$38.00 for advanced classes, to be paid prior to class starting time

What: We have easy classes for the beginner student. Learn what a personal computer can do for you. We offer an introductory class in word processing. Beginner classes are for 6 consecutive weeks on Thursdays, 9:30 A.M. to 11:30 A.M. and workshops (lab classes) are 12:30 P.M. to 3:30 P.M.

Advanced classes are offered for Database, Spreadsheet, the Internet and more. The lab instructor will be available during labs on Thursdays.

INCOME TAX HELP

Where: 8th Avenue Senior Center, 830 NE 8th Avenue

When: Mondays, Wednesdays and Fridays starting February 2nd

Time: 9:00 AM to 12:00 PM

Where: BGW Senior Center, 210 NW 12th Avenue

When: Tuesdays ONLY starting February 1st

Time: 9:00 AM to 1:00 PM Cost: Free

What: AARP Tax help is available at these Centers listed above. Please bring your driver's license or identification card, social security card and all tax documents. Please call the center(s) if you have ques-

(Continued on Page 11)

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SENIOR SCHEDULE OF EVENTS

(Continued from Page 10)
tions about what documents to bring.

LIVING HEALTHY WORKSHOP
When: Tuesdays, Starting February 8, 2011 for 6 consecutive weekas
Time: 10:00 AM to 12:30 PM
Where: BGW Senior Activity center
Cost: Free
What: Living Healthy Workshop (Chronic Disease Self Management) is a program that empowers older adults to take control of their health. You will learn how to live a healthy life in these two and one half hour interactive, six week workshops. "Living Healthy Workshops" are designed to educate participants about common chronic

diseases, prevention strategies and regaining function.

BE SWEET TO YOUR HEALTH ONE STOP HEALTH FAIR
When: Thursday, February 10, 2011
Time: 9:30 A.M. to 12:30 P.M.
Where: 8th Avenue Senior Center, 830 NE 8th Avenue
Cost: Free
What: Be "sweet" to your body for Valentine's Day. A variety of healthcare agencies will be on hand to provide free or low-cost health screens and printed health information. Giveaways and refreshments will be provided. For more information, call Grace at 629-8357.

TRIP: FLORIDA STATE FAIR-TAMPA
When: Thursday, February 17th, 2011
Time: Leave 8:00 AM Return 7:00 PM
Leave and return is from/to 8th Avenue Senior Center
Where: State Fair, Tampa
Cost: \$32.50 per person
What: The fair is a salute to the state's best agriculture and equestrian industry, an abundance of shows, music, rides, food and shopping. Excitement is in the air at the fair ground with plenty of free entertainment. Limited to 45 participants. For more info, call Grace at 629-8357.

SHARE & CARE VOLUNTEER EXPO
When: Thursday, February 3, 2011
Time: 10AM – 2PM
Where: Circle Square Cultural Center at On Top of the World Communities on State Road 200
What: Looking for volunteer opportunities in Marion County? What to give a little back to your community? Several non-profit agencies in Marion County will be present to provide information about volunteer opportunities within their agencies. Show how much you care about your community by going and checking out how you can share your time to help someone in need.

COMING IN MARCH: 2011 PARADE OF SENIOR SERVICES
* FRIDAY, MARCH 11, 2011 *
10AM – 3PM
A one-stop "shopping" experience for federal, state and local services for senior citizens. Over 50 agencies will be present to provide literature, answers questions and offer services.

Government, social, health and recreation services will be represented. The event will be held at the Ewers Century Center at the College of Central Florida located on State Road 200. For information call Diane at 401-3916.

Mark Your Calendars!

Ocala Business Leaders Home & Business Expo

Saturday, February 26th, 2011
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Gas Leak Causes Evacuation

(OCALA, FLORIDA) A few minutes after 4 p.m. on January 11, firefighters responded to a reported natural gas leak. A private contractor using heavy equipment in the 2100 block of North Magnolia Avenue ruptured a 2 inch gas line. Firefighters evacuated four businesses as a precaution until the leak was controlled.

The roadway was reopened and workers were allowed to re-enter businesses at 5:03 p.m.

In the inserted photo, firefighters prepare to leave the scene after the leak was controlled.

Heavy equipment can be seen on the left of the photo where the leak occurred.



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CARL HALBIRT, ARCHAEOLOGIST FOR THE CITY OF ST. AUGUSTINE, FL, HAS BEEN DIGGING UNDER AVILES STREET. HE HAS FOUND ARTIFACTS FROM SPANISH, BRITISH AND U.S. TIMES.

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(Family Features) What better way to serve a hungry gang than with two crowd-pleasers: meatballs and BBQ? Anyone hosting a big game gathering needs to have recipes on-hand that are hearty and tasty, while still being easy to prepare.

The easiest and fastest way to find what you need to feed the fans is by utilizing local club stores like Sam's, where shoppers can huddle and find great game-day foods and entertaining items at affordable prices. These crowd-pleasing recipes start off with Byron's Hand Pulled Pork BBQ and Casa Di Bertacchi Meatballs, both sold at Sam's

Clubs nationwide.

The Mini Meatball Hamburgers are made from fully-cooked meatballs crafted from an outstanding, authentic family recipe. The seasoned and lightly steamed meatballs can be warmed up quickly and paired with a tasty sauce for some superstar sliders.

BBQ Nachos take game-day appetizers to a whole new level. Made with hickory-smoked pulled pork that's finished with a sweet and spicy sauce, this BBQ is ready to be warmed up and loaded up with fan-fa-



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vorite nacho toppings for an appetizer that will have your guests calling for a replay.

For more information about Byron's Hand Pulled Pork BBQ, Casa Di Bertacchi Meatballs, or for additional recipes, visit www.ClubEntertaining.com.

Mini Meatball Hamburgers
 Makes 26 appetizers
 26 frozen Casa Di Bertacchi fully cooked meatballs (1 pound)
 1 cup ketchup

3 tablespoons Dijon honey mustard
 26 2-inch rolls, sliced in half horizontally

1 1/2 cups sweet pickle relish
 Preheat oven to 400°F.
 Place meatballs in 8 x 8 or 9 x 9-inch pan. Bake for 25 to 30 minutes, or until thoroughly heated.

In a small bowl, combine ketchup and mustard. Place a heaping teaspoon of ketchup mixture on the bottom of roll. Place a meatball on top. Follow with a rounded teaspoon of pickle relish. Place

(Continued on Page 14)

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Feeding the Game Day Frenzy

(Continued from Page 13)

top half of roll over top. Repeat for remaining meatballs and rolls. Serve immediately on a large platter.

Cheeseburger Variation: Place a small slice of cheddar cheese over each meatball.

BBQ Nachos

Serves 4

Byron's BBQ

1 cup shredded Monterrey Jack cheese

1/2 cup red onion, diced

1 green bell pepper, diced

1 tomato, diced

115-ounce can black beans, rinsed and

drained

Tortilla chips

Whole kernel corn

Sliced jalapeno

Fresh guacamole

Sour cream

On a large oven safe serving plate, arrange a layer of tortilla chips; top with BBQ. Sprinkle with cheese, onions, bell peppers, diced tomato and black beans. Heat in microwave (or in oven) until cheese is melted. Garnish with whole kernel corn, sliced jalapeno, fresh guacamole, and sour cream.



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