

ocala

A free publication serving the people of the Ocala area

# DownTown

**BUY LOCAL!**

Take Me Home!

**FREE**

Volume 3 Issue 3  
March, 2012



**Angie Carozzi**

Angie Carozzi, licensed massage therapist and owner of Angienius Massage's journey began in high school, when she worked side by side with Health South's athletic trainers on and off the field. She became the  
**(Continued on Page 2)**



**Rob Ziebart**

Meet Rob Ziebart of Landmark Mortgage Planners. During a recent talk at an OBL meeting he explained there is no better time to refinance or to buy a house. Interest is at an all time low. If you have any questions call Rob at 352-875-6907.



## Chris Blair Cares

I recently attended the Chris Blair Black Tie and Blue Jeans Gala and was impressed with Mr. Blair's selfless act of including a silent auction to benefit Strides, the breast cancer awareness group of Marion County. Fundraising for a political campaign can be a grueling journey on its own, so to share the wealth with a non-profit organization was a true test of Chris Blair's character. The auction raised over \$3,000 for Strides and when asked about this generous gesture Mr. Blair

said, "Life is all about the community where you live. You have to take care of each other. That money may or may not have come to my campaign, but raising awareness about this disease is more important than putting that money into my campaign. It was worth it and I will do it again."

And true to his words it has come to my attention that he has raised money for other non-profit organizations during other

**(Continued on Page 2)**

## 4-Day School Week Put On the Shelf

By Jackie Porter,  
Marion Co. School Board Member

We did it!! Thank you to everyone who spoke out against the 4-day school week. Tom Loury, you have been so gracious to print the articles informing the citizens on the travesty this would have been to our students and the business community. Since June 2011, I have been outspoken against this radical school calendar that the Superintendent and several members his staff presented to the board. It passed in a 4-1 vote. I voted NO. I have been opposing this decision for 8 months. Thank you to the studios who invited me on their live broadcasts, WOCA with Kelli and Lacey including Larry Whittler and WOCA Vets Helping Vets with Hank Wittier. Also visits with

Chip Morris at the SKY radio, and multiple TV interviews. Everywhere I went I asked parents, the medical community, the church community, business owners, local people employed here, and their store managers what they thought of a 4-day school week. Never once did I hear anyone say they supported the 4-day school week.

On February 14th, 2012 the other four board member's, under much community pressure, changed their minds, another vote was taken and the 4-day school week has been defeated!

In August 2012 Marion County Public Schools will be on th 5-day school week.

For information about Jackie and her views on issues, visit her website at [www.jackieporter.com](http://www.jackieporter.com).

**(Continued on Page 2)**

## Tom's Picks

**Do you need some work done and don't know who to call?  
Call Tom's Picks at 804-1223**

### February referrals from Tom's Picks include:

- Plumber •Electrician
- Roofer



Meet Dixie Stone. Dixie is our newest sales rep with TomL Publishing LLC. She is seen here at a Expo in front of our expo display. She will be doing four more Expos coming soon. If you know Dixie and you want to do business with her call 804-1223.

Presorted Standard  
US Postage Paid  
Permit #168  
ECRWSS  
Ocala, FL  
Postal Customer



**GOD BLESS OUR TROOPS  
IN GOD WE TRUST**

## Angie Carlozzi

(Continued from Page 1)

first student athletic trainer at Flanagan High School and was able to stretch athletes before and after games, apply tape support to different joints, and render first aid. It was after working as a physical therapy technician and practice manager for several years that she decided to go back to school in 2008 for an Associates Degree in Massage Science from Rasmussen College.

This passion soon turned into a dream of being a business owner that encouraged wellness and health. In 2010 Angienius Massage opened its doors to serve the Central Florida area, and has grown with leaps and bounds. The naming of the business came from the idea that taking care of your body is a genius idea, and having a qualified therapist to help you along that path is not just smart, it's Genius!

Angie is a mother of four children ranging in age from one year old to eleven, and a devoted wife. As a business owner she has devoted her busy life to educating others on their bodies and how to properly care for them. A session with her is not only a therapeutic time but a time to learn how to prevent further pain and future injury. She takes the time to educate you on how and why you are feeling the way you are. She shares what you can do when you are away from her to build strength and promote healing. Then when you return for follow up sessions you feel like a partner in your healthcare not just a recipient.

The office is conveniently located at 2300 South Pine Avenue in Ocala. The interior is

clean, inviting, and professional. A comfortable couch with reading materials and natural light, welcomes you as you await your appointment time. One of the two therapists on staff, Angie or Katelyn greet you will a smile and a warm invitation to the therapy room. Low lights, sounds of water and chimes instantly set the mood of healing and relaxation. The well dressed massage tables are warmed with heating pads to instantly prepare the body for a soothing and effective treatment. This office can accommodate couples, single, or parent & child sessions which are all options for appointments as well as home or office visits.

Angienius offers therapeutic massage, sports, prenatal, relaxation, infant/child and chair massage. She has worked with Professional Bowlers, MMA fighters, Marathon Runners, HITS Riders and Trainers, Body Builders, University Football Players, Cyclists, and Golfers to improve and maintain their athletic careers. Angie is currently a Certified Medical Massage Practitioner, specializing in low back pain and pelvic imbalances.

Angienius Massage is proud to announce it's newest addition to the "family"... KidGenius! KidGenius is an arm of Angienius Massage dedicated to children and their wellness! As a mother of four she is concerned and attentive to the needs of the infants and youth in our community. Her youngest son suffers from Congenital Torticollis and was the inspiration for her becoming an Internationally Certified Infant Massage Teacher & Certified Pediatric Therapist. She currently

is the only one in Marion County, making her a specialist in her field. She wants to share her knowledge with other parents. KidGenius offers sessions, classes, seminars, and private lessons in infant and juvenile massage.

Angienius Massage is dedicated to the local community and is consistently involved in charity events, fund raisers, and awareness campaigns. Currently Angienius Massage is working directly with CARD (Center of Autism Related Disabilities), Ocala Autism Support Network, and Parents Helping Parents of Florida to bring massage to children with special needs. As the mother of an elementary aged son that lives with

Sensory Processing Disorder/Aspergers she is directly affected and feels called to help others find relief and solutions. If you'd like more information or would like to help in this effort contact Angienius Massage.

Visit the Angienius Massage website for more information, book appointments, give gift certificates, and visit Angienius on facebook where you can stay up to date.

352-875-3675

www.angieniusmassage.com

angieniusmassage@gmail.com

-Cindi Williams, author and client of Angienius

Sincerely,

Cindi Williams

## 4-Day School Week Put On the Shelf

(Continued from Page 1)

jackieporter.com

\*\*\*\*

Publishers Note: Thanks for the mention. That's our job to print the truth. I am very surprised that you did not help from some of

the other media. Especially when it effects the children of Marion County.

Marion County is very lucky to have you on the School Board, making common sense decisions. Keep up the good work.

TomL

## Chris Blair Cares

(Continued from Page 1)

campaign fundraising events. Even Dennis Baxley was impressed and commented that he has never has never known any candidate who would share a fund raising event to benefit non-profit organizations.

Chris Blair cares about his community.

Chris Blair cares about not only our safety but our well being. Chris Blair cares and gets involved. He was not a sideline deputy, not a sideline detective, not a sideline major, and will most certainly not be a sideline Sheriff.

Chris Blair Cares.

# TOO YOUR

# Health

# SPA

## Join Now & Receive Two Extra Months **FREE!**

Two Can Join For

For Just

# \$119.50

each, plus tax  
**Act Now!**  
Limited Offer

# Single Membership

# \$129.00

plus tax  
**Act Now!**  
Limited Offer

Join Now & Receive  
*One FREE Personal Training Session*  
plus  
*Unlimited Racquetball FREE*  
or  
*One Month of Tanning FREE*  
or  
*24-Hour Access*

Easy Does It • Beginner Step • Step Aerobics • Water Aerobics • Personal Training • Racquetball • Powerflex • Super Sculpt • Aquacize Cardio  
Kick Boxing • Yoga • Aerobics • Spinning • Pilates • Indoor Heated Pool/Sauna/Whirlpool • Cardio Room (Equipment) • Cybex & Free Weights



**Spa I 694-1141**

3643 NE 8th Pl. (Off 36th Ave.) Ocala

**Spa II 237-6149**

2841 SW 20th St. (Near CF) Ocala

**Spa III 245-2800**

5300 SE 110th St. (Behind Sonny's) Belleview

**Spa IV 489-3383**

2174 W. Dunnellon Rd, Dunnellon

www.tooyourhealthspa.org

## 93 Year Old Zips the Canyons

Record breaking age for zip lining (Ocala, FL) Helen Bartholomew, 93, knows the secret to longevity; living life to its fullest. To the amazement of the staff at The Canyons Zip Line and Canopy Tours in Ocala, Helen zipped the entire course including the longest, highest, fastest zip in Florida. “As you progress through the course, the zip lines get even bigger, longer and faster and we expected that she would want to stop. We were very wrong!” stated Traci Walker, the company’s president.

Helen was accompanied on the tour by her daughter, Dr. Carol Bartholomew of Physicians Health Center in Ocala, who pre-

viously tried the zip line, and family friends Dana and Dan Sauro. Dr. Carol, as she is affectionately known in the community, stated that “She was determined to do it and there was no talking her out of it.”

After several practice runs at the facilities ground school, her guides felt she was ready to go. After the first zip, there was no stopping her. “She is very light so she needed a little assistance on some of the slower zips,” said Kyle Depuy, the lead guide on the tour “but she did really great.”

“She is an inspiration to us all, to accomplish such a feat at 93 is nothing short of incredible” said Walker.

The Canyons Zip Line and Canopy Tours’ course includes 9 zip lines, 2 rope bridges and ends with a rappel. Since opening their doors in November the zip line is already rated No. 1 on Trip Advisor and will soon offer night zips by moonlight. The zip line is located at 8045 NW Gainesville Road in Ocala and reservations can be made online ([www.ZipTheCanyons.com](http://www.ZipTheCanyons.com)) or by calling 352-351-9477.

On the car ride home Helen was asked what she liked best about the day and Helen replied “I overcame courage after courage.”



# Volunteer today

## PREPAREDNESS STARTS WITH YOU

Call today to find out how you can volunteer to help before a disaster strikes.

**MAGGIE “MICKI” MIDDLETON**  
**352.629.0137 ext. 2001**  
[marionmrc@doh.state.fl.us](mailto:marionmrc@doh.state.fl.us)

No medical experience necessary  
[www.marioncountymrc.com](http://www.marioncountymrc.com) • [www.medicalreservecorps.gov](http://www.medicalreservecorps.gov)




## Spring Expo in Ocala

Business, Home and Garden Expo is coming to Ocala in April

The MainStreetChamber in Marion County is bringing a business, home and garden expo to Ocala, Florida in co-operation with the Pioneer Garden Club April 21st and 22nd. The expo will be an indoor and outdoor event filled with food, music, prizes given away every 1/2 hour throughout the whole event, mini workshops and booths offering products and tips from business to home improvement to gardening.

The expo will open to the public each day from 9am to 4pm at the Pioneer Garden Club located at 4331 East Silver Springs Blvd. (in the Ocala Civic Theatre and Appleton Museum land complex)

For more information go to [www.MainStreetChamberMarion.org](http://www.MainStreetChamberMarion.org) A list of the mini workshops will be on line with pre-registration starting March 15th. For any questions not answered on the website, contact Donna Miller, MSC Director at 352-620-0032.

March 20th -  
First Day of Spring



Tom Loury

## PUBLISHER'S NOTES

First and most important "Get well soon Wendy." Wendy, our GM, had a horseback riding accident and had to have surgery to get her knee repaired. She really did a number on it, but they put everything back together and she says she will be back soon. Actually, she did some work just days after the surgery.

How do you back peddle without letting people know you were wrong?

Obama...I can think of a couple of recent incidents such as when Obama says businesses would have to furnish contraceptives in the Healthcare Plan. The Catholic religion does not believe in the use of contraceptives. There was a roar that was heard around the country. Now Obama has promised that he would change the law to make insurance companies pay, and then the insurance companies will pass the cost on to the taxpayer. Sources say the bill is being passed as is, but Obama promises to change it later, suuure.

If he changes the Bill it will become the job of the insurance company, then it is an expense and longer listed as taxes. He is a slick Willy! OOOOOOR check out this

back peddling.

Marion County School Board...On the same note, how about the local school superintendent creating a new five day plan so that he does not have to admit the four day plan will not work! Is it ego or shrewd politics? I thought School Board is not supposed to be political.

What about that Chris Blair??? I am amazed at Chris Blair and his team's ability to get as many people to turnout for fund raisers. \$1,000 per table were sold out. Blair recently held an event at Jumbolair a local fly in community. Valae parking, open bar, excellent hors d'oeuvres, nice salad, lobster dish, Filet Mignon followed by a molton chocolate mini Bundt cake topped with raspberry. Done by Rondo or MOJO's. Music playing in the background by Steniford, DJ for dancing. People attending were saying it was well worth \$150 per plate to go in support for Chris Blair. At the same event they raised \$3,000 for Breast Cancer Awareness with a silent auction. Chris Blair is the only candidate to raise funds for charities while having a fund raiser running for office.

Dennis Baxely spoke about Chris Blair in front over nearly 300 people last week at the Chris Blair for Sheriff Fund Raiser, said he was proud to attend and show support for someone who cares. Firefighter for the City and the County Firefighters each presented Chris Blair with \$500 each and said there was more to come. I sat at a table where a retired police officer who explained that he had worked under 4 sheriffs before he retired. He endorses Blair for Sheriff.

I hope next year we can take a good look at the WILA Program where the current Marion County Sheriff allows ten year olds and up together with seventeen year olds to work at the prison work farm. What an opportunity for the older ones to recruit the younger ones. Many of the older WILA attendees are not criminals, but ninty-nine percent of the ten year olds are not.

I ran into a well known business lady who said her daughter attended the WILA program for an offense done at school. We have to stop the schools' resource officers from sending students into the WILA program for things done at school. School offenses need to be dealt with at school by the school. We are getting jail happy with our children.

A few years ago the program age group was eight year olds to seventeen year olds in the program. Sheriff Dean and I had a meeting about this and he was nice enough to agree to take the eight and nine year olds out of the prison work program and he stated that no prisoners at all would be at the Prison Farm on the Saturdays while the children were there. Now it's time to take the age group ten thru twelve out, and just make it teenagers and never for school offenses.

## Ocala Elks Gear up for "Army of Hope" Saturday, March 3rd

Final plans are being made for the 2nd Annual Army of Hope, an afternoon of fun for the while family on Saturday, March 3. Starting at 12 Noon, the day's events planned for out front of the Elks lodge on Northeast 25th Avenue include: Clowns, face-painting, child ID program, bouncy house, static military and law enforcement displays, plus two special highlights: A warbird flyover and

a huge display of vintage Corvettes. Admission is \$10 for adults, \$5 for kids under 10 and that includes a big lunch and drink courtesy of US Food. In addition, there are lots of door prizes and raffles, plus music, throughout the afternoon. Proceeds from the event go to needy military families in our area. (For more info, contact Mike Mongeluzzo at 636-4127.)

**"SECOND AMENDMENT SUNDAY"**  
**CONCEALED CARRY FIREARMS CLASS FOR CIVILIANS AND RETIRED OFFICERS**  
 Sponsored By R&D Tactical • March 25, 2012  
**Fundraiser to Elect Chris Blair for Sheriff of Marion County**



St. Mark's United Methodist Church • 1839 NE 8th Ave/Road, Ocala

**Civilians \$100 gets you:**

- Class for State of Florida gun permit
- Photo for application
- Notary Service provided
- Dinner

**Retired Law Enforcement**

- Certification for HR 218 - \$50

**Two Sessions, Pick One:**  
 1st Session 12:30pm at St. Marks  
 2nd Session 4:00pm at St. Marks

**Pre-register with any of the following:**  
[www.chrisblair4sheriff.com](http://www.chrisblair4sheriff.com)  
 R&D Tactical  
 Tommy Bibb 598-1663  
 Fred LaTorre 572-1217  
 Chris Blair 229-2085

\* Fees Must Be Paid in Advance of Class

Paid for and Authorized by Chris Blair, Republican Chris Blair for Sheriff, Marion County Florida

## Your opinion matters to us!

Let us know what you think about the Seniors Voice and Downtown. 804-1223



## Ocala DownTown

A Product of TomL Publishing LLC  
 P.O Box 1698, Dunnellon FL 34430

<p><b>Publisher</b>                  Tom Loury                  352-804-1223                  Fax: 352-489-7208                  TLoury@earthlink.net</p>	<p><b>General Manager</b>                  Wendy Netherclift                  Ocala Office 352-895-4168</p>
---	---

www.OCALADOWNTOWN.com and Ocala DownTown, its owners, editors and publishers are not responsible or liable for typographical errors, misinformation, misprints, and the like, unintentionally contained herein. All letters received become the property of www.OCALADOWNTOWN.com and may be reproduced without further consent. All above are independent contractors.

LETTERS TO THE EDITOR reflect the opinion of the writer, not the opinion of this newspaper. Letters should be typed, double spaced, and limited to 300 words or less. Letters must have the written signature of the author and the current telephone number. Signatures for publication may be withheld on request. Letters that are libelous, or considered in poor taste, or are personal in nature, will not be published.

COPYRIGHT NOTICE 1996. The contents of this publication are protected by the copyright laws of the United States of America. Any reproduction in part or in whole is forbidden without the express written consent of the publisher. Violators can and will be prosecuted to the fullest extent of the law.

COLUMNS are the opinions of the writer and do not necessarily reflect the opinion of the SENIORS VOICE, and are chosen to represent a diversity of views on local issues. The editorial on page 4 is the opinion of the Publisher only.



**Information Technology Made Reliable**

• Laptop Repairs	• Network Installation
• Desktop Repairs	• Network Security
• Printer Repairs	• Data Recovery

Wayne Hohl, CNE **352-746-6951** Licensed  
 352-270-1008 Cell Certified  
[whohl@techsupportservices.biz](mailto:whohl@techsupportservices.biz) Insured

## Newspaper Deadlines

*Editorial & Ad Copy for April*

**Seniors Voice & Ocala DownTown**  
 12am, March 21st

**Lady Lake Magazine & Village Spectator**  
 12am, March 28th

ONE PERSON'S OPINION

LETTERS TO THE EDITOR

Dear Mr. Loury

It is a given that liberals listen to nothing that conservatives have to say, even pooh, pooh it all.

But, Why? Won't liberals listen to Globalists, Greenies, Socialists, Marxists, and Jihadists when they show, and tell what their intentions are?

A story on the news this very week, showed how they mean to winnow the global population. According to these groups the global population is 8 billion souls, 71/2 billion too many. The earth can only sustain

5 hundred million. They plan to kill off

all the excess billions using vaccines, or beheadings by the Jihadists. Take your pick.

Why don't liberals get it? What will it take to shake liberals from their apathy, and even some conservatives? These people are playing for real. This is not a joke to them. It is serious business.

When they come to take you to a resettlement camp, it will be too late.

Already Medicare is experiencing rationing. Seriously ill patients over 70 are receiving palliative care, only. I have heard of several cases. Is the acceptable to you?

What will it take to get you interested

in paying attention to the issues in the upcoming election? How much can be spent before the roof comes tumbling down. Most young people do not remember the Great Depression. Some of us old folks do. Was not pretty. And the decades of struggle afterwards. Life was not always this good. We worked our tails off getting to this point. Now, you want to throw it all away. How dumb.

The good life is not easy, or free. Corrections are necessary, but you had better be certain they are the right ones. Our leaders {HA,HA} have not been good stewards.

If you truly want to be informed, may I suggest you read: The Creature from Jekyll Island. Tells where all the mischief is perpetrated, and The Marketing of Evil. If you

eyes do not bug out, and your conscience do a summersault after reading these two books, then there truly is no hope for you.

There is mischief at the top, and the bottom. The middle pays for both.

I am tired of the whole thing, and I really do not want to take it, any more, or pay any more taxes. Enough is enough.

D.I. L.

\*\*\*\*\*

Dear Editor,

There is an old saying about not being able to "see the forest for the trees." And, from what I saw while driving on Highway 27 at Morse Avenue on January 29, I can't think of a more suitable saying, despite it being more easily said than done. I am truly shocked and livid to see what appears to be strategically planted trees designed to obstruct a billboard for potentially life-saving medical services provided at InterCommunity Cancer Centers. My question to the person or persons responsible is why? Is it a practical joke? Is it a long-standing grudge against someone or something? It amazes me to think that whoever or whatever is responsible for this careless and insensitive act is sitting somewhere with a smile on their face, telling friends that they showed those "expletives" whose boss.

Over the years, I have seen loved ones victimized by this terrible disease because they lacked knowledge and access to nearby advanced screenings and treatments available at local cancer centers such as InterCommunity. These types of devastating memories make this egregious display even more impossible to tolerate. As members of this caring community, it is our responsibility to collectively voice our displeasure and demand that wrong be righted.

My solution is a simple one. I am asking whomever is responsible to begin a civil and constructive dialogue with whoever they are disgruntled with so that there can be a mutually beneficial resolution. A simple phone call, letter or email can help end this senseless demonstration. And, if for one moment they can take a step back and think outside of their own selfish existence, perhaps they can help a neighbor or two by helping them read the signs.

In this day and age, you would think as a society we would have learned to more effectively negotiate such disagreements. However, this senseless stunt reminds me only too well how far we have to yet come. Hopefully, this letter will help us all take another step in the right direction.

Sincerely,

M. T.

\*\*\*\*\*

Dear Mr. Loury:

Can we all agree that Hitler, Stalin, Mao Fidel, etc. were evil, and wrought untold misery during their sojourn on this earth.

Why, then are some so blind to the new crop of misery merchants of today, hell-bent on another wave of misery, and killing? It is about to happen again, and the useful idiots are yelling "BRING IT ON".

There so much literature out there spelling out the shenanigans of the Power Lusters, and Useful Idiots in each generation. We are no exception. We have our Power Lusters, and Useful Idiots. Are they going to

(Continued on Page 6)



**HEALTH & WELLNESS**  
EXPOSITION  
**OCALA / MARION**  
CHAMBER OF COMMERCE

**ONE DAY ONLY!**

Saturday, March 10th  
Paddock Mall  
10:00 am—4:00 pm

Presented by



**OCALA HEALTH SYSTEM**

Areas of focus for the EXPO include...

- Health & wellness providers*
- Nutritionists*
- Recreation & fitness providers*
- Health food suppliers*
- Insurance carriers*
- Assisted living facilities*
- Home health assistance*
- Alternative medical providers*

All providers of goods and services that improve the health and wellness of our community.

**HURRY!**  
**Reserve your booth today\*!**

With over 120 exhibitors and thousands of mall patrons expected to attend this annual event, the EXPO is an excellent way to showcase YOUR business and gain referrals!



310 SE 3rd Street | Ocala, FL 34471  
352-629-8051 | Fax 352-629-7651

\* Booths are awarded on a first-come first-received basis of registration & payment (waiting lists available) For complete exhibitor guide and registration, go to [www.OcalaCC.com](http://www.OcalaCC.com) to download your copy, or contact **Felecia Prather, Director of Corporate Relations, at 352-629-8051 ext. 106 or [felecia@ocalacc.com](mailto:felecia@ocalacc.com)**

ONE PERSON'S OPINION  
**LETTERS TO THE EDITOR**

**(Continued from Page 5)**  
 get away with it again, or, will it stop with this generation?

From the looks of things, this will NOT be the SMART generation who puts a stop to mayhem, and slaughter. Humans seem to be oblivious to EVIL.

How many times do we have to see plies of skulls, or bodies to learn what that means? This is acceptable human behavior?

Is that what you want? Fighting over a few trillion dollars is not worth one ounce

of freedom. Humans have striven for centuries for freedom, and there are those who would sell it for a few paltry dollars. How short sighted.

Who would you rather believe, and put your trust in: GOD or Power Lusters, or, Useful Idiots??

If you choose God, He might just need a little help from each one of us.

We need to: Just say NO to Evil.

D.I. L.

# BUY LOCAL

## Large Hall Rental

Available for Special Events

Full Kitchen • Air Conditioned • Tables & Chairs Available

Suitable for:

- Dances
- Birthday Parties
- Anniversaries
- Receptions



**352-347-4470**

Located 2 Miles West of Belleview on Highway 484

## Firefighters Respond to Explosion at Local Farm

MARION COUNTY, Fla. (Feb. 10, 2012) – More than 20 Marion County Fire Rescue firefighters and personnel from six MCFR stations responded to an explosion this morning at Ocala-area Kesmarc Farm and Equine Rehabilitation Center (15530 W. Highway 326).

On scene, responders confirmed that a 28-year-old woman was dead; a 33-year-old female trauma patient was airlifted to Shands at the University of Florida with serious injuries. Five MCFR Engines, two of which were special operations teams (Haz-Mat and Technical Rescue), responded to the incident and were joined by two rescues (ambulances) and a tanker.

The explosion occurred at a large building containing stables and involved a hyperbaric aquatic chamber, a cylindrical machine about 12 feet in diameter that utilizes com-

pressed oxygen to help rehabilitate horses. The horse inside the chamber at the time of the explosion also died.

The explosion did not result in a working fire but caused partial collapse of the building's southwest corner, where the hyperbaric aquatic chamber was located. The approximately 30 other horses housed in the building at the time of the explosion were not injured. Horse owners were notified of the incident and have evacuated their animals from the building, which has been deemed unsafe.

The Marion County Sheriff's Office, OSHA (Occupational Safety & Health Administration), Marion County Medical Examiner's Office and Florida State Fire Marshal's Office were also on scene. The Florida State Fire Marshal's Office is investigating the cause of the explosion.

## Air Medical Transport to be Based in Marion County

Marion County Fire Rescue is excited to announce a new medical-flight partnership with transport provider, Med-Trans, and Shands at the University of Florida, our closest Level I Trauma Center. The partnership will provide citizens of Marion County with enhanced healthcare access at minimal cost to taxpayers through the ShandsCair 2 program, which will have a soft opening on Feb. 15 and will be based out of MCFR's

Spruce Creek Station 30, 7900 SE 135th St., Summerfield.

An official ribbon cutting ceremony is planned for early April after the program's permanent helicopter arrives. ShandsCair 2 will operate with a temporary aircraft while the permanent helicopter is being painted. The pilot program will run for 22 months to determine economic feasibility, with an option to extend for another 24 months.



### 2012 PARADE OF SENIOR SERVICES

Friday, March 16, 2012 \* CCF Ewers Century Center  
 10:00AM - 3:00PM

OVER 50 AGENCIES REPRESENTED TO PROVIDE LITERATURE, ANSWER QUESTIONS AND OFFER SERVICES TO SENIOR CITIZENS OF MARION COUNTY, TAX AID, HEALTH CARE, RECREATION, CITY, COUNTY, STATE & FEDERAL GOVERNMENT SERVICES, SOCIAL SERVICES, AND MUCH MORE!  
 FOR INFORMATION CALL 352-629-8545

SPONSORED BY:



# SENIOR SCHEDULE OF EVENTS

## EVENTS FOR MARCH 2012 INCOME TAX HELP

When: Mondays, Wednesdays and Fridays thru April 16th, 2012

Time: 9:00 AM to 12:30 PM

Cost: Free

Where: 8th Avenue Adult Recreation Center, 830 NE 8th Ave., Ocala

What: AARP Tax Help is available on these days. Please bring all your necessary documents including SS Card, W-2 Forms, 1099 Forms, last year's taxes, driver's license and some other form of ID.

## INCOME TAX HELP @ BGW SENIOR RECREATION CENTER

When: Tuesdays ONLY March 6th thru April 10th, 2012

Time: 9:00 AM to 12:00 Noon

Cost: Free

Where: Barbara G. Washington Adult Recreation Center, 210 NW 12th Ave., Ocala

What: AARP Tax Help is available on Tuesdays only. Please bring all your necessary documents including SS Card, W-2 Forms, 1099 Forms, last year's taxes, driver's license and some other form of ID.

## SENIOR TRIP – STRAWBERRY FESTIVAL

When: Thursday, March 8th, 2012

Where: Plant City, Florida

Time: Leave 8th Ave. Adult Recreation Center at 8:30 AM Return 7:30 PM.

Cost: \$35.00 per person

What: Each spring, the Florida Strawberry Festival rolls out the red carpet to welcome you to the enchanting festival with world class live entertainment, festival dances, talents, arts and crafts and much more. And of course the luscious strawberry shortcake, ice cream, chocolate covered strawberries and more. Limited to 45 preregistered participants. For more information, call Grace at 629-8357.

## PARADE OF SENIOR SERVICES

When: Friday, March 16, 2012

Where: CCF Ewers Century Center, State Road 200, Ocala

Time: 10:00 AM to 3:00 PM

Cost: Free

What: Over 60 government, non-profit and public service agencies will be represented to provide literature, answer questions and offer services to senior citizens of Marion County. Tax Aid, Health care, Recreation, City, County, State and Federal Government Services, Social Services and much more! For more details about this event, please call Diane at 401-3916.

## MOVIES

TUESDAY AND WEDNESDAY, MARCH 13TH & 14TH AT 1:30 PM

"DOLPHIN TALE" STARRING: HARRY CONNICK, JR., ASHLEY JUDD, KRIS KRISTOFERSON, NATHAN GANBLE, MORGAN FREEMAN AND OTHERS. Inspired by the incredible true story of Winter, a dolphin who was rescued off the Florida

coast after her tail became caught in a crab trap, details the unique bond between an injured dolphin and a young boy. When Winter loses her tail in a tragic accident, her young friend convinces the locals to build her a prosthetic replacement, inspiring hope and courage in people with disabilities across the globe. RATED PG

TUESDAY AND WEDNESDAY, MARCH 27TH & 28TH AT 1:30 PM

"LARRY CROWNE" STARRING: TOM HANKS, JULIS ROBERTS, BRYAN CRANSTON, GEORGE TAKEI, PAM GRIER AND OTHERS. An amiable Navy veteran loses his comfortable job at a big-box store, enrolls in a community college, and seeks to reinvent himself while falling for his apathetic speech professor in this romantic comedy. Larry Crowne (Hanks) has just been down-sized the unfortunate victim of a failing economy. Larry decides that his best option to avoid becoming idle is to take some classes at his local community college. In no time, Larry befriends a colorful group of moped obsessed outcasts on the road to self-improvement, and begins working to sharpen his communication skills in a public teaching class taught by Mercedes Tainot (Roberts). Disenchanted with her job and bored in her marriage, Mercedes has begun to feel as if she's missing out on life. But whenever she's with Larry, all of her problems seem to disappear. Now, just as Larry and Mercedes are feeling as if their lives have been put on hold, they both discover that fate sometimes has a way of giving us exactly what we need at precisely the right

(Continued on Page 9)

## Top Reasons to Consider First Presbyterian Church of Ocala

- You can save the Earth by saving on gas because we're close by!
- We offer 1 Contemporary and 2 Traditional Sunday services year-round comprised of friendly and down to earth people.
- We offer 24 Bible Study groups led by both women and men.
- We've been a mission oriented church for 155 years and nearly 20% of our budget leaves the church to help others.
- We won't make you introduce yourself or wear a fake flower, you may even just run into a friend from out of state as our members are diverse and from all across the country!
- No "Holier than Thou" Attitudes Here!
- Lots of children, youth and adults!



### Welcome to First Presbyterian Church!

Sunday Services at 8:15, 9:30, & 11:00 am  
511 SE 3rd St in the Historic District  
629-7561  
www.fpocala.org

Free "Angelically Sweet" Gift for all newcomers

## CERTIFIED MEDICAL SYSTEMS



### Marion County's Largest Inventory New and Used

- Auto Lifts installed and serviced
- 16 years in the mobility industry
- Ocala's largest inventory
- Factory trained sales and service personnel
- Satisfaction guaranteed
- Medicare, insurance & third party billing



**At Certified Medical Systems, Tom the Boss says:**  
*"You are not just a customer, you're a friend for life"*

**237-4146**

Toll Free  
1-877-322-0873

6225 SW Hwy 200 Ocala, FL • Across from Jasmine Square

## Patrick Killian

### Computer Training and Support



Patrick Killian

Certified Technician



As an independent IT professional I am fully aware that each client is different and the needs of each client are just as unique. That is why I offer personalized services. My services are customized to meet your personality, lifestyle, standards, and budget. Whether you are someone who needs a little help learning a new program or you are a business with more complex IT projects, I will design a plan that meets your needs.

- PC and Laptop Repair
- Virus and Spyware Removal
- Wired and Wireless Networks
- Private Instruction
  - MS Windows
  - MS Office
  - QuickBooks & Quicken
  - Email and Internet

(352) 425-7935

Call or Email for appointment

pkillian.pk@gmail.com

References Provided

—Governor Rick Scott —

## FROM THE GOVERNOR'S DESK

Governor Rick Scott Appoints Winston Bradley as Alachua County Commissioner  
Tallahassee, Fla. – Today, Governor Rick Scott announced the appointment of Winston J. Bradley to the Alachua County Board of County Commissioners.

Bradley, 71, of Gainesville, has been the pastor of Kingdom Life Ministries since 2005. He previously was an agency owner with Allstate Insurance Company from 1978 to 2000. He has served on the Santa Fe College Board of Trustees since 1998 and the Santa Fe College Endowment Board

since 1999. He is also a past member of the Gainesville Housing Authority Board and the Eighth Judicial Circuit Grievance Committee. Bradley served in the United States Air Force from 1964 to 1968 and received a bachelor's degree from Bethune-Cookman College.

Bradley will fill the vacancy created by the resignation of Rodney Long and will serve until November 19, 2012.

\*\*\*\*

Governor Rick Scott Reappoints Onelia Lage to Board of Medicine

Tallahassee, Fla. – Today, Governor Rick Scott announced the reappointment of Dr. Onelia G. Lage to the Board of Medicine.

Dr. Lage, 50, of Coral Gables, has been a pediatrician at the University of Miami Miller School of Medicine since 1992. She serves on the board of directors for the National Hispanic Medical Association and is a member of the United States Department of Health and Human Services' Minority Women's Health Panel of Experts. Born in Havana, Cuba, Dr. Lage received an associate degree from Miami Dade College and a medical degree from Universidad Central del Este. She is reappointed for a term beginning February 17, 2012, and ending October 31, 2014.

The appointment is subject to confirmation by the Florida Senate.

\*\*\*\*

Governor Scott Appoints Two to South Lake County Hospital District Board of Trustees

Tallahassee, Fla. – Today, Governor Rick Scott announced the reappointment of Linda J. Smith and the appointment of Dr. Tomas Ballesteros to the South Lake County Hospital District Board of Trustees.

Smith, 62, of Clermont, has been an independent agent for Equity Inc. since 2006. Previously, she was the vice president of Roche Laboratories from 1975 to 2001. Smith has served on the board of directors for Kiwanis of South Lake and Building Blocks for Disabled Adults. She is the co-

founder of New Beginnings of Lake County, a non-profit organization and served as a Vice President on the board of trustees of South Lake Hospital from 2008 until 2011. Smith received degrees from Miami-Dade College and Hondros College. She is reappointed for a term beginning February 10, 2012, and ending July 5, 2015.

Ballesteros, 61, of Clermont, has been a self-employed dentist since 1995. Previously, he was a dentist with the United States Air Force for 20 years and he was a member of the South Lake District Hospital Board from 2001 to 2009. For the past 16 years, Ballesteros has served in several leadership roles within the Lake County Dental Society. He received a bachelor's degree from Catholic University of Puerto Rico and a Doctor of Dental Medicine from the University of Puerto Rico. Ballesteros also completed a Certificate in Comprehensive Dentistry at Willford Hall United States Air Force Medical Center. He succeeds Kasey C. Kesselring and is appointed for a term beginning February 10, 2012, and ending July 7, 2015.

The appointments are subject to confirmation by the Florida Senate.

\*\*\*\*

Governor Scott's Bill Action Today, February, 16, 2012

Governor Rick Scott signed the following bills today, February, 16, 2012:

- SB 634 Spaceport Facilities
- CS1 SB 1174 Establishing the Con-

(Continued on Page 10)

**WE'VE MOVED**

# OSWALD ALUMINUM

*New Address*

## 7821 West Highway 40

## 622-5748

**RETAIL STORE OPEN Mon - Fri**  
**FREE ESTIMATES For Installation**  
[OSWALDALUMINUM.COM](http://OSWALDALUMINUM.COM)

# Marion County Referral Network

*A premier group of business professionals with the sole purpose of referring business by building strong relationships and trust amongst its members in order for each member to continue to run a profitable, professional business.*

**AMY PHILLIPS KEEL**  
*Artist / Designer*

*Fine Art  
Graphic Design  
Print Media  
Web Design*

**(352) 843-2435**

[amykeel@akeeldesigns.com](mailto:amykeel@akeeldesigns.com)  
[www.akeeldesigns.com](http://www.akeeldesigns.com)

★ ★ Elect Chris ★ ★

## Blair Sheriff

(352) 229-2085  
[Chris@ChrisBlair4Sheriff.com](mailto:Chris@ChrisBlair4Sheriff.com)  
[www.ChrisBlair4Sheriff.com](http://www.ChrisBlair4Sheriff.com)

DANIEL L. HIGHTOWER

# LAWYER

352-629-7777

*Fighting for Accident Victim Justice Since 1976.*

CAR ACCIDENTS • WRONGFUL DEATH • PERSONAL INJURY  
WORK ACCIDENTS • SOCIAL SECURITY • BANKRUPTCY  
[www.danhightower.com](http://www.danhightower.com)

**Dr. Bill Stankosky**  
Chiropractic Physician

230 SW 3rd Ave  
Ocala, Florida 34471

Office: 352.629.6794  
Fax: 352.629.1132  
[Dr\\_Bill@hotmail.com](mailto:Dr_Bill@hotmail.com)

*Earl*

# Arnett

**For County Commissioner**

**District 5**

POLITICAL ADVERTISEMENT PAID FOR AND APPROVED BY EARL ARNETT REPUBLICAN FOR COUNTY COMMISSIONER DISTRICT 5

*The Cherished Bride*  
Bridal & Fashion • Tuxedo • Events  
Spa & Wedding Day Services

352-390-6801

[www.thecherishedbride.com](http://www.thecherishedbride.com)  
Manor Located  
725 E Silver Springs Blvd, Ocala, FL 34470

**SNAPPY TAX**  
*"We Make Tax Time A Snap"*

**Don't be a BLOCKHEAD**

**(855) SNAPPY TAX**  
[www.snappytax.com](http://www.snappytax.com)

**The Copy Shoppe**  
*A Full Service Print & Graphics Center*

2201 SW College Rd. Unit # 1 • Ocala, FL 34471

**Ray Arriaga**

352-351-1163      352-351-1350 Fax

E-mail: [thecopyshoppeocala@yahoo.com](mailto:thecopyshoppeocala@yahoo.com)

## Diamonds

*Ask The Lady That Owns One*  
*From*

### ART MEADOWS JEWELRY

*Custom Jewelry & Repairs*

2206 E Silver Springs Blvd. • Ocala, FL      352-620-0200



# The Yesteryears

By Charlotte Poss

Time has a way of slipping by real fast. When I was old enough to vote for the first time IKE was running for President of the United States. No one was on the T.V. all day and all night asking for your vote and telling the voters how rotten the other person is or was. There were no telemarketers calling you all the time and the average person working for a living could run for office without putting out millions of dollars. Oh, what a blessing it would be to go back to those days.

Believe it or not there was separation of church and state/government. Preachers did not run for office and politicians did not

preach in church. How things have changed. Now we have people asking to take God off our money, off court house walls, and Lord forbid if a child would want to pray in school. Could something as simple as that brings the walls falling down.

It did not make any difference if a child went to public school or parochial school, they all got along together. Today, our schools are having a hard time getting the supplies that they need for everyday learning. If it were not for the teachers and some very giving people what would the children do?


I remember a thing called recess. A time from class room work and a break in sched-

ule. Many brought a pocket full of marbles, that was a recess activity that all children played. Recess is a thing of the past and it is iPads, Cell Phones, guns and knives that are brought to school. Things have changed. If someone got rough on the bus, it was pulled over and did not go any where until order was restored or the bus driver would pull up to any squad car or police station if needed. Could there be something in the water? I do not want to believe that the children of today are any different than the children of yesterday. It all boils done to the overabundance of T.V. commercials and the Bull that the politicians try to feed us. When children see adults who are supposed to be in power or want to be in power lie and fight dirty what is this telling our children? We tell them not to lie, be honest and work hard and you will get the finer things in life. Our role models have changed. Our children hear adults talking about racial hate, religious differences, gay people and listen to all the lies that are

thrown at them in the form of television advertising. And, we ask what has gone wrong? What have, we done wrong? We are not giving good examples.

In place of continually having all these different political parties, why not just one, and the person with the most votes wins. Get the Electoral College disband. This should have been done away with years ago. The purpose of the Electoral College was to keep the people informed of who won. With today's technology, the Electoral College is no longer needed.

We have elected officials and want to be millionaire officials paying little to no taxes but want to cut the wages of the person serving them their lunch. This is a great lesson to our youth who may one day have to depend on one of these jobs to pay for their education. Let us give the United States back to the people and take the dollars back that they are spending on these hate ads that we have to put up with on a daily basis.



*If you would like to increase your business ...*

**Come Have Breakfast On Us**

Wednesday at 7:00 am  
 Ocala Elks Lodge • 702 N.E. 25th Ave  
**Phone 804-1223**  
[www.ocalabusinessleaders.com](http://www.ocalabusinessleaders.com)

*Committed to integrity and excellence.  
 Connecting Ocala Business Leaders with everyone we meet.*

## SENIOR SCHEDULE OF EVENTS

(Continued from Page 7)

time. RATED PG13 COMING IN APRIL  
 "FOOTLOOSE"  
 "MONEYBALL"

The latest videos are shown two times per

month. Reservations must be made at the 8th Ave. Senior Center. Seating is limited to 8 persons per video. Please call the Center at 628-8545 to reserve your seat.



### The Villages Eye Institute

Oakland Hills Professional Center, Suite 503  
 13940 US 441  
 (Lady Lake) The Villages, FL 32159  
**352-397-2821**

## Crystalens

# \$200 OFF

\* Call for a Consult Today



Dr. Perich



Florence Henderson, Crystalens® patient



The Membership Trading Community  
 800.277.9722  
[www.itex.com](http://www.itex.com)



Highest Quality in Concrete & Landscape Services  
*Free Estimates!*

### Here's what we offer:

- Landscape Design
- Hacienda Walls
- Flagstone Walls
- Custom Decorative Curbing
- Mulching, Rock & Stone available
- No Job Too Small
- Free Estimates



The Membership Trading Community  
 800.277.9722  
[www.itex.com](http://www.itex.com)

10% with mention of this ad

# 352-653-0040

Governor Rick Scott

## FROM THE GOVERNOR'S DESK

(Continued from Page 8)

gressional Districts of the State

HB 7051 Rules Establishing Numeric Nutrient Criteria

If you have any questions or need additional information, please call Governor Scott's press office at (850) 717-9282.

\*\*\*\*

Statement from Governor Rick Scott Regarding Sheriff's Deputy David White

Tallahassee, Fla. – Recently, Sheriff's Deputy David White gave the ultimate sacrifice. My heart goes out to Deputy White's wife and two young children, and to his ex-

tended family in the Clay County Sheriff's Office. This devastating news is another stark reminder that our law enforcement officers risk their lives and safety every day to protect us. May we always show the honor and gratitude these brave men and women deserve.

\*\*\*\*

STATEMENT FROM GOVERNOR RICK SCOTT REGARDING TODAY'S SIGNING OF THE NUMERIC NUTRIENT STANDARDS RATIFICATION BILL

"Today, I signed legislation paving the way for Florida to present the state's rules

for numeric nutrient standards in Florida's water bodies to the U.S. Environmental Protection Agency (EPA) for final approval. The future of our state's environment and economy depend on the health of our water bodies, and the state's rules will ensure the protection of both.

"The state's rules are scientifically sound, protect the environment and avoid unnecessary costs for Florida's households and businesses. Once approved by EPA, they will further enhance the State's nationally recognized nutrient control programs."

\*\*\*\*

Governor Rick Scott Announces Plan to Expand Port of Tampa Petroleum Facility

\$45-million expansion project will modernize Florida's infrastructure and help meet region's energy needs

Tampa, Fla. – While speaking at the Governor's Luncheon at the Florida State Fair today, Governor Rick Scott announced a bold new initiative aimed at upgrading and modernizing Tampa's port system. The 50-50 partnership between the State of Florida and the Port of Tampa will enable the port to handle up to five million more tons of pe-

troleum products a year after its completion in 2014. The port estimates the project will create over 641 construction jobs, as well as more than 8,200 direct and indirect jobs over the next 30 years.

The Port of Tampa is an energy gateway for West and Central Florida and currently handles over seven million tons of petroleum products a year. With 45-year-old petroleum unloading facilities in need of updating, the project will ensure the port will continue to meet the region's need for gasoline, diesel and jet fuels.

Governor Scott directed the Florida Department of Transportation to invest \$22.5 million in the new facility. The \$45-million expansion project will provide two new petroleum berths and rehabilitate the petroleum terminal infrastructure.

"By prioritizing vital transportation projects, we can make Florida a better place for businesses to grow and expand and help get Floridians back to work," Governor Scott said. "This project will enhance Florida's infrastructure and get our state ready for a new generation of international trade with the Caribbean, South America and beyond."



**LOVED AGAIN  
CONSIGNMENTS**  
**Guys & Gals**

**Vintage Hats, Wedding Dresses,  
Jewelry, Designer Purses, Shoes**  
**SUPER SALES Weekly**  
**620-2992**

MON-FRI 10-6  
SAT 10-5

2005 E Silver Springs Blvd.  
Staples Plaza Inside Carriage Trade  
www.Lovedagainconsignments.com

Vicki Morin  
Owner




## WANTED:

**Local Investor Needs Partner(S) For Big Budget Hollywood Movie. We Have 1.5m Currently Secured And Seek Another 500k. This Could Come From One Person Or Up To 5 Different People.**

**If You Ever Had Dreams About Being A Hollywood Producer Or Acting In A Movie Like We Do, Then Now Is Your Chance. Due To Our Connections In Hollywood We Have A Unique Opportunity To Be Involved In This Upcoming Project And Have Access To A Multitude Of Big Name Stars. When Else Will You Ever Be Able To Rub Elbows With Hollywood's Elite, Be In A Movie, Or Even Be On The Set While The Movie Is Being Filmed?**

**In Addition To All That You Will Own 50% Of All Domestic Rights. You May Only Have One Chance In This Life To Do Something Absolutely Amazing, Don't Let It Pass You By. Come Chase Dreams With Us.**

**Call Gabe**  
At  
**(352) 239-3311**




**Ocala  
MARION COUNTY  
CHAMBER OF COMMERCE**

**Our Mission:**  
**Improving the business climate,  
economy and quality of life in  
Ocala and Marion County**

**Who We Are:**  
**A critical mass of over 2,300  
community minded business  
professionals**

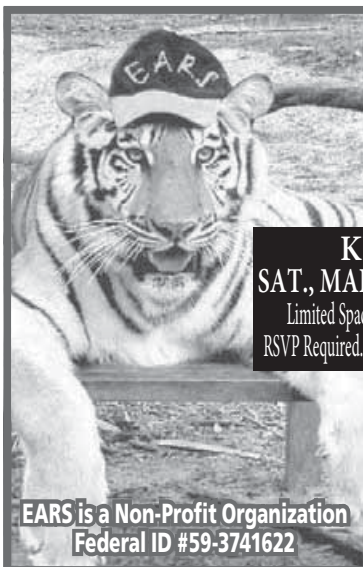
**Our Credentials:**




**We invite you to get acquainted at an upcoming  
"Chamber 101"  
New & Prospective Member Orientation**

For more information, please contact  
Jillienne Allgauer at 352-629-8051  
or via email at [jillienne@ocalacc.com](mailto:jillienne@ocalacc.com)

Ocala/Marion County Chamber of Commerce  
310 SE 3rd Street | Ocala, FL 34471  
[www.ocalacc.com](http://www.ocalacc.com)



## EARS Endangered Animal Rescue Sanctuary

Located in Citra, just north of Ocala, and spans over 30 acres, EARS exists to provide dignified living for endangered lions, tigers, bears and more!

**KIDS TOUR**  
SAT., MARCH 3 • 12:30-2:30PM  
Limited Space • Registration begins at 12:30.  
RSVP Required. Cost: 2-10yrs. \$10 • Over 10yrs \$15

**LARGE GROUP TOUR**  
SAT., MARCH 17 • 12:30-2:30PM  
Registration begins at 12:30. RSVP Required.  
Cost: \$15 (Must be 10yrs. or older to attend this tour)

Call Steffie at 407-647-6328 • SKB255@aol.com  
Donations needed and are tax deductible!  
P.O. Box 306, Citra, Florida 32113  
or visit [www.Earsinc.net](http://www.Earsinc.net)

EARS is a Non-Profit Organization  
Federal ID #59-3741622

## Fire Chaplain Anthony Palmese

It is with deep regret that Ocala Fire Rescue announces the death of Reverend Anthony Palmese. Father Anthony, a catholic priest, was appointed as a chaplain for the fire department in 2007. He passed away during the early morning hours of February 2nd while in the hospital.

For the past six years he served Ocala firefighters and was an active member on the critical incident stress management team serving as vice president. Father Anthony was 71 years old.



# Spring Expo

**Business, Home & Garden Show**

Food Prizes  
Music Mini-workshops

April 21 - 22, 2012  
9 am - 4 pm daily  
Pioneer Garden Club  
4331 East Silver Springs Blvd  
(Ocala Civic Theatre  
& Appleton Museum Complex)  
**352-620-0032**  
To sign up for workshops  
or more info go to  
[www.MainStreetChamberMarion.org](http://www.MainStreetChamberMarion.org)

**March 11th  
Daylight  
Savings  
Time**

**THE SOURCE**  
Your Source for News, Talk, Music & More!

**1370 AM** **96.7 FM**

[www.woca.com](http://www.woca.com)  
Listen Live!  
Watch Live

**AM Ocala Live**

**Your NEW Source to Save \$\$\$  
With Daily Deals @**  
**[WWW.YOURSOURCEDEALS.COM](http://www.YOURSOURCEDEALS.COM)**

## Black Bear Golf Club

Orlando (Eustis), Florida (Business Wire)- Black Bear Club LLC, operator of Black Bear Golf Club today announced results for its 2011 fiscal year which ended December 31, 2011. The Company posted record growth with revenue increasing 40% over the same period in 2010. Net Profit margins came in at 14.5%. The company posted a cash vs. capital invested return of 15%.

The Club experienced healthy revenue growth in all areas of its operations. Green fee play increased 32%; Membership revenue grew 45% and F&B revenue increased 45% over 2010.

“We are extremely pleased with our results for 2011. The 2011 year was a transition year for Black Bear marking the first full year of operations under new ownership and management. We purchased Black Bear in late October 2010 and since that date we have made a number of changes working steadily to restore the course to its former premier status and repositioned the brand to reflect the current state of the market. We still have considerable room for growth and will continue to reinvest in this most unique of assets,” said Richard Horton, Managing Partner.

Black Bear’s owners are currently looking for additional acquisition targets to add to their success. “Now that we have proven our business model we are actively looking to expand our portfolio of courses in the semi-private and green fee play sector,” said Horton.

Black Bear achieved these very strong results in a year in which the golf industry in the US continued to report shrinking revenue. The National Golf Association reported that golf course revenue across the US declined 2.5% to the end of December 2011 while Florida as a whole was a bit of a bright spot with growth of 4.0% in the same period.

Black Bear Club LLC is a privately held company and therefore does not disclose complete financial results. The company operates the Black Bear Golf Club, Eustis, Florida, a PB Dye designed Championship in-land links course stretching over 7,000 yards. Over the last year the Club has hosted a number of professional and significant amateur golf tournaments. In December 2011 Black Bear was awarded the Best Golf Course Award 2011 for Lake and Sumter Counties.

## Have a Question About Vitamins? Ask Your Pharmacist

(Family Features) When it comes to understanding which vitamins are right for you, it can be tricky to know what your body needs. For some, a multivitamin can help fill in gaps in nutrition, for others, extra calcium and vitamin D are needed to help keep bones strong and healthy.

While most Americans will turn to their local pharmacist with questions concerning prescription medicines, few ask about which vitamins and supplements are right for them.

In fact, many Americans don’t realize they have unlimited free access to a health expert - their local pharmacist - who can provide detailed guidance on products sold at the pharmacy. This includes everything from over-the-counter (OTC) cough and cold medicines to vitamins and supplements.

A recent survey sponsored by Nature Made found that pharmacists estimate they answer questions regarding prescription

medications for about half of their customers. By comparison, they estimate they answer questions about OTC products for just one in three customers (35 percent) - and



when it comes to answering questions about vitamins and supplements, they estimate they do so for just one in five customers (23 percent).

### Pharmacist Tips for Vitamin Supplements

According to the National Center for  
**(Continued on Page 13)**

# BUY LOCAL

## Walt's Brake & More

*“Guardian of Your Safety Since 1965”*

**Auto \* RV \* Truck  
Garage & Storage**

Any Repair - Covered / Uncovered

3890 NW Gainesville Rd  
Ocala, FL 34475

**352.629.3134**

[www.waltsbrake.com](http://www.waltsbrake.com)

Find Walts Brake on Facebook

**Free 2nd Opinion - Estimate!!**



**2201 SW College Rd., #1 • Ocala, FL 34471**  
**Monday - Friday 8:30 am - 5:00 pm**  
**Some Saturdays 8:30 am - 12 noon**

# 352-351-1163

Fax 352-351-1350 • [cjcopyshoppe@aol.com](mailto:cjcopyshoppe@aol.com)  
[cjcopyshoppe.com](http://cjcopyshoppe.com)

### MORE THAN JUST A COPY CENTER

*T-shirts • Mouse Pads • Coasters • Candles  
Wine Bags • Christmas Stockings • Tote Bags*

#### Specialty Items

*Graphic Design • Websites • Display Boards*

#### Business Starter Kits

*Business Cards • Invoices • Letterhead  
Envelopes • Anything To Fit Your Needs*

#### Design and / or Print

*Announcements • Brochures • Flyers  
Invitations • Letters • Menus • Newsletters  
Programs • Resumes • Tickets*

**THE COPY SHOPPE**

## Have a Question About Vitamins? Ask Your Pharmacist

(Continued from Page 12)

Health Statistics, more than half of all U.S. adults are now taking supplements, which makes understanding the difference between quality vitamins even more crucial. Approximately nine in ten pharmacists (93 percent) agree taking vitamins and supplements is important for maintaining good overall health. When choosing between brands to recommend, pharmacists consider the following:

\* **Product Quality.** Nearly nine in ten pharmacists (85 percent) say that product quality is a very important factor when deciding whether or not to recommend a specific brand of vitamin. Look to trusted brands, such as the number one pharmacist recommended brand of letter vitamins and fish oil - Nature Made.

\* **Product Purity.** Many people may not be aware that it's important to consider a vitamin's purity. In fact, nearly four in five pharmacists (77 percent) say that product purity is very important in choosing whether or not to recommend a brand, and two in three (65 percent) say the same of product potency as well.

\* **USP Seal:** Two in three pharmacists (67 percent) also say it's important to look for the USP seal or other third-party certification when selecting vitamins and supplements. The USP Dietary Supplement Verification Program is a voluntary testing and auditing

program that helps dietary supplement manufacturers ensure the production of quality products for consumers. The program verifies the quality, purity and potency of dietary supplement finished products.

### Top Pharmacist Recommendations

The survey also found that pharmacists were "very" and "somewhat" likely to recommend the following:

\* In addition to recommending fish oil to support heart health, two in three pharmacists (63 percent) are also likely to suggest flaxseed oil and about half (47 percent) recommend garlic.

\* Nine in ten pharmacists recommend certain vitamins and supplements like Vitamin D to fill specific nutrition gaps

\* Only about two in five pharmacists (42 percent) recommend ginkgo biloba for mental alertness.

\* For urinary and immune health, four in five (82 percent) recommend cranberry.

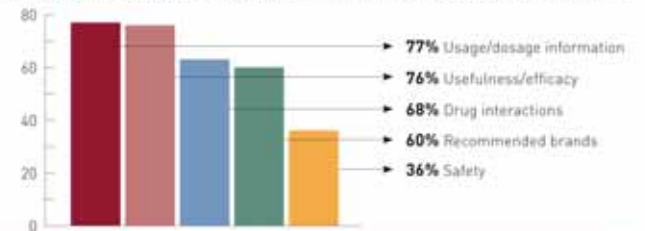
\* To maintain normal energy levels, nine in ten (91 percent) recommend a B vitamin complex, and about three in four (72 percent) recommend an iron supplement. In addition, pharmacists are two times more likely to recommend a protein-based product over a caffeine-based product for maintaining energy.

To learn more about vitamin supplements and for more pharmacist recommendations, visit [www.naturemade.com](http://www.naturemade.com).

## Over-the-Counter Secrets of Pharmacists

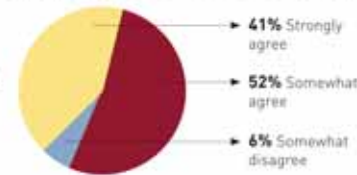
### QUESTIONS ASKED

Common questions customers ask pharmacists about over-the-counter products.



### IMPORTANCE

9 out of 10 pharmacists agree that taking vitamins and supplements is important for maintaining overall good health.



### WHAT TO LOOK FOR

Pharmacists also recommend customers look for...



**67%**  
USP SEAL  
or other 3rd party certification



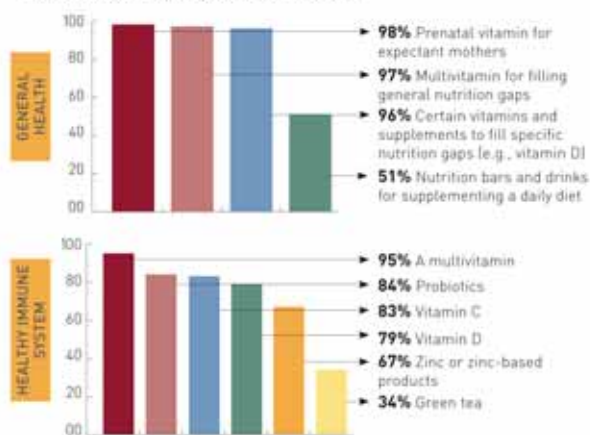
**56%**  
FORM



**46%**  
SIZE

### HEALTH

Pharmacists are likely to recommend...



\*Includes "Very" and "Somewhat" likely to recommend.  
Source: Nature Made 2012 Survey of 101 U.S. Retail Pharmacists



**“I found my forever home on...**

**ocala4sale.com**

*The Best Place to Buy and Sell in Marion County!*

**GET CLASSIFIED**

Visit [Ocala4sale.com](http://Ocala4sale.com) and post your free listing today.

## Passionate for Pork Tenderloin: Delicious and Heart-Healthy

(Family Features) Tender and delicious pork tenderloin now has an additional benefit; it has been deemed heart-healthy! Recently certified by the American Heart Association, pork tenderloin now bears the iconic Heart-Check mark, making it easier than ever to spot this extra lean protein when navigating grocery aisles.

Maintaining a healthy diet is an important part of cardiovascular health and eating heart-healthy foods may help reduce risk factors associated with heart disease, stroke and more. Naturally low in sodium and delicious, pork tenderloin is a flavorful solution for those who want to take care of their heart without neglecting their taste buds.

\* Nutritious: Pork packs nutrients in every lean serving. A 3-ounce portion of pork tenderloin is an “excellent” source of protein, thiamin, vitamin B6, phosphorus and niacin, and a “good” source of potassium, riboflavin and zinc, yet contributes only 6 percent of calories to a 2,000-calorie diet.

\* Leaner than ever: On average, the most common cuts of pork have 16 percent less total fat and 27 percent less saturated fat than 21 years ago. Ounce for ounce, pork tenderloin is as lean as a skinless chicken breast. Choose cuts of pork that come from the loin - including chops and roasts - and 96 percent lean ground pork, for the leanest cuts of pork available.

If you're looking to incorporate more heart-healthy foods into your diet without sacrificing flavor, rest assured tenderloin recipes, like Sautéed Pork Medallions with Lemon-Garlic Sauce, will do the trick.

For more information and recipes to enjoy today's lean and flavorful pork, visit <http://www.PorkBeinspired.com> or [www.Facebook.com/PorkBeinspired](http://www.Facebook.com/PorkBeinspired).

Sautéed Pork Medallions with Lemon-



### Garlic Sauce

Prep time: 10 minutes

Cook time: 10 minutes

1 pork tenderloin (1 pound), trimmed  
1/4 teaspoon salt, divided

1/4 teaspoon plus 1/8 teaspoon black pepper, divided

2 teaspoons olive oil, divided

2 cloves garlic, minced

1/2 cup dry white wine (for non-alcoholic, substitute low-sodium chicken broth)

1/2 cup low-sodium chicken broth

Grated zest and 1 tablespoon juice from 1 lemon

1 tablespoon chopped fresh parsley or 1 1/2 teaspoons chopped fresh sage or rosemary\*

Cut pork into 12 slices, about 1-inch thick. Sprinkle pork on all sides with 1/8 teaspoon of the salt and 1/4 teaspoon of the pepper. Heat 1 teaspoon of the oil in a large heavy skillet over medium-high heat. Add the pork and cook, turning once, until the pork is well browned and internal temperature reaches 145°F, about 1 1/2 minutes on each side. Transfer pork to serving platter and cover to keep warm.

Add the remaining 1 teaspoon oil to skillet. Add garlic and cook, stirring constantly, until garlic is fragrant, about 30 seconds. Add the wine and broth. Increase heat to high and cook, stirring to scrape up the browned bits from the bottom of the skillet, until the liquid is reduced by two thirds, about 5 minutes.

Remove the skillet from the heat and stir in the remaining 1/8 teaspoon salt, remaining 1/8 teaspoon pepper, the lemon zest and juice, and the parsley. Serve the pork medallions drizzled with the sauce (makes a generous 1/3 cup; about 1 1/2 tablespoons per serving).

\*To substitute fresh herbs with dried herbs, use 1 1/2 teaspoons dried parsley or 3/4 teaspoon dried sage, or 3/4 teaspoon dried rosemary

Serving Suggestion:

Serve the pork with whole wheat linguine or brown jasmine rice to soak up all the delicious lemon sauce. Steamed broccoli rabe or spinach would make a terrific accompaniment.

Makes 4 servings

Nutritional Information per Serving:

Calories: 150 Fat: 5g Saturated Fat: 1g

Cholesterol: 75mg Sodium: 220mg

Carbohydrates: 1g

Protein: 24g Fiber: 0g

## This Newspaper is Smokin!



Brody, a pre-kindergartener, left his Christmas tree decorating friends to catch up on the local news.

www. **Lady Lake** **MAGAZINE.com**  
"Your community newspaper since 1981!"

www. **VILLAGE SPECTATOR.com**  
The Villages, Sumter County, FL

ocala **DownTown**  
free publication serving the people of the Ocala area

www. **SENIORS VOICE OF OCALA.com**  
MAILED FREE TO GATED COMMUNITIES ON THE 200 CORRIDOR

Call TomL at 352-804-1223

# Statewide Classifieds

AT&T U-Verse for just \$29.99/mo! SAVE when you bundle Internet+Phone+TV and get up to \$300 BACK! (select plans). Limited Time Call NOW! 877-265-1754

DIABETIC TEST STRIPS WANTED!!! Get the Most Cash, up to \$27 per box! Shipping Paid! Must be Sealed & Unexpired. Call Tony 813-528-1480 tonyteststrips@hotmail.com

DISH Network. Starting at \$19.99/month PLUS 30 Premium Movie Channels FREE for 3 Months! SAVE! & Ask About SAME DAY Installation! CALL - 888-418-9787

Every baby deserves a healthy start. Join more than a million people walking and raising money to support the March of Dimes. The walk starts at marchforbabies.org.

MANTIS Deluxe Tiller. NEW! FastStart engine. Ships FREE. One-Year Money-Back Guarantee when you buy DIRECT. Call for the DVD and FREE Good Soil book! 866-674-4644

\* REDUCE YOUR CABLE BILL! \* Get a 4-Room All-Digital Satellite system installed for Free and programming starting at \$19.99/mo. Free HD/DVR upgrade for new callers, Call Now. 1-800-795-7279

SAVE on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-903-2647

SWIM SPA LOADED! Brand New with Warranty, 3 Pumps, LED lighting, Ozone Deluxe Cover, maintenance free cabinet. Retail for \$18,900. Sacrifice \$8995. Can deliver. 727-851-3217

WANTED YOUR DIABETES TEST STRIPS. Unexpired. Any Kind/Brand. Up to \$24.00 per box. Shipping Paid. Hablamos Espanol. Call 1-800-267-9895 / www.SellDiabeticstrips.com

A CHILDLESS, SUCCESSFUL, COUPLE SEEKS TO ADOPT. Large extended family. Financial security. Expenses paid. Call Lori & Kathy. 1-888-929-4299. (FL Bar#0150789)

A CHILDLESS, SUCCESSFUL, WOMAN SEEKS TO ADOPT. Loving/stable home. Will be hands-on w/flexible schedule. Large family w/adopted relatives. Financial security. Expenses paid. Emily or Adam 1-800-790-5260. (FL Bar#0150789)

Abortion Not an Option? Consider Adoption. It's a Wonderful Choice for an Unplanned Pregnancy. Living/Medical Expenses Paid. Loving, Financially Secure Families Await. 1-877-341-1309 Atty Ellen Kaplan (#0875228)

\* ADOPT \* College Sweethearts, Creative Professionals yearn for 1st miracle baby to Love, cherish & devote our lives. George & Lisa \* FL-Bar42311 1-800-552-0045. Expenses Paid

ADOPTION Give your baby a loving, financially secure family. Living expenses paid. Call Attorney Charlotte Danciu 28 years experience. 1-800-395-5449 www.adoption-surrogacy.com FL Bar # 307084

ADOPTION GIVE YOUR BABY THE BEST IN LIFE! Many Kind, Loving, Educated & Financially Secure Couples Waiting. Living & Medical Expenses Paid. Counseling & Transportation Provided. Former Birth Moms on Staff! FLORIDA ADOPTION LAW GROUP, P.A. Attorneys who truly care about you. Jodi Sue Rutstein, M.S.W., J.D. Mary Ann Scherer, R.N., J.D. Over 30 Combined Years of Adoption Experience. 1-800-852-0041 Confidential 24/7 (#133050&249025)

ADOPTION 866-633-0397 Unplanned Pregnancy? Provide your baby with a loving, financially secure family. Living/Medical/Counseling expenses paid. Social worker on staff. Call compassionate attorney Lauren Feingold (FL Bar#0958107) 24/7

ADOPTION 888-812-3678 All Expenses Paid. Choose a Loving, Financially Secure family for your child 24 Hrs 7 Days Caring & Confidential. Attorney Amy Hickman. (Lic. #832340)

Any laptop repaired just \$79. Macs too. REALLY! FREE Fedex shipping! \$69 extra for screen or motherboard replacement. CALL Authorized Laptop Repair Specialists 888-485-3858

ARE YOU PREGNANT? A Childless Married Couple Seeks to Adopt! Large Extended Family. Financial Security. Expenses Paid. Theresa and Steve 1-877-801-7256 (FL Bar # 0150789) (Place Under Legal Services)

\*DIVORCE\* BANKRUPTCY Starting at \$65 \*1 Signature Divorce \*Missing Spouse Divorce "We Come to you!" 1-888-705-7221 Since1992

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions. 866-413-6298. License #100013125

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 888-903-1353

SURROGATE MOM Needed to carry our Baby. \*\*Generous Compensation Paid\*\* Charlotte H. Danciu 1-800-395-5449 www.adoption-surrogacy.com FL Bar # 307084

MASSIVE CASH FLOW Returning 2-minute

phone calls with no selling or convincing! TAX FREE. For Proof Leave Msg. 641-715-3900 Ext 689808#

AIRLINES ARE HIRING – Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified – Housing available. CALL Aviation Institute of Maintenance 866-314-6283

ATTEND COLLEGE ONLINE from Home. \*Medical, \*Business, \*Criminal Justice, \*Hospitality. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 888-203-3179 www.CenturaOnline.com

AVIATION MAINTENANCE / AVIONICS Graduate in 14 Months. FAA Approved; financial aid if qualified. Job placement assistance. Call National Aviation Academy Today! 1-800-659-2080 or NAA.edu

Earn your high school diploma at home. Work at your own pace. First Coast Academy, nationally accredited. Call for free brochure, 1-800-658-1180, ext. 77. www.fcachighschool.org

GOT LOTS OF DEBT OR CREDITORS No Amount Too Small or Too Large National Consumer Program Free Federal Debt Hot Line (855) 840-6020 Hablamos Espanol

GIGANTIC MIRRORS Jobsite Leftovers, Brand New, Perfect Condition, 48"x100" (7), \$115 each; 60"x100" (8) \$140 each; 72"x100" (11), \$165 each. Free delivery. 1-800-473-0619.

Assistant Sales Manager needed for Customer Service Sales, inventory control. Excellent verbal and written skills \$500 weekly. Send resumes needajob1911@hotmail.com

Available Now 2-4 Bedroom Homes. Take Over Payments. No Money Down. No Credit check! Call Now 1-888-270-0372 (Place Under Homes For Rent)

SELLING 20 TEXAS Acres, West Texas Was \$17,900, Sacrifice for \$8,900. I will take \$89.00 down and \$89/month. No credit. Gary 1-888-653-2796

SPECIAL FINANCING AVAILABLE Any Credit! Any Income! Foreclosure Homes and Land View Properties at: www.roselandco.com or call Rose Land & Finance Corp. 866-937-3557

ATTENTION DIABETICS with Medicare. Get a Free Talking Meter and diabetic testing supplies at No Cost, plus Free home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-377-3536

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 888-372-6740 for \$25.00 off your first prescription and free shipping. Prescriptions Dispensed from Canada are Dispensed by: Health One Pharmacy. License Number: 21791

MAKE THE PAIN STOP NOW! Joint, muscle, back and other. We can help! Most Doctor and Insurance Approved. Non narcotic relief. Free telephone consultation. 1-866-306-9411 ext 1A

**SAVE \$500.00. Take VIAGRA!**  
100MG and CIALIS 20mg! 40 Pills+ 4/FREE for only \$99. #1 Male Enhancement, discreet Shipping. Only \$2.25/pill. The Blue Pill Now! 1-888 800-1280

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-871-9638

**CASH FOR CARS!**  
We Buy ANY Car, Truck or Van! Running or Not. Get a FREE Top Dollar INSTANT Offer NOW! 1-800-558-1097 We're Local!



Tom Loury



Wendy Netherclift

# TomL Publishing LLC

Serving Communities in Marion, Lake & Sumter County Florida



**Visit Us Online:**

- www.LadyLakeMagazine.com
- www.TheVillageSpectator.com
- www.SeniorsVoiceOfOcala.com
- www.OcalaDowntown.com

TomL Publishing, LLC  
P.O. Box 1689, Dunnellon, FL 34430  
TLoury@earthlink.net  
Phone: (352) 804-1223 • (352) 895-4168

DISPLAY ADVERTISING RATES	
12 Month Bulk Buy	
Full Page	\$ 528
1/2 Page	384
1/4 Page	224
1/8 Page	112
Color	30

# BOB'S COINS & JEWELRY, INC.

Buy ♦ Sell ♦ Repair ♦ Coins ♦ Jewelry ♦ Collectibles

**March  
SALE!**

**30%  
OFF**

**All  
Aquamarine  
Jewelry**

Call us locally at:  
**(352) 347-7900**

or toll free:  
**1-877-347-7900**



Scan with your mobile phone for directions



**17860 S.E. 109<sup>th</sup> Ave  
Suite 629  
Summerfield, FL 34491**

Located in the  
**Spruce Creek  
Terrace Shoppes**  
(Across from Walmart on 441)

This offer is valid from  
3/1/2012 until 3/31/2012  
& cannot be combine with any  
other discounts or special offers.  
Excludes watches and any items  
on consignment or not in stock.