



A free publication serving the people of the Ocala area

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Volume 7 Issue 9  
September, 2016



Pictured is Ocala Business Leaders' Wayne Hunter presenting Crystal Jewel with a partial scholarship. As you can see she was happy for the scholarship. Ocala Business Leaders has one more to present. Thank You OBL!



July 2016 Volunteer Call to Action Day. Pictured above from left are Jean Bennett, Joan Marston, Cathy Redmond and Lynn Spears.

## Kindred Hospice

Kindred Hospice seeks to make a difference in the lives of their patients and families by working hand in hand throughout their journey. The hospice team includes nurses, aides, social workers, physicians,

spiritual care coordinators and bereavement coordinators. But key members on staff are volunteers, who provide both administrative and patient support for the office, patients

(Continued on Page 2)

## CHRIS BLAIR NOT GUILTY?

See Page 3

### Publishers Note:

This is really getting interesting. Remember during the press conference Sheriff Gainey was taking questions? I raised my hand, I was standing behind at least a dozen TV cameras. My statement and question was, "In this country we are supposed to be innocent until proven guilty", "Sheriff Blair and his three top officers had their reputations and careers ruined and have been forced out their jobs. When they are found innocent, how in the world could you fix this???" Will the evidence be ignored? Four

professional law enforcement officers have been ruined and the county has suffered a great loss!

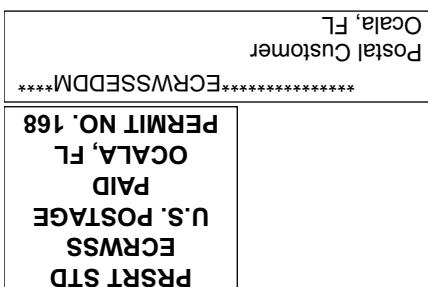
The evidence proves that Blair did not commit perjury. The answer that was challenged "Did you see the suspect Dustin Heathman's face when he was being treated? Blair said "no I did not", he said "I could see the back of his head, he was being treated and surrounded by officers and medics." That was true because he only saw glimpses, there were vehicles between them.

(Continued on Page 3)



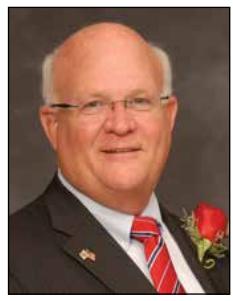
FULL MOON Oh boy is it! I could not help taking a picture of the moon going down. I could only see it through the trees. I have taken sunrises, sunsets, the animals, birds, and colts being born on the farm. Picture August 18, 2016 at 7 AM.

**God Bless our Troops  
Support Our Veterans  
We Endorse The Constitution**



Florida House of Representatives

## DENNIS K. BAXLEY



### Elections Matter

The season is upon us and the August 30th party primaries are coming fast. What an exciting reminder that public officials serve the people and not the other way around

as we choose our representative leaders for US Senate, US House of Representatives,

State Senate, State Representative, local offices, and consider some state constitutional amendments.

The greatest challenge we face in the public policy process is apathy. The August 2014 primary was determined by only 16% of registered voters in Marion County. Over 80% of registered voters in Marion County chose not to participate in the primary. This lack of engagement can have very significant consequences on the leadership in our county, state, and country.

The upside of this apathy is that A FEW

PEOPLE could make a BIG DIFFERENCE. Many elections have been determined by a handful of votes. Prepare yourself and VOTE! Beware of late arriving negative mail. It always happens. Hits occurring in the last few days do not allow the opponent to respond. They are usually sent in a desperate attempt to suppress voting by creating cynicism. But incoming fire means you are engaged and acting! Don't fall for

this stunt. Don't allow it to make you stay home. When you stay home, you let someone else make your decisions for you.

Lastly, thank you to all who submit to the grueling process of offering yourself to serve. Anybody can run--and they do. Give it your best effort to select those who will serve most effectively. It's still a great Country! We choose! Onward and Upward!

## Kindred Hospice

(Continued from Page 1)

and families. One Saturday a month, volunteers from both areas come together for the Volunteer Call to Action day for four hours of service. In July, seven volunteers including the four in the photo, showed their true commitment to the Kindred Hospice mis-

sion. In addition, these volunteers also answer phones, complete office tasks, and visit patients throughout the week and month. The team is always looking to welcome new volunteers. To apply, please contact Chantay Paugh, Manager of Volunteer Services at 352-622-9331.

## Marion County Genealogical Society Meeting

The Marion County Genealogical Society will meet on Thur Sept 15 at 2 PM at the Marion County Public Library located at 2720 E Silver Springs Blvd in Ocala. A brief business meeting will be followed by the September program, Genealogy DNA 101 presented by Jim Lannin.

For further information, contact Judy Wright at (352) 897-0840, HYPERLINK "mailto:MarionGenealogy@gmail.com" \t " \_blank" MarionGenealogy@gmail.com, or HYPERLINK "http://mariongenealogy.tripod.com/" \t " \_blank" http://MarionGenealogy.tripod.com.

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APPROXIMATE TIME: 1850 \*INTERVIEW BEGINS AT 1853

## CHRIS BLAIR NOT GUILTY?

(Continued from Page 1)

Some 45 minutes later the perp, Heathman, was walked by the Sheriff (he had already been treated and bandaged) on his way to the Swat Vehicle to be questioned by Major Crime head Tommy Bibb. That video was entered as evidence that Blair saw Heathman's face before treatment. The video everyone saw on TV was during this time of him being lead to the Swat Vehicle. Again the question by the Grand Jury to Blair was did you see Heathman's face when he was being treated?

The video was released to Blair after the fact, he was then able to see what had hap-

pened. My question is: Was the video misused by the prosecution? It certainly looks like it, especially given the history of past actions.

One of the County Commissioners agreed that if Blair would have made friends with King after he was elected this probably would not have happened! Another statement made by a County Commissioner was everyone knew that Brad King did not like Blair and tried to stop him from being named as candidate 3 ½ years ago.

If you think this new evidence is right write or call the Governor that took Blair out of office, Pam Bondi who was endorsing

Blair one minute and replacing him the next, Brad King who seems to be part of all this or knows more than he is saying. King is in office to serve and protect you the Citizen, not prosecute the innocent. You were denied the right to vote for the candidate of your choice! The Governor / Pam Bondi / the FBI should take action!

What do you think?? HYPERLINK "<mailto:tloury@att.net>" tloury@att.net

Foot note: After dodging more than 50 rounds of bullets for six hours the Swat Team, Sheriff Chris Blair and Deputy's brought Heathman out alive and the top four lose their jobs and are ruined for their efforts. "Sounds Like Todays Justice to Me!"

## Sheriff Blair Proves Innocence!

Former Marion County Sheriff Chris Blair was indicted by a Grand Jury on May 19, 2016 on two counts of Perjury and one count of Official Misconduct and was arrested on May 20, 2016. He was forced to resign from the Office of Sheriff and withdraw from the election, he has now proven that he is innocent of all charges...

GUILTY UNTIL PROVEN INNOCENT...

by Sangi Blair

My name is Sangi Blair and I am the proud wife of former Sheriff Chris Blair. I spent over 35 years serving the citizens of Marion County in the Criminal Justice field both as a Probation Officer and as an Academy Instructor and Coordinator. My husband served Marion County as both a Deputy and as a Sheriff for a total of 38 years. Throughout his 35+ year career as a Deputy, he served under three different Sheriffs and was promoted by each of them. He is one of the most highly decorated deputies in the history of the Marion County Sheriff's Office, receiving numerous awards and commendations to include Medals of Commendation, the Medal of Distinction, and Law Enforcement Officer of the Year. But... when my husband decided to run for the office of Sheriff, he was immediately met by opposition from the Marion County "Good Old Boys" to include State Attorney Brad King.

Even though my husband had come through the ranks of the MCSO and was the only candidate running for Sheriff in 2012 who had law enforcement experience, the "Good Old Boys" chose to support and endorse Dan Kuhn, an attorney with NO law enforcement experience. Even when Kuhn withdrew from the election because of a sex scandal, my husband still faced adversity. In fact, SA Brad King went so far as to call and personally meet with members of the Republican Executive Committee and asked them not to put my husband back on the ballot. This was a clear attempt to use his elected position to try and sway the election, a violation of the Hatch Act under federal law.

When my husband was elected Sheriff, he immediately began to deal with constant pressure from SA King involving unending reviews of MCSO cases and policies and procedures. Even though the majority of the policies had been established under the previous Sheriff, now, years later, they came under scrutiny by King.

In March of 2016, SA King personally impaneled a Grand Jury to investigate the MCSO. On April 8, 2016, my husband filed a petition with Governor Rick Scott outlining the personal bias that SA King had demonstrated in the past towards my husband. The petition asked that Governor Scott appoint an outside agency to conduct the investigation so that it could be run fairly and impartially. My husband asked the Florida Department of Law Enforcement to conduct the investigation but he was turned down. He then asked investigators from the Brevard County Sheriff's Office to conduct the investigation but after a short time, they

(Continued on Page 9)

■ Tom Loury

## PUBLISHER'S NOTES



Publishers Notes  
September 2016

Brought to you  
by Tom's Picks:

I would like to  
recommend some  
businesses. If you  
are looking for a  
place to eat, Breakfast,  
Lunch or Dinner, try the Heart and

Soul Restaurant in Ocala located in the plaza  
south of the Ocala Police Department. Look

for the sign CAFÉ and tell them Tom sent  
you.

The next business recommended is Kin-  
dred at Home Hospice, their ad is in this pa-  
per. They are looking for volunteers to help  
people who can't help themselves. Got time  
to volunteer? Call 352-622-9331 and ask  
for Chantay.

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tions about your roof? Call 352-872-7795,  
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mend them first. If you do business with  
someone that you think might advertise with  
us, give them my name & phone number and  
if they reserve ad space I'll buy you lunch.

Tom Loury 352-804-1223

Primary Election: This paper was at the  
printers when the election was held so I  
won't have any of the election results but  
I would like to mention that we were de-  
nied the right to vote or not vote for one of  
the sheriff candidates. It is my opinion that  
Sheriff Blair was railroaded, if you look at  
the evidence in this newspaper you will see  
what I mean. When you look at it remember  
the time, the question and the placement of  
the Medical treatment vehicle and the Swat  
Team vehicle then I ask you to make up your  
own mind. Last month I wrote about Justice,  
we do not pay enough attention to Justice.  
If you look at the evidence and think Chris  
Blair is innocent, write or call the Governor,  
Pam Bondi, maybe even the FBI and pro-  
claim you want JUSTICE!

Phrases from the past:

(Continued on Page 5)

This volunteer  
opportunity requires  
one thing:  
**Your heart.**



1320 SE 25th Loop, Suite 101  
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FL TDD/TTY# 800.955.8770

[www.kindredhospice.com](http://www.kindredhospice.com)

## Newspaper Deadlines

*Editorial & Ad Copy for October*

**Seniors Voice & Ocala DownTown**

12am, September 21st

**Lady Lake Magazine & Village Spectator**

12am, September 28th

## Ocala DownTown

A Product of TomL Publishing LLC

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■ Kevin Sheilley

## Ocala/Marion County Chamber & Economic Partnership



August has been an incredible month for our community. Each day brings more excitement as we see and hear about new businesses growing and expanding here.

FedEx

At the beginning of the month we celebrated the official opening of the new FedEx Ground Hub located in the Ocala/Marion County Commerce Park. This facility was first announced in February 2013 and construction was completed on

this \$180 million facility this summer. The facility will quickly employ approximately 500 people. As a Ground Hub, packages from throughout the country will be sorted for distribution throughout Florida. As exciting as this first phase is, it is only the first phase. It is anticipated that eventually this facility will more than double in size to 1 million square feet and employ more than 1000 people.

AutoZone

We have been joking that perhaps we need to rename the Ocala/Marion County Commerce Park "Memphis South" with AutoZone joining fellow Memphis-based FedEx at the park. AutoZone will soon be-

gin construction on a 400,000 sq. ft., \$50 million distribution center which will service Florida and Puerto Rico. The distribution center will employ 240 people at wages which are 15% higher than the county's average wage.

AutoZone looked broadly for a location for this facility and the CEP along with City, County, CareerSource, and others worked nearly two years to make an Ocala location a winner. Having two major logistics related companies in this new park with high visibility along I-75 becomes a great calling card for other logistics-focused companies looking in the state.

### Business Expansion

In addition to the new companies, we are very excited about the tremendous expansion activity happening all over our community. The CEP has a very active Business Retention team which meets with hundreds

of local existing businesses each year, looking to determine barriers to their growth and working to remove those barriers. Our assistance runs from helping companies access tax credits and deductions to workforce assistance to permitting help to business match making. Any time we can help local businesses start doing business with other local companies, it is nothing but a win for everyone.

So far this year, we have been directly involved in helping local companies with expansions which will result in capital investments of nearly \$10 million and more than 500 additional jobs! Those are great numbers any time but especially when we still have several months left in the year.

Aggressively working to attract new primary employers and helping existing companies prosper is at the core of who the CEP is and what we do. Creative approaches to reaching this goal is what makes our community unique. Together, we can keep our dynamic metro Moving Forward!

■ Tom Loury  
PUBLISHER'S NOTES

### (Continued from Page 4)

Hope everything is Hunky Dory, Don't touch that dial, carbon copy, You sound like a broken record and Hung out to dry, straighten up and fly right - Heavens to Betsy! Gee whillikers! Jumping Jehoshaphat! Holy moley! in like Flynn and living the life of Riley, knucklehead, a nincompoop or a pill. Not for all the tea in China! Swell, pageboys and the D.A., spats, knickers, fedoras, poodle skirts, saddle shoes and pedal pushers. I'll be a monkey's uncle! This is a fine kettle of fish. Poof, gone, the milkman did it. Hey! It's your nickel. Knee high to a grasshopper. Well, Fiddlesticks! Going like sixty, I'll see you in the funny papers. Don't take any wooden nickels, Heavens to Murgatroyd! More than Carter has liver pills. See ya later, alligator!

Your opinion is important to me email: tloury@att.net

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## SENIOR SCHEDULE OF EVENTS

### MOVIES FOR SEPTEMBER, 2016

8th AVENUE – TUESDAY AND WEDNESDAY, SEPTEMBER 13TH & 14TH, 2016 AT 1:30 PM  
BARBARA G. WASHINGTON – THURSDAY & FRIDAY, SEPTEMBER 15TH & 16TH, AT 1:00 PM  
“AROYAL NIGHT OUT” STARRING: SARAH GADON, JACK REYNOR, BEL POWLEY, EMILY WATSON AND RUPERT EVERETT

May 8th, 1945 - England is celebrating its victory. Cloistered away in Buckingham Palace, Princess Elizabeth and her headstrong 15 year old sister Margaret would give anything to join the party and spend one night where no one knows who they are. The

King and queen give them permission to go out until midnight, accompanied by two Royal Guardsmen. Arriving at the Ritz Hotel, Margaret escapes, whisked away by a group of partying naval lieutenants, and Elizabeth decides to chase after her fun-loving sister. Daunted by the exuberance of the city, the anxious and vulnerable Elizabeth ends up falling into the arms of a young airman, Jack. He is unaware of Elizabeth's true identity and she has no idea that Jack has gone AWOL from the military. Over the course of the night, this unlikely couple searches for Margaret through the West End. RATED PG-13

8th AVENUE – TUESDAY AND

WEDNESDAY, SEPTEMBER 27TH AND 28TH, 2016 AT 1:30 PM

BARBARA G. WASHINGTON – THURSDAY & FRIDAY, SEPTEMBER 29TH & 30TH, AT 1:00 PM

“JOY” STARRING: JENNIFER LAWRENCE, BRADLEY COOPER, ELISABETH ROHM, ROBERT DE NERO AND ISABELLA ROSSELLINI

In a story spanning four generations, Joy grows from innocent young girl to family matriarch and head of a business dynasty. Her road to success is paved with betrayal and treachery as allies become adversaries, inside and outside the family. All the while, Joy's inner life and fierce imagination carry her through. Based on a true story. RATED PG-13

Reservations must be made at the Center of your choice. Seating is limited to 8 persons per video. Please call the 8th Avenue Center at 629-8545 or Barbara G. Washington Center at 629-8357 to reserve your seat.

### COMING EVENTS FOR SEPTEMBER, 2016

#### SENIOR TRIP: SLUETHS MYSTERY SHOW

When: Thursday, September 15th, 2016

Where: Orlando, Florida

Cost: \$69.00 per person (includes transportation, meal, and admission)

Time: Leave 8th Avenue 9:00 AM Return 6:00 PM

What: Come for an enjoyable bus ride

and enjoy a yummy lunch and a beautiful comedy mystery show where you become the detective and solve the crime! Watch out, you may be chosen for a cameo role in the longest running mystery dinner show. Pre-paid registration required. For more information please call 629-8357 or 629-8545. Seating is limited to 45 participants.

### SPORTSABILITY

When: Friday and Saturday, September 30th and October 1st, 2016

Time: 10:00 AM to 3:00 PM

Where: Friday at MLK Re. Complex & E.D. Croskey Rec. Center, 1510 NW 4th St.,

Ocala

Saturday, Paynes Prairie Preserve State Park, 100 Savannah Blvd., Micanopy, Florida

Cost: FREE

What: This two day event will enable individuals with disabilities the opportunity to experience a variety of recreation and leisure activities.

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**ONE PERSON'S OPINION****LETTERS TO THE EDITOR**

To TomL

A friend whose son has been out of work for seven months has no income, health insurance or medicine benefits. He is a type 1 diabetic. If it wasn't for his parents (on a fixed income he would be in the streets pandering for his existence. No Obama care for him because he has no income and he is white American citizen.

Tell me who can afford a 3500.00 deductible, his sister has this deductible and can't afford it so she uses urgent care and puts off the tests she should get. Thank you Obama.

Now as far as Trump is concerned he is an Angel compared to Hillary. He is rough around the edges but that will get better. People don't like him because he tells it like

it is, not what you want him to say. He could hire Hillary to write his speeches if you want a real whitewash job. He is not a politician he is a business man. Tell me what business man has not done a few things he might not want to boast about. Trump genuinely loves this country and all it stands for. The Democrats are trying to turn it into a socialist country, how has that worked for other countries?

Honesty, trustworthiness, (pay attention) we are talking about Trump not Hillary he has all of these and yet people will vote for her. I don't understand it name her qualities. Why does he need experience? What experience did Obama bring to the White House besides being a community organizer

in Chicago and how has that worked out for them?

Hillary failed her husband and her country and now she wants to hire him to fix the

economy. I think this is called nepotism?

Sorry it is longer than I intended but there is so much to gripe about.

Pat L

## New Initiative Aims To Reduce Repeat Heart Attacks

(NAPS)—Every 42 seconds, someone in the U.S. has a heart attack—but you needn't be among them.

Consider this: Julie Kubala was one of those statistics. She's working now to ensure she doesn't become a different stat—about 21 percent of women and 17 percent of men age 45 and older will have another heart attack within five years of their first one.

To help, the American Heart Associa-



tion (AHA) launched a new educational campaign aimed at reducing the number of repeat or recurrent heart attacks by arming survivors with simple but effective steps.

"Our message is simple: Don't wait for a second heart attack," said Alice Jacobs, M.D., former AHA president and chair of the advisory group overseeing the new initiative. "Research shows there are some very clear things you can do to lower your chances of having another event."

- Take medication as directed —More than a third of heart disease patients don't follow their medication treatment plans; more than a third of medication-related hospital readmissions are caused by people not taking their medicine as they should.

- Have a follow-up doctor's appointment—Heart attack survivors who don't have a timely follow-up with their doctor may be up to 10 times more likely to be re-hospitalized.

- Complete a cardiac rehabilitation program—One study found that heart patients who completed cardiac rehab were 42 percent less likely to die of a second heart attack than those who didn't.

- Manage risk factors—Reducing risk factors such as physical inactivity, high blood pressure, high blood cholesterol, diabetes, smoking and obesity lowers the chance of having a heart attack or needing heart surgery.

- Develop a strong support system—People with low perceived social support have worse outcomes after a heart attack.

Kubala goes to cardiac rehab and is learning the importance of being proactive to take control of her health.

"I knew my family history of high blood pressure, high cholesterol, diabetes. What hadn't really hit me was our family history of heart disease or how all of that can be

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## School Bus State Law

School's Open – Drive Carefully:

School Bus Laws & Penalties In Florida

No matter where in Florida you may live, keeping our children and students safe is a community responsibility. There are many guidelines put in place to ensure that our students arrive to and from school safely every single day - designated crosswalks, Community Service Aides, seat belt laws, and so on. But one law that is absolutely crucial - and yet often gets ignored - is ALWAYS stopping behind a school bus.

The State of Florida has enacted laws that require every single driver to stop when a school bus has its "Stop" sign extended and its red lights flashing. But sometimes impatient drivers may think to themselves, "There are no children crossing the street, and I'll drive very slowly so I can stop if I see one. I don't have time to sit and wait for this bus!" Drivers like these should think again: the penalties for passing stopped school bus could literally stop you in your tracks for quite a long time.

What Will Happen If I Pass a Bus?

Anyone caught passing a stopped school bus or speeding in a school zone can expect to get a costly fine. The State of Florida pulls no punches when it comes to the safety of its students and the local Police Department simply will not tolerate violations that could harm a child.

We also take into account which side of the bus you chose when violating the law. While neither side is necessarily "safer," the

amount of danger to kids sharply increases if you pass the bus on the right-hand side, as this is the side that the children use to step off of the bus, and therefore are more likely to be struck by your car.

If you pass the bus on the right-hand side, you will pay a minimum fine of \$265 for your first offense. A second offense within 5 years of this nature carries an additional \$265 fine, as well as the suspension of your license for 180 days to one year and a mandatory court hearing.

Drivers who pass on the left-hand side are no less culpable for their actions. Your first offense will cost you \$165, and a second offense will add another \$165 to that total, along with license suspension of 90 days to 6 months.

You will also be required to attend and successfully complete a basic driver improvement course and you must complete the course within the time allotted by the court which has dealt with your citation. Submission of successful completion proves to the state that you have reviewed and refreshed your knowledge of Florida traffic laws, including those dealing with school zones and school buses.

Remember - Kids are Just Kids!

Although any parent whose child takes the bus to and from school has no doubt cautioned them about the dangers of traffic, we need to remember that children are still young and still learning. With all of the distractions and noises that are abundant on

school busses, it's easy to imagine a child stepping off of the bus and not being able to hear oncoming traffic. We are the adults; it is our duty to abide by the laws put in place and give our children a safe environment in

which to learn, play, and grow.

On behalf of the men and women of the Lady Lake Police Department, we wish everyone a productive and safe school year.

## Have Fun, Stay Safe: Family Safety Tips For Outdoor Fun

(NAPS)—Your kids should move... move around, that is. The American College of Sports Medicine recommends that children participate in 60 minutes of physical activity every day. Physical activity on a regular basis, combined with healthy eating habits, will prevent obesity and other diseases.

Kids need outdoor play to be active, burn up excess energy and have fun. There are, however, a few steps you can take to protect them from injury.

### What You Can Do

Here are seven simple safety tips from Joan Lawrence, Toy Industry Association's "Toy Safety Mom," to help keep your child's outdoor play as safe as it is fun:

1. Make adult supervision a crucial part of outdoor play.

2. Watch children carefully whenever they're near water. Kids should never be left alone near swimming pools, beaches, lakes or other bodies of water—even "kiddie" pools—no matter what their ages or swim capabilities. Children under 5 should always be no more than an arm's length from an adult near water sources.

3. Always keep toys away from unsuper-



vised and high-traffic areas, such as driveways and sidewalks, so they don't lure a child into a dangerous situation.

4. Ride safely. Make sure your kids wear helmets, knee pads and other protective gear when playing with bikes, trikes, scooters and other ride-on toys. Accidental falls are the No. 1 cause of childhood injury, according to the National Center for Injury Prevention and Control.

5. Organize and store toys to prevent slips, trips and falls. Designate "parking" spaces for bikes and other ride-on toys and

(Continued on Page 10)



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The Ocala/Marion County Chamber of Commerce and the Economic Development Corporation are **Moving Forward!** and have unified to create the Ocala/Marion County Chamber & Economic Partnership (CEP).

The CEP will serve as the central resource for all businesses in Marion County: new, relocating, existing, large, small and budding entrepreneurs!

The forward momentum of this vibrant organization will focus on economic growth while maintaining the beauty and quality of life in Ocala and Marion County.

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This 60-minute overview is a casual format for you to learn more about the CEP and how partnership in this progressive organization will provide you with additional resources, connections, and advocacy to help in YOUR business development and growth initiatives.

For more information and the date of the next session, please contact:  
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## Sheriff Blair Proves Innocence!

(Continued from Page 3)

were told to "stand down" by SA King as they were interfering with his investigation. Unfortunately, the petition to the Governor went unanswered and on May 19, 2016, my husband was indicted by the Grand Jury and was arrested the following day. The arrest of my husband was nothing more than a political assassination by SA Brad King as a pay-back for the downfall of Kings' friend and former employee Dan Kuhn. The day that my husband was arrested, he was immediately suspended without pay. He lost his career and his dignity without even the benefit of a trial. He was crucified by the press and social media without having the opportunity to tell his side. These charges stemmed from allegations that my husband had denied seeing the face of Dustin Heathman on June 1, 2014. Heathman, who is now serving a life sentence plus 80 years for multiple charges to include the attempted murder of a Law Enforcement Officer, had fired over 50 rounds at the MCSO SWAT Team during a lengthy standoff that day.

On July 28, 2016, SA King offered a Deferred Prosecution Agreement which stated that all charges against my husband would be dropped if he withdrew from the election and resigned from the Office of Sheriff. The decision to accept the Agreement was an extremely difficult one to make but it was made in the best interest of our family, particularly our children, the men and women of the MCSO, and the citizens of Marion County. SA King had distracted the men and

women of the MCSO from their mission of serving the citizens of Marion County and had wasted a significant amount of tax dollars to satisfy his own personal vendetta.

My husband has now proven that he was INNOCENT of all charges brought against him by SA Brad King. It was proven both by photographs and official reports, that the charges brought against my husband were completely FALSE and that he was indicted, arrested, suspended, and subsequently removed from office and the election for something that he DID NOT DO. I would like to first point out that I know what happened on June 1, 2014 because I too, was there that day. The following is the account of what was proven beyond a reasonable doubt on August 26, 2016 at a press conference held on the steps of the Marion County Courthouse:

During the Grand Jury, my husband was asked specifically if had seen the face of Dustin Heathman at the time that he was being treated by medics. My husband responded that he had seen the back of him as he was surrounded by numerous people. My husband was also asked by a civil attorney to complete a sworn affidavit and to outline when he had seen Dustin Heathman in a patrol vehicle. Heathman was treated by medics when he first arrived at the Command Center in a patrol vehicle at 5:52 pm. At that time, he was surrounded by deputies and paramedics and only the back of him could be seen. Also, while Heathman was being treated, my husband went to another

location to check on his SWAT Team and he also prayed with them (See Photo 1 which depicts the location of the rescue vehicle as they were treating Heathman)

The video that was shown to the Grand Jury and used as the ONLY evidence to indict my husband, depicts two deputies escorting Dustin Heathman from a patrol vehicle to a SWAT vehicle so that he can be interviewed. This occurred at approximately 6:50 pm, almost an hour AFTER Heathman was treated by paramedics (See Photo 2 which depicts the time when Heathman was being led into the SWAT vehicle to be interviewed).

As you can see, my husband was asked to complete a sworn affidavit and was questioned during the Grand Jury about a specific incident that took place on June 1, 2014 regarding Dustin Heathman, and he answered TRUTHFULLY. All information discussed in this article was verified by MCSO and Marion County Fire Rescue written statements, MCSO audio interviews, crime scene photographs and videos, and

the MCSO Communications Report.

In the words of Martin Luther King Jr., "Our lives begin to end the day we become silent about things that matter." Governor Rick Scott has always been a supporter of the Florida Sheriffs and the law enforcement profession as a whole. As the wife of not only a Sheriff but also a law enforcement officer who has dedicated his life to serving and protecting others, I have asked that Governor Scott open an investigation into State Attorney Brad King and the State's Attorney's Office. If my husband, a decorated lawman and the top law enforcement officer in the county, can be falsely arrested by the top two attorneys at the State Attorney's Office, one must ask how many others have they done this to? I ask you, the citizens of Marion County, to write or call Governor Scott and request an investigation as you, the voters, were deprived the right to elect the Sheriff of your choice because Brad King used his power to make that decision for you. Thank you and God Bless...

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## How To Eat Responsibly

(NAPS)—This spring, the U.S. government put out its revised Dietary Guidelines for Americans, which strongly stressed the need for increased consumption of seafood.

But which seafood? Concerns about overfishing and environmental contamination may make people unsure of their seafood choices, so here are a few handy tips to make the choices clearer:

Sustainable fisheries: It is well known that some species of fish are in critical decline due to overfishing, so it's best to eat fish from healthy, renewable sources.

- Sustainable: Sardines (brisling), Alaskan salmon, catfish, crab, Atlantic mackerel.

- Watch list: Atlantic halibut, shark, or-

ange roughy, monkfish, bluefin tuna.

Wild-Caught: Food producers have reacted to depleted fisheries by "farming" seafood, either on land in pools or in shoreline pens. But while this limits ocean overfishing, it leads to other problems, such as sanitary conditions, environmental hazards, and cross-breeding with native species.

- Wild-Caught: Sardines, mackerel, Pacific cod, wild trout, Pacific rockfish.

- Farmed: Tilapia, farmed Atlantic salmon, imported shrimp.

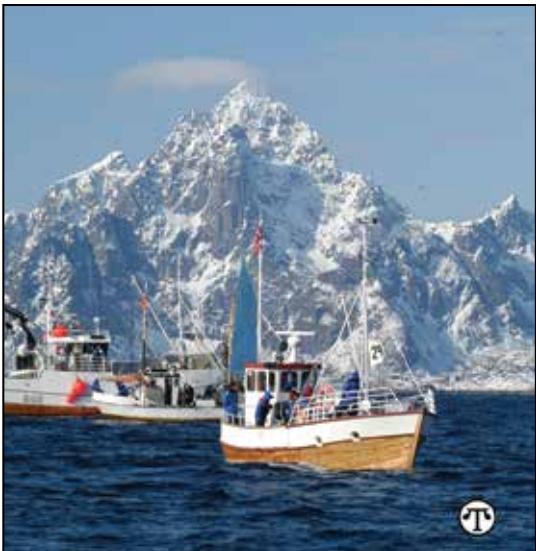
John Engle, president of King Oscar USA, a Norwegian-based seafood company that cans both premium sardines and mackerel, said, "Making the right seafood choices

is really important for consumers, but it is hard to thread the needle. They are looking for fish from healthy, sustainable stocks, that are also free of pollutants and wild caught. Our fish happen to be in a can, which will surprise some people, but all are wild caught, contain no genetically modified ingredients and are harvested from sustainable stock. It's a really simple and clean product."

For some good resources on the healthiest and most environmentally correct seafood, you can visit [www.seafoodwatch.org](http://www.seafoodwatch.org).

You can also view the USDA's new dietary guidelines at <http://health.gov/dietaryguidelines>.

Eating lots of seafood is one good



way to see your way clear to better health.

## Have Fun, Stay Safe: Family Safety Tips For Outdoor Fun

(Continued from Page 8)

store smaller items, such as skateboards, on shelves.

6. Uninflated balloons and broken balloon pieces can pose a choking hazard. At parties and other festive events, and especially when kids are playing with water balloons, remember to supervise children and throw away any broken latex pieces you find.

7. Be sure to check and follow age guidance on toy packaging. The age grading

doesn't have anything to do with how smart your child is—it's safety guidance that's based on the developmental skills and abilities of children at a given age and the specific features of a toy.

[Learn More](#)

You can find further facts and tips about keeping your kids safe and happy from the experts at [www.PlaySafe.org](http://www.PlaySafe.org).

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