www.SENIORS VOICE OF OCALA com



DELIVERED TO THE SR 200 CORRIDOR

Canine Officer Leo

Volume 28 Issue 4

10th Annual Habitat Ocala

Strawberry Festival





deputies responded to a call in the 900 block of NE 144th Court in Silver Springs. It was in response to a situation involving a suspect accused of Battery by Strangulation. The suspect was located in the backyard, where he initiated gunfire towards our deputies, injuring K-9 Leo in the exchange.

One morning, at approximately 9 am, our Responding with necessary force, deputies returned fire, resulting in the apprehension of the suspect, who was transported to the hospital, where he was pronounced deceased.

> Leo has been rushed to UF Veterinary Hospital, where their dedicated team is doing everything possible to save him; we



Strawberry season is here. The 10th annual "Habitat Ocala Strawberry Festival" was held March 2nd. The weather was perfect, A crowd of 20,000 plus attended, 850 Strawberry flats were sold, 235 venders some food vendor's some local businesses, some county service's. Strawberry shortcake was being all day. Games for the children and grown ups. Live

bands playing, very large patriotic American flags. Car show, some great old vintage cars and trucks. On our front page a crowd of visitors were standing with their hand over their hearts for the National Anthem. More pictures on page 6 & 7. IT WAS A GREAT FAMILY DAY!

Photo by CKJ-13 Kay Johnson

hold onto hope and pray for his recovery.

family. His loyalty, courage, and unwavering dedication to his duty embody 32 Hour Week the very essence of what it means to serve and protect. His sacrifice today reminds us of the dangers our deputies face each day to keep our community safe.

Let's rally together as a community, sending love and prayers to K-9 Leo and his dedicated handler."

K-9 Leo passed away on February 20, 2024, and his service was on Monday, March 4, 2024, at 10:00 a.m. in front of our Main Operations located at 692 NW 30th Ave. Ocala.

STRAWBERRY FESTIVAL MORE PHOTOS PAGES 6 & 7 Photos by CKJ-13 Kay Johnson

Leo isn't just a member of our force; he's Bernie Sanders

By TomL

Will a 32 hour work week happen? It was introduced by Bernie Sander a Socialist. Should we trust him? I just put him the same category as Joe Biden. Well let me tell you a story about my 32 hour work week.

It starts out in the 60's Hollywood Florida at a company called Chestnut Hill Industries, it had it's own city block, yes the building was that big. They made Ladies Garments. Name brands at the time.

Mr. Dino, Pantino, Harburt, Chestnut Hill. It was own by four Jewish family's. There were hundreds of employee's. I worked in the area where they had a printing press which was in the Mail room area.

The factory did it all... There were fabric Continued page 2

Bernie Sanders

Continued from page 1 By TomL

Will a 32 hour work week happen? It was introduced by Bernie Sander a Socialist. Should we trust him? I just put him the same category as Joe Biden. Well let me tell you a story about my 32 hour work week.

It starts out in the 60's Hollywood Florida at a company called Chestnut Hill Industries, it had it's own city block, yes the building was that big. They made Ladies Garments. Name brands at the time.

Mr. Dino, Pantino, Harburt, Chestnut Hill. It was own by four Jewish family's. There were hundreds of employee's. I worked in the area where they had a printing press which was in the Mail room area.

The factory did it all...There were fabric cutters, seamstress's, presser's, garment warehouse where thousands of garment's hung on hanger. All the groups of garments were on tracts.

When the order came in the packers would order the garments from the warehouse and pack them in boxes with tissue around them. They would go by conveyer to the stapler. One person stapled the boxes closed. Each box had a label giving the destination.

There was a armed guard at the only two exist doors in this huge building for security reasons. They would check you in, the men would open their lunch boxes & open jackets and the women would open their purses and lunch boxes coming in and going out. As you can imagine there were hundreds of employees. Chestnut Hill Industries moved there because the City of Hollywood gave them a five year tax free exemption and I believe helped with a grant to build the building. Chestnut Hill promise to employ 400 to 500 people who would live in Hollywood and help the economy by spending their money in town.

The union manage to get in and take control of the employee. All of the partners had garment factory's up north so I assume they followed them. The idea was to share in the Florida factory. It was a great idea to try to share expenses in manufacturing garments. There were two shop stewards. Several were fired when there was controversy, or they were forced to quit. I was approached to take on a portion of the shop steward job, being the most out spoken one in my area employees wanted me to do it. I took the place of a shop steward that suddenly left. I had several hundred workers in my area, honestly it was a pain in the butt. In a very short time the union wanted us to strike for a 37&1/2 hour work week. We hit the street a few more heads rolled but not mine. The company excepted the demands after a week.

I must put something in the time frame...My wife and I eloped in this time period. Her parent were not happy, you see they thought I was a bad boy! Years later we would make friends and my wife and I would invite them to live on the Loury Farm. They did for many years and learned I was not so bad....

Mean while In about six months there was another demand for a 32 hour work week. I stood up against the union and it did get a little rough near the end of it all. I refused to strike and I gave notice. The company was in it's fifth year of their tax deal with the city. The company ask me to stay, I was getting stale at that job. It was

Continued page 8

Turning 65 or new to Medicare?

Big news: There's a 5-star Medicare Advantage plan in Lake, Marion, & **Sumter Counties**



Easily switch to a top-rated plan

We're proud to offer you our Humana Gold Plus H1036-146 (HMO) plan, which earned 5 out of 5 stars—the highest quality rating—from the Centers for Medicare & Medicaid Services. It's available for a premium of \$0.

And from Dec. 8 until the end of the following November, you could switch to this plan during a special enrollment period. More stars in a plan's rating indicates higher quality and performance. Better care begins with listening to the people we serve, and our Star Rating reflects our commitment to doing just that.

Call a licensed independent sales agent



CHRISTINE CALVERT 352-572-8510 (TTY: 711) 8 a.m. – 5 p.m. Christine@medicarehealthplus.com

Humana A more human way to healthcare™

* Every year, Medicare evaluates plans based on a 5-star rating system. plan enrollment is based on eligibility and availability by location.

Humana is a Medicare Advantage HMO organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Applicable to Humana Gold Plus H1036-146 (HMO). At Humana, it is important you are treated fairly. Humana Inc. and its subsidiaries comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion or language. English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 877-320-1235 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 877-320-1235 (TTY: 711).繁體中文 (Chinese): 注意: 如果您使用繁體中文,您可以免費獲得語言援助 服務。請致電 877-320-1235 (聽障專線: 711)。

Y0040 GHHLFLRTE 24 AD M

Kevin Sheilley

OCALA/MARION COUNTY CHAMBER & **ECONOMIC PARTNERSHIP**



As we enter highlighting:

U-Haul

way moves using U-Haul. While not entirely Multi-Family developments to come online scientific, it is a great barometer of where with the addition of approximately 2,000 people are moving. The Ocala Metro has units. made this list each of the last several years but this year ranks #2 following last year's ranking as the top city where people are provides detailed labor market analytics moving. This is important because of who (and one which we at the CEP are moves using U-Haul – overwhelmingly, it is subscribers) produces an annual Talent younger people. We know that 30-39 year Attraction Scorecard. They score every US olds in the Ocala Metro are growing at county on how well they attract talent, not double the national average. This is a key just population. They break counties into demographic for workforce, home two categories: those with more than ownership, and families.

Housing

One of the best and most significant this new year, measures of the strength of the local the Ocala Metro economy is the housing market. 2023 was a has made a few record-year on several fronts. It marked the national lists highest ever number of new single-family which are worth homes completed, and the 2nd highest number of permits issued. Additionally, it was the 2nd best year on record for the sale of Every year, U- existing homes. The Ocala Metro was one of Haul unveils only 3 Florida metros and one of only a their Top 25 handful nationwide that saw an increase in Cities for year-over-year sales of existing homes. Growth. This list ranks cities based on one- Finally, 2023 saw the largest number of new

A company called Lightcast which 100,000 residents and those with fewer. Just over 600 counties fall in the large category

our competitors.

Knowing that not only is the Ocala Metro Forward Momentum! one of the premier communities to relocate

including Marion County. Five years ago, but one that has a fast-growing economy is we ranked #98; today, we rank #47. In key to the continued growth and particular, we are attracting more educated development of our community. Ocala is a and skilled talent especially compared to truly amazing place to live, work, and play and we are committed to maintaining our

IRISH GOLD

9 DAYS | 8 NIGHTS | 12 MEALS

June 30 - July 8, 2024 \$3,195 Per Person (Land Only)

Sue Fullerton Walk Don't Run Travel

travel@walkdontrunllc.com | 352-400-1721 Cell

Edward Jones

> edwardjones.com | Member SIPC

Compare our CD Rates

Bank-issued, FDIC-insured

3-Month

6-Month

 $5.40\frac{\%}{APY}$ $5.40\frac{\%}{APY}$ $5.20\frac{\%}{APY}$

9-Month

Call or visit your local financial advisor today.

Nick Navetta, AAMS™

Financial Advisor

814 E Silver Springs Blvd Suite B Ocala, FL 34470 352-629-2165

*Annual Percentage Yield (APY) effective 03/19/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867M-A AECSPAD 23633562

Tom Loury Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders and current member, Co-Founder and past President of Select Business Associates, Past President of the Lady Lake Chamber and current member.

PUBLISHER'S NOTES



I would like to start out with a question. How many of you patriots stand and put your hand over your heart when the National Anthem comes on TV at 6 am? Last Sunday 6 am the national anthem came on Fox

News. I was at the sink sorting Mulberries' when the National Anthem started I got up put my hand over my heart and turned to the TV. My wife was standing in front of her recliner with her hand over her heart showing her respect. A great day to start a St Patricks day!

Cape Coral Florida victim, identified as Kayla Rincon-Miller, was shot on Sunday night while walking to McDonalds, during Spring Break.

In the news......61 year old man lost his life over a parking spot at a Shell Gas Station (WHAT)

Teen girl found dead in Drainage Ditch. (WHAT)

OK Biden ... it is still happening when will you make them stop? You started this!

It seems that Elon Musk Is suing Google for breaking their agreement. The agreement over the AI, Musk helped Google to set up AI as long as they did not use it unethically.

So now Google has paused AI after many complaints. Musk calling them names and said they were anti-civilization. That sounds serious to me! He also called them Insane Racist! It was all over the Gemini chatbot! I don't even start to understand other than I know it can go bad and start a war or blow up civilization????

Meanwhile Musk has developed robot workers with some AI ability. They can do repetitious jobs with skill and dependability. Musk intends to use them in his Tesla Factories. Using robots he says we can make things cheaper than China. While creating jobs for Americans. Musk says robots are

probably limitless and they could even be used in the homes for duties and even care for the elderly. That is going further than I like but progress will never stop. The robots revenue may surpass his Tesla revenue. If you are smart enough your dreams can become reality!

I was really please when Elon bought twitter and then exposed it because the left used it for political elections. He is a true patriot!

Now we are down to two candidates running for president, one who is being prosecuted time and time again and the other that should be prosecuted time and time again. We are hearing that the current president had 350,000 immigrants flown

into our country in secret. Where did they go? Where are they now? What are they here for? Sounds like a private, secret army..... They accuse Trump of being a dictator, but this 350,000 could be a private army who's job is to protect someone.

It is tough for young people trying to start a business. For instance a customer calls and contracts with a young business to do a job. Let's say the job will take two weeks and there was specific instructions and curtains things that needed to be done. Agree on a price, put it in writing and get a signature. Get half of the money up front. The customer shows up one days and adds three more things to the jobs that need to be done.

continued page 5

Levin Insurance Services

Life Insurance from the BEST companies

Annuities, Long Term Care Insurance and more

We broker the best and highest quality policies throughout the USA.

Eddie Levin, CLU, MBA, 46 year Lifetime Member of the Million Dollar Round Table. Call/Text 352 634 4793



Newspaper Deadlines

Editorial & Ad Copy for May
Seniors Voice & Ocala DownTown
Noon, April 19th
Lady Lake Magazine & Village Spectator
12am, April 24th

Seniors Voice of Ocala/Ocala Downtown Products of TomL Publishing, LLC

P.O Box 1698, Dunnellon FL 34430

Publisher: Tom Loury Phone: 352-804-1223 | Fax: 352-489-7208 Email: tloury@att.net

The "Ocala DownTown" (Newspaper) www.OcalaDownTown.com (Online Product) and the Seniors Voice of Ocala (Newspaper) and www.SeniorsVoiceofOcala.com are owned and operated by TomL Publishing LLC, a sole proprietor Corp. Its owners, editors, writers, compositors, printers and publishers are not responsible or liable for typographical errors, misinformation, misprints, and the like, unintentionally contained herein. All letter hard copies or online received become the property of TomL Publishing LLC and may be reproduced without further consent. All above are independent contractors.

LETTERS TO THE EDITOR reflect the opinion of the writer, not the opinion of these newspapers. Letters should be online typed and limited to 300 words or less. Letters must have the written signature of the author and the current telephone number. Signatures for publication may be withheld on request. Letters that are libelous, or considered in poor taste, or are personal in nature, will not be published.

COPYRIGHT NOTICE 1996. The contents of this publication are protected by the copyright laws of the United States of America. Any reproduction in part or in whole is forbidden without the express written consent of the publisher. Violators can be prosecuted to the fullest extent of the law.

COLUMNS are the opinions of the writer and do not necessarily reflect the opinion of the above named newspapers and online products. Writers are chosen to represent a diversity of views on local issues. The editorial on page 4 is the opinion of the Publisher only.

Select Business Associates Of Ocala

Where Friends Meet and Businesses Prosper

- * Exclusive Categories One Per Industry
- * Dues are \$40 a year and you buy your own lunch.
- * Nonprofit Group
- * New membership takes 100% approval by members
- * No texting & no messages

We meet every Wednesday at different restaurants weekly throughout the year.

To get invited (5 our referral club

Call Tom Loury 352-804-1223

Categories Taken:

Social Media | Automotive Repair | Banking | Newspaper Fair Tax | Printing | Financial Advisor





DENNIS K. BAXLEY



\Dear Friends,

The Florida Legislature has officially adjourned the 2024 Legislative Session, marking the conclusion of this year's 60-day regular session. Over those 60 days, Senate Republicans have

delivered on key issues that impact Floridians across our state.

The Senate Republican Caucus stood firm in defense of the freedom that every Floridian holds dear. We enacted strong legislation to protect private property rights, passed critical measures to empower American energy production, and called for much needed accountability in Washington.

Senate Republicans introduced and passed vital legislation to expand access to critical health care services, empower neighborhood public schools, crackdown on rampant theft, and protect children from harmful online material. Additionally, the Florida Senate passed a balanced, fiscally conservative budget, while delivering

critical tax relief to families and small businesses across the State of Florida.

This budget, in conjunction with the Live Healthy Legislative Agenda, provides important funding to expand access to health care services for all Floridians. Over \$700 million is provided to address shortages in Florida's health care workforce, approximately \$50 million for innovation in the health care industry, nearly \$40 million to support Floridians with disabilities, and over \$300 million to establish behavioral health teaching hospitals. These key investments, coupled with strategic policy enhancements will enhance Florida's system of care and ensure every Floridian has access to efficient, effective, and economic health care services.

Thank you for taking the time to read this legislative update and for engaging in your government. As always, it is an honor to be your Senator.

Onward & Upward Senator Dennis Baxley

Publisher

Continued from page 4

The customer thinks he should not pay any more. The young business person needs to have pictures of what he has done and a signed agreement of what he bid on as proof. The business should rebid the extra work. The Business person should say at once it will cost you this more if I move my equipment and then have to come back, then tell the customer he and his crew are leaving, when they have fulfilled their agreement. To many people out there trying to get something for nothing. Don't let them do that.

Biden who appeared to be a different

person gave a angry, loud, STUMP speech, instead of the "State of the Union". He used the words my predecessor a couple of dozen times. I ask, now that he appears to be normal can he be EMPACH? He was attacking the Supreme Court justices after they took the time to attend, to show respect. If I were them I would have got up and walked out and the Republican Congress could have done the same. He has no respect for our Constitution and our of rules of laws. I wonder who's Crack that was in a locker in the WH????? Another time I noticed something different was the day "the current President" said he was going after hand guns. What happened to our top law enforcement agencies? What are they

FAIRTAX



Are you a FAIRtax fan? You may be and don't know it yet. Let's see if I'm right. Do you think you

should feed the government BEFORE you feed your family? That is precisely what you are doing now under the income tax because of federal withholding from your paycheck. By the use of withholding you are telling the government that they are your highest priority. Under the FAIRtax federal withholding is eliminated. You are only taxed when you spend your money, not when you earn it, putting your family first. Do you think the government should know more about your financial life than you are willing to tell your own children? Through the income tax forms, the government knows how much you earn, where the money comes from, how much you have invested, how much you gave to charity, how much interest you've earned, how much you have in savings, what property you have sold or bought, what depreciation you may have taken, what your mortgage payments are, etc, etc, etc. Under the FAIRtax the only thing the government knows is how much your employer paid you for the year so the Social Security

Administration can calculate your benefits upon retirement. Do you think the IRS is an efficient and secure repository for your financial information? First of all, the IRS budget for 2023 was over 12 billion dollars with a request for over 14 billion dollars for 2024. That's a lot of tax dollars. One would hope that IRS employees are being well vetted and are using secure networks but unfortunately that is not always the case. Some agents even after being fired for violations can be rehired due to union contract stipulations. Some agents are also working remotely from their own home computers without benefit of secure networks leaving your financial information vulnerable to hacking. There were nearly 180 million tax return filed in 2021. Under the FAIRtax, there is no need for the IRS to even exist as there total function is to administer to the collection of income taxes. Since the states will be doing the collecting for the FAIRtax, only a small section of the Treasury Department is needed to collect the taxes from each state. That's way more efficient, much more secure and a lot of tax dollars saved. Are you a FAIRtax fan yet? These are only three examples of why you should be. For much more information regarding the FAIRtax please go to FAIRtax.org

doing? I think the Socialist have a grip on our current administration because of what they know about the bidden's.

Pro Trump FDNY members Boo NY Attorney General Letitia James. They are investigating who boo ed James and say thAt it was unprofessional and unbecoming on duty Fire fighters.

People of Haiti are demonstrating for the departure of Prime Minister Ariel Henry in

early February. Now the countries rule of law is gone. Some are rioting while others are running from the danger. There has been some private rescues of Americans that are stuck over there. The Administration is not acting fast enough to save American lives but they did rescue some people of political interest and power, while our Americans were in danger. We have spent a lot of money trying to help the country stabilize itself to no avail. They stole the money and ran, probably to the United State crossing the border through Texas.

Palm Beach County Florida

The victim was reportedly abducted near John Prince Park around 1 a.m. and was sexually assaulted at two different locations by the three men. She managed to escape by flagging down a passing motorist.

The victim was walking to a gas station when she came across the three men. She was first assaulted near a food market, and then again on Lake Osborne Drive. After her escape, she received medical attention at Wellington Regional Medical Center.

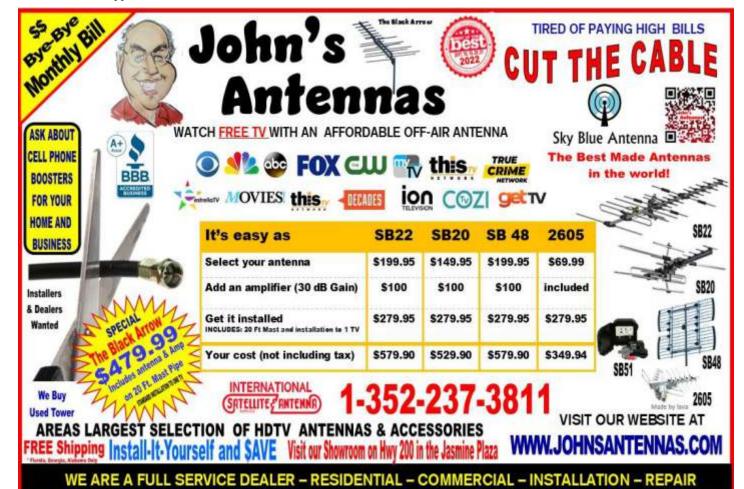
The police were able to locate a vehicle that matched the description given by the victim, leading to the arrest of the three men. The suspects are currently being held in Palm Beach County jail, with their bond set at \$200,000 each.

They were Illegals Aliens. Thank You Joe Biden and Homeland Secretary Alejandro Mayorkas!

As he would put it a few eggs are going to get broken or milk would be spelt. (THAT IS NOT FUNNY) These are human lives you two are playing with..... American Lives!

People are dropping around us and it only the locals that we can depend on.





Habitat Ocala Strawberry Festival
Photos by CKJ-13 Kay Johnson

























Habitat Ocala Strawberry Festival
Photos by CKJ-13 Kay Johnson















Erik Lehane

THE GAITWAY GROUP



Seniors: Are You Breaking the Law? Fred Astaire vs. Quasimodo

Laws guide our actions in various aspects of life, from obeying speed limits on the road to adhering to the principles of physics. Yet, there's another law often overlooked in the realm of exercise: The Law of Specificity. Are you inadvertently violating this crucial principle? Let's delve into how active seniors can leverage this law to enhance their quality of life and independence.

The Law of Specificity emphasizes that the effectiveness of practice is directly proportional to its similarity to desired performance outcomes. In simpler terms, if you want to excel at something, practice that specific activity. This principle holds immense significance for seniors aiming to maintain independence and enhance their overall well-being in later stages of life.

Enter the "Magnificent 7" — a set of foundational movement patterns crucial for functional mobility: squatting, lunging, pushing, pulling, rotating, hinging, and locomotion. These patterns underpin everyday activities, from dressing oneself to engaging in recreational pursuits like golf. By aligning exercise routines with these fundamental movements, seniors can effectively apply the Law of Specificity to bolster their quality of life and

The beauty of the Law of Specificity lies in its capacity to train the body's muscles and nerves to master and refine movement patterns over time. Just like learning to ride a bike or play a musical instrument, initially

A c t i v e seamless actions with consistent practice.

Unfortunately, aging often leads to a gradual decline in strength, power, and muscle mass, potentially compromising the ability to perform these fundamental movement patterns. What was once effortless, such as ascending stairs gracefully like Fred Astaire, can transform into a struggle akin to Quasimodo ascending the bell tower. Hence, it becomes paramount for seniors to adhere to the Law of Specificity and prioritize exercises focusing on the Magnificent 7.

In practical terms, this means replacing isolated exercises like leg lifts or bicep curls with compound movements such as squats and push-ups. Rather than relying solely on stationary equipment like an exercise bike, opt for activities like walking or running that engage multiple muscle groups and mimic real-world movements. The bulk of your exercise regimen — around 90% should revolve around mastering the Magnificent 7, with supplementary exercises added as needed.

Drawing from over two decades of experience as a physical therapist working with active seniors, I've witnessed the pitfalls of well-intentioned but misguided exercise routines. By embracing the Law of Specificity and integrating the Magnificent 7 into their fitness regimen, seniors can tilt the scales towards a lifestyle reminiscent of Fred Astaire's gracefulness, leaving Quasimodo's struggles far behind.

Erik Lehane, a dedicated physical therapist with expertise in preventive care, is the visionary founder behind The Gaitway Group (thegaitwaygroup.com). Through this venture, he empowers active seniors with the knowledge and tools to "add life to their years." For inquiries, challenging movements evolve into contact Erik at erik@eriklehane.com.

Bernie Sanders

Continued from page 2

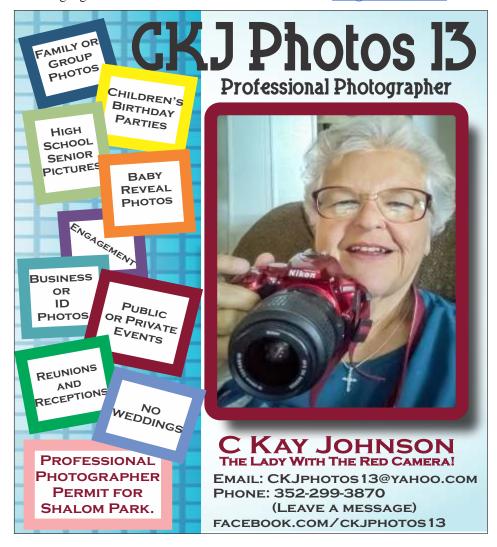
time for me to move on.

I had a job in two days, there was a demand for pressman in the area. I went to the Hollywood Sun Tattler in composition as a trainee. I wanted to go through all the apprenticeships that I could to learn the

whole business.

I ran into a co-worker from Chestnut Hill Industries and she told me she unemployed, she explained what happened was the company facing the no tax deal ending with the city and a 32 hour work week they went to their own mail room and mailed all of their high end garments to their warehouses











Providing free year-round sports training, competition and health services to children and adults with intellectual disabilities.

PARTICIPATE • VOLUNTEER • COACH • DONATE • BE A FAN

specialolympicsflorida.org • (800) 322-HERO

You can help create great futures by sponsoring a child to attend the Boys & Girls Club of Marion County. PO Box 4109 Ocala, FL 3448 352-690-7440



www.bgcofmarion.com

Ads sponsored by TomL Publishing

DOWNTOWN MARKET

Join us at the Ocala Downtown Market (ODM) to purchase a diverse array of products from farmers, artisans, craftspeople, food trucks! A true destination location, ODM is set just blocks off the Ocala Downtown square, in a beautiful open-air Market Pavilion. Besides permanent roof cover the facility it also has large overhead fans, restrooms, a nearby ATM, and water fountains. The Market Pavilion is also available for rental.





Interested in becoming a vendor? Visit www.ManageMyMarket.com

CALLING ALL Volunteers!

SEE ALL THE WAYS YOU CAN VOLUNTEER WITH HABITAT



CONSTITUTION

HELP BUILD A HOME!
BUILD DAYS ARE EVERY TUES.
THURS. & SAT. FROM
7:30AM-12:30PM

TO VIEW OUR CURRENT CONSTRUCTION SCHEDULE, VISIT HABITATOCALA.ORG

WE OFFER
COMMUNITY
SERVICE HOURS!
RESTRICTIONS MAY APPLY

FOR MORE INFO, VISIT OUR WEBSITE AT MARITATOGALA.ORG



RETAIL TASKS
FLEXIBLE SHIFTS AVAILABLE
MON-SAT/8:30-4:30



HELP WITH VARIOUS
HABITAT EVENTS THROUGHOUT
THE YEAR INCLUDING THE
STRAWBERRY FESTIVAL &
SOUTHEASTERN PRO RODEO

TYLER STARR
VOLUNTEER COORDINATOR
(352) 351-4663
TSTARR©HABITATOCALA.ORG



Love is just a leash away!!

The HSMC is here for you and the animals who depend on us. We wanted to share that we will continue to be here to help unwanted pets during this pandemic while following all Marion County and Florida state guidelines.



As this situation is constantly changing, we ask that you continue to visit our Shelter using the safety guidelines in place.

How can you help?

Pet Food Bank: Help stock our Pet Food Bank with pet food and supplies for people who cannot afford them due to job loss or other reasons. You can also bring donations to our Shelter daily from 10-6. Masks required please! If you need help keeping your pet with you during this time, our Happy Paws food program is here for you.

Volunteer: A small number of volunteers have returned to help in various departments. We are accepting volunteer applications but do not yet know when we will schedule orientations for new volunteers. Please contact us for more information about volunteering. We are currently working on a digital orientation.

Opt to adopt: According to the Centers for Disease Control and the World Health Organization, there is no evidence that companion animals such as cats and dogs can spread the virus that causes COVID-19.

Donate: We know there is a lot of uncertainty right now but homeless and unwanted animals still need us. Donate to help the Humane Society of Marion County so we continue our lifesaving work and make them feel safe and loved.



Bible is a 14 weeks old male brought to the HSMC with her brother Wombot! We believe they could be Xaluitassintif, or Xala, which is Mexican hairless dag brees









our donations make it possible to provide medical care, food and shelter to animals in need.

Hui	MARE	8oc	HETY
ø	鹵	۵	Ü
ЭΜ	ABIDA	Co	UNITY
AN	O KIII	100	fter

Humane Society of Marion County PO Box 1542 Ocala, FL 34478 Mail check or complete the credit/debit card payment form.

ess:	State	Zin Code :	Payment enclosed: 5
A NO AILL Sheller	10 000		Phone

Donations to the Hamme Society are two-deductible. Check with your accountant for more information
No goods or services have been provided to the donor as a result of this wift.

ATTORNEY GENERAL MOODY



ATTORNEY
GENERAL
MOODY LEADS
MULTISTATE
AMICUS BRIEF
AGAINST
BIDEN'S
BORDERRELATED
POLITICAL
GAMESMANSH

ΙP

TALLAHASSEE, Fla.—Attorney General Ashley Moody filed an amicus brief in the United States Court of Appeals for the Ninth Circuit in support of <u>Intervenor States</u> seeking to keep the Biden administration from using shadowy gamesmanship to manipulate the president's most vulnerable political liability in an election year: the border crisis. The Biden administration, on multiple occasions, used these tactics in an attempt to provide cover from his historical outright failure to protect the sovereignty of the nation. In this case, the Biden administration appears to have abandoned its defense of the "Circumvention of Lawful Pathways" rule, a rule that allows the Department of Homeland Security to turn away some asylum seekers, seeking instead a settlement agreement with proillegal immigration organizations, such as the East Bay Sanctuary Covenant, an immigration-services nonprofit based in California.

Attorney General Ashley Moody said, "This administration has repeatedly shown that it cannot be trusted, especially as it relates to defending the sovereignty of our

nation and safety of our citizens.

READ MORE:

https://www.myfloridalegal.com/ne wsrelease/attorney-general-moodyleads-multistate-amicus-briefagainst-bidens-border-related

ATTORNEY GENERAL MOODY WARNS SPRING BREAKERS THAT ONE PILL CAN KILLAND PROVIDES FREE NALOXONE TO FIRST RESPONDERS

TALLAHASSEE, Fla.—As spring breakers continue flocking to the state, Attorney General Ashley Moody is warning students about the dangers of fentanyl. At a news conference in Daytona Beach, Attorney General Moody urged spring breakers to never use illicit drugs, since more fentanyl-laced counterfeit pills now contain a lethal dose than ever before.

Flanked by Volusia County first responders, Attorney General Moody also announced that the Volusia County Sheriff's Office, the police departments of Daytona Beach, Deland, Ormond Beach, Ponce-Inlet and South Daytona, as well as the Volusia County Beach Safety Ocean Rescue team, are now participating in Attorney General Moody's Helping Heroes program. The program provides free access to life-saving naloxone for first responders.

READ MORE

https://www.myfloridalegal.com/n ewsrelease/video-attorney-generalmoody-warns-spring-breakers-onepill-can-kill-and-provides-free

GOVERNOR DESANTIS



Lieutenant Governor Jeanette Nuñez Announces Third Annual Spring 2024 Florida Space Art Contest for K-5 Students

Winning artwork will be launched into space on an upcoming

mission

TALLAHASSEE, Fla.—Today, Lieutenant Governor Jeanette Nuñez announced the launch of the 2024 Florida Space Art Contest. Students in grades K–5 are encouraged to create an art piece inspired by the theme: Suit Up! Florida's Space Suit of the Future.

"I am thrilled to announce the launch of the Third Annual Lieutenant Governor's Space Art Contest. Over the last two years, with more than 4,000 original art submissions, Florida's students have shown their overwhelming support and excitement for this art contest," said Lieutenant Governor Jeanette Nuñez. "This year's theme gives students creative control to engineer the space suit of tomorrow. I am excited to see the innovative and futuristic designs our young artists will bring to life."

Space Florida, a sponsor of the Lieutenant Governor's Space Art Contest, believes supporting Science, Technology, Engineering, Art, and Mathematics (STEAM) education initiatives is an integral part of its mission.

"Initiatives like the Lieutenant Governor's Space Art Contest help ignite curiosity and innovation in the minds of young children, many of whom will lead our industry in the

Lieuten ant near future," said Rob Long, President and overnor Jeanette CEO of Space Florida.

"Florida's continued leadership in the space industry is rooted in the foundational disciplines of science and math, but we cannot forget the importance of the arts," said Commissioner of Education Manny Diaz, Jr. "By nurturing these critical skills and fostering innovative teaching methods, we're empowering the next generation to reach for the stars and beyond."

About the Florida Space Student Art Contest

Lieutenant Governor Jeanette Nuñez's Space Art Contest is open to all K-5 grade students in Florida. Each student will submit an original, two-dimensional artwork based on this year's theme. Submissions will be broken down into two categories: K-2 and 3-5. Six art pieces from each group (12 total) will be selected as finalists. Finalists will win two tickets to the Kennedy Space Center Visitor Complex. Two lucky grand prize winners, one selected from each group, will have their artwork launched into space on an upcoming mission!

Forms and Guidelines

Student contest rules and guidelines can be found online at

www.FloridaSpaceArt.com.
Submit artwork to the address below:
SpaceFlorida

ATTN: Space Art Contest
505 Odyssey Way, Suite 300
Exploration Park, Florida 32953

All entries must be received by 5 PM on Friday, May 24, 2024.



2024 Ocala American Values Dinner

Be our guest at the annual American Values Dinner to benefit the Boy Scouts of America.

Funds raised at this event will help make the Scouting program available to young people throughout Marion County. Scouting continues to thrive due to friends like you who provide the funds to support our mission, "to instill values in young people."

Tuesday, April 23, 2024

Circle Square Cultural Center, 8395 SW 80th St., Ocala, FL 34481

6:00 p.m. Reception 7:00 p.m. Dinner & Program

Register online at: www.nfcscouting.org/AVD

Corporate Sponsorship Opportunities

- ☐ I am pleased to be a DIAMOND Table Sponsorfor \$10,000
 - Post-event outing for up to 300 employees/family members at our beautiful St. Johns River Base property in Orange Park or our amazing Camp Shands property in Hawthrone. (Outing to include swimming, canoeing, fishing, kayaking, 40ft rappelling tower)
 - VIP Reception with Honorees and Dinner Leadership Team
 - Full-page ad in the dinner program
 - Company logo displayed on tables and banners at the dinner
 - · 4 Tables (40 people)
- ☐ I am pleased to be a GOLD Table Sponsor for \$5,000.

- VIP Reception with Honorees and Dinner Leadership Team Half-page ad in the dinner program
- Company logo displayed on tables and banners at the dinner 2 tables (20 people)

- ☐ I am pleased to be a PLATINUM Table Sponsorfor \$7,500.
 - VIP Reception with Honorees and Dinner Leadership Team
 - 3/4-page ad in the dinner program
 - · Company logo displayed on tables and banners at the dinner
 - 3 tables (30 people)
- ☐ I am pleased to be a SILVER Table Sponsor for \$2,500.

This sponsorship includes

- VIP Reception with Honorees and Dinner Leadership Team
- Company logo displayed on banners at the dinner
- 1 table (10 people)









Colonel Nick Navetta

Presenting Sponsor



PUBLIX SUPER MARKETS CHARITIES



Personal Gift Options

I am pleased to provide a pleage of personal support:

□ \$1,000 □ \$750 □ \$500 □ \$250 □ Other \$ ☐ I plan to attend the Ocala American Values Dinner on April 23rd. Guest Names:

☐ I am unable to attend, but please count on my support as indicated above

Pledge/Payment Information

Register online at: www.nfcscouting.org/avd or mail this form to Boy Scouts of America (Ocala-AVD), PO Box 6407, Ocala, FL 34478.

Address:

City/State/Zip:

Phone: F-mail:

Signature:

☐ Please send me an invoice immediately. ☐ Check enclosed (Payable to North Florida Council, BSA)

Please charge mu:

☐ Visa ☐ Mastercard ☐ AMEX ☐ Discover

For more information, contact Truman Magley, 260-570-2359 or email Truman.magley@scouting.org.



Bee's Knees!

I sold it on Ocala4sale.com and you can too!

Ocala 4sa



Marion County's Internet Marketplace

FROM THE DESK OF

CONGRESSWOMAN KAT CAMMACK



Markup

WASHINGTON, $D \cdot C \cdot - T \circ d a y$, Congresswoman Kat Commerce Committee.

Cammack's Charlotte Woodward Organ Transplant Discrimination Prevention Act (H.R. 2706) passed the House Energy & Commerce Committee's Health Subcommittee markup by voice vote this afternoon.

The bill is named for Charlotte Woodward, an adult with Down syndrome who received a lifesaving transplant over a decade ago. It prohibits discrimination against people with disabilities in the organ transplant system and upholds, clarifies, and builds upon rights established in the 1990 Americans with Disabilities Act.

Additionally, the bill prohibits covered entities from determining than an individual is ineligible to receive a transplant, deny an

Rep. Cammack's organ transplant or related service, refuse to Organ Transplant refer the individual to an organ transplant Discrimination center, refuse to place an individual on a Prevention Act Passes waiting list, or decline insurance coverage T h r o u g h for a transplant or related service based Subcommittee solely on the fact that the individual has a disability.

The bill's next step is to be marked up before the whole House Energy &



Parade of Senior Services Photos by CKJ-13 Kay Johnson

of Senior Services. The event was free services, some were county, city, probably over 400. There were 41 next year about this same time.

It is always fun to attend the Parade vendors that were explaining their held at the Ewers Century Center at services for seniors and some were the College of Central Florida. venders in the health care industry. Hundreds of seniors attended This was the 41st year. Watch for

















to build your business, be our guest. 6:45 AM - 8:00 AM at Ocala

Come to a FREE Breakfast Wednesday Mornings and check out this PREMIER networking group. WE meet at Ocala Golf Club (Muni) 3130 E Silver Springs Blvd, Ocala, FL 34470

> **Ocala Business Leaders** 352-502-3811