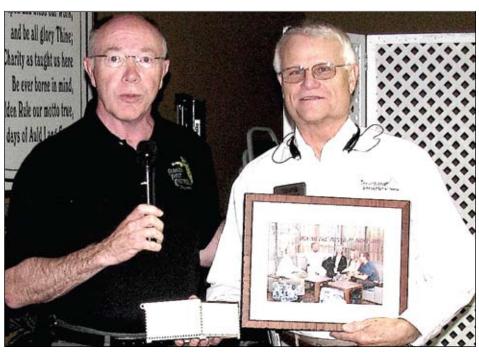


New OBL Member



A new member certificate for the Ocala Business Leaders presented to Brad Layfield of Thomas Roofing of Central Florida, presentation done by Steve Claytor, President of OBL.



Doug Betchal of Florida Pest Control presents a custom handmade puzzle made by Doug himself to Jim Haskins of Touching Heart at Home Services a Healthcare service in the home, for all the special work he is doing with seniors.



Carol D. Alvey, Public Relation for Daniel Hightower, giving an impromptu speech OBL on services offered by the Hightower offices.

Tom's Picks will help you find the services you need. Call 804-1223



Posing for a picture outside of a meeting (looking into the sun) stand the Ocala Business Leaders. The Business Leaders help each other grow their business.

Retraction from September Issue

Retraction from last months article! "IS OUR PRESIDENT ASHAMED OF OUR HISTORY?"

By TomL

I heard from two Democrats last month. One said the article was misleading and that Obama had spoke in Normandy on D-Day in 2009 and 2014 and quoted the fact check... See the following link for a fact check:

http://www.politifact.com/truth-o-meter/statements/2014/may/30/chain-email/chain-email-falsely-claims-obama-only-president-no/

I STAND CORRECTED!

The second Democrat said I was in the wrong business. I wonder if he has qualifications to be a critic? He continued to say that the publication (in the villages) would

go straight in the trash. I suspect he will read it to see if I run a retraction.

Again I STAND CORRECTED!
I can't always be right, but if I am 51 % of the time, that's not a bad average!
What say you?
TomL



God Bless our Troops Support Wounded Warriors We Endorse The Constitution Florida House of Representatives =

DENNIS K. BAXLEY



Florida's 2016 legislative session is just around the corner. Already, we are preparing to head back to Tallahassee to continue protecting faith, family, freedom and opportunity for the good people of

Florida.

With the 2016 elections coming up, it will likely be a quiet session this year, but there will be no shortage of important issues presented. Education and healthcare are the largest state funded businesses we have

and we need to ensure their continued success for our residents and community. We are committed to exploring policy options to reduce the cost of health care for consumers and improve the transparency of health care information. Funding essential services will remain a top priority for us this year, as well as continuing to cut taxes for the betterment of Florida's citizens.

Often, the most important role we play in Tallahassee is preventing harmful legislation from passing. Ninety percent of bills die in the process, and you should be happy they do. Protecting faith, family, freedom, and opportunity requires us to be prudent in our evaluation of legislative intent and effects.

In light of recent events, protecting reli-

gious freedoms will be even more important now. Floridians should be free to practice their religion without fear and we will make every effort to protect that freedom.

Ultimately, session never fails to bring

about unique surprises and challenges but we will continue to work for and support both Marion County and the state of Florida.

Health Awareness

Understanding The Seriousness Of The Flu

(NAPSI)—If you or someone you care about is among the estimated 45 million Americans who are 65 years of age and older, there's an important health fact you should know: As you age, your immune system weakens. This can make influenza ("the flu") severe and even life threatening for older adults. The 2014-2015 flu season recorded the highest hospitalization rates among people 65 years of age and older in recent history, yet a new survey of more

than 1,000 U.S. seniors found that many underestimate the seriousness of the flu and are largely unaware of their vaccine options.

To help educate older adults and those who care for them about the seriousness of the flu, the importance of prevention and available vaccine options, two-time Emmy and Tony award-winning actress Judith Light—starring in the new Broadway play Thérèse Raquin—has joined the Flu + You program for the second year in a row as the campaign ambassador.

"I turned 65 last year, and even though I still feel healthy and active, I know my immune system weakens with age," said Light. "I can't afford to let the flu slow me down, and luckily my doctor gave me a flu shot specifically for my age. If you're over 65 like me, talk to your health care provider about flu prevention and your flu vaccine options, and get vaccinated early before it's too late."

The flu can make existing health problems worse and is especially dangerous for people with chronic health conditions, like heart disease and diabetes, which commonly affect older adults. People with these conditions are more likely to develop complications from the flu that can result in hospitalization and even death.

"Adults 65 and over typically account for roughly half of flu-related hospitalizations and almost all flu-related deaths, and yet the survey we conducted shows that only 8 percent of survey respondents are concerned about getting the flu," said Kathleen Cameron, MPH, Senior Director, National Council on Aging. "Furthermore, about one third of respondents are unaware that someone with chronic health conditions would be at risk for complications from the flu."

The U.S. Centers for Disease Control and Prevention (CDC) states the single best way to prevent the flu is to get an annual vaccination. However, the survey found that more than half of seniors are unaware that there is a flu shot specifically for their age group. Older adults have flu vaccine options, including the regular flu shot and a higher-dose vaccine, both of which are widely available at a doctor's office or local pharmacy. Flu vaccination is a Medicare benefit with no copay.

Older adults and their caregivers can learn more at ncoa.org/Flu, which features more survey results, free educational materials, and a public service announcement with Judith Light.

Flu + You is a national public education initiative sponsored by the National Council on Aging in collaboration with Sanofi Pasteur.



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- \$1,000 annual allowance for hearing aids
- \$0 for transportation to and from physician appointments

For more information, call today!

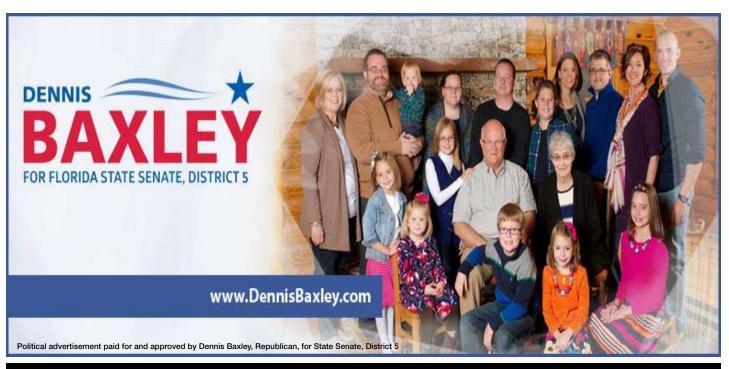
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Halloween Safety

By Marion County Sheriff Chris Blair October kicks off our fall holiday season with Halloween, one of the most anticipated holidays of the year, especially for our children. Some of you may not be aware but the Marion County Sheriff's Office (MCSO) is very active this time of year in an effort to keep our children safe. We will again be participating in our annual Operation Candy Sweep on Halloween night, where we will be checking in on sexual predators and offenders currently on sex offender probation here in Marion County.

Depending on the conditions of their parole, we will be checking to see if these individuals have their lights on or off, have any decorations outside their house and if they are giving children candy. If they are violating any of these conditions, our deputies will arrest them and take them to jail. We will also be attending popular Halloween events, having our deputies walk through the crowds to make sure these dangerous individuals are not taking this opportunity to target our children.

LOOKING FOR A SAFE PLACE TO TRICK-OR-TREAT?

JOIN US! MCSO's Annual Halloween Party being held on Halloween night from 5:00-8:00 p.m. at our Southwest District Office (9048 SW Highway 200, Ocala FL). We will have games, prizes, food, music and of course, plenty of candy! This event is always well-attended and anticipated and we would love to have you there to take part in the family fun.

From all of us here at the Marion County Sheriff's Office, have a fun and safe Halloween!

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Tom Loury

Publisher's Notes



DEBATE!

You know CNN set half the questions up for entertainment so that candidates would argue and they did. A couple of candidates were serious enough to bring it back into control.

The debate is supposed to inform us about what the candidates stand for, not entertain-

ment! There should have only been 6 on the stage. What came out of this? I would say Carson might have lost a point or two and Carly Fiorina probably moved up to fourth place. Jeb Bush gained a few points. Trump might have a lost a point or two. Many times candidates corrected the moderator about statements they said were made.

I personally know of two candidates that did wrong, Marco Rubio lied to me and Jeb Bush, while governor, did something very wrong. To set the stage: when a hospital wants to expand or put in a satellite they have to put in a request to the certificate of beds. Leesburg hospital and the two Ocala hospitals had requested to expand into the area of the Villages and Munroe Regional had purchased a medical building which would be perfect for the hospital.

Back up: Jeb Bush was campaigning for governor. The Villages donated hundreds of thousands of dollars to Jeb's campaign fund. When the Villages wanted to get in front of Ocala Regional and Munroe Regional Hospitals request for beds, Jeb Bush took the request for the Villages around the Certificate of beds to a higher govern body to make that happen for the Villages. The favor was done! The Certificate of Beds lost validity. The winner? The contributor.

I was raised in a Democratic family and was told that Democrats were for the working man and woman. I was ashamed of what was happening to the working class under this administration, so I changed to the Republican Party but I have always voted for the person I thought could best do the job. Now I'm getting the same feeling about the Republican Party. They made all these promises and did nothing to stop what is going on. Do you see the results?

Three years ago I predicted a third party would emerge, but I was wrong, in the Trump campaign I'm not really sure if he is truly Republican. The Republicans are not

happy with him but they can't seem to stop him and he is leading. Take note he does not smile much.

Would you rather have a dignified smiling candidate or a concerned competent candidate look?

Trump brings strengths, smart deals with a touch of being ruthless.

Carson brings wisdom and a humble demeanor. Walk softly and carry a big stick.

A good deal maker to me is one who doesn't get mad and walk out, but continue to present the deal in a different manner so the opposite side understands that is in their best interest to do the deal.

Isis is out of control beheading and raping, refugees are leaving the countries by the thousands.

In our country police are being executed in the streets, unborn babies are being killed and harvested for profit.

The president says, I think I'll go rename a mountain!

What say you?

REMEMBER, GROWING OLDER IS MANDATORY. GROWING UP IS OP-TIONAL. We make a Living by what we get. We make a Life by what we give.

God promises a safe landing, not a calm passage. If God brings you to it, He will bring you through it.

tloury@att.net



Newspaper Deadlines

Editorial & Ad Copy for November
Seniors Voice & Ocala DownTown
12am, October 21st
Lady Lake Magazine & Village Spectator
12am, October 28th

Ocala DownTown

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CEP/Ocala Chamber of Commerce News



Kevin Sheilley
Earlier this year
the CEP unveiled
the results of an economic impact analysis of the equine
industry in Marion
County. This study,
performed by California-based Sports
Management Re-

search Institute, showed the equine industry had a \$2.6 billion annual impact on the local economy. This report demonstrated for many people while we are truly the Horse Capital of the World! However, it also further demonstrated the how difficult it could be to find information on the area's diverse equine sectors.

To address this issue, the CEP partnered with the equine industry to create a new web portal which it is hoped will become the one-stop shop for all things equine. Fittingly enough, the site can be found at www.The-HorseCapital.com. The site was privately funded by the CEP with information contributed by various equine partners. The new

web portal went live in mid-September.

It is hoped the site will accomplish 3 objectives:

- Provide the community with information on the various breeds and disciplines found locally;
- Provide competitors and horse owners relocating to the area with access to the businesses and organizations serving the equine community;
- Provide a centralize calendar for all things equine for visitors and residents alike.

While the website is still in its infancy and will continue to add information as partners submit it, the site is designed to meet all of these objectives. The four primary categories on the site include the following:

- Breeds & Disciplines—we hope to add information and videos in the future from the various disciplines to help newcomers better enjoy their experiences;
- Industry Facts—while this section is currently very heavy on the Thoroughbred sector, we hope to add additional information and format the section for ease of use by sectors/breeds. One can also find access

to the various reports including the CEP's economic analysis;

- Industry Directory—any business who services or sells to the equine community can have their business listed. CEP partners will have a link to their Hyper.Directory listing as well;
- Organizations and Farms—eventually it is hoped this will be the most comprehensive list of horse farms and equine-related organizations in Marion County.

One of the most exciting aspects of the new site is the inclusion of an equine-specific calendar of events. Anyone can list an event to be included on the calendar by completing the simple form on the site. As long as it is equine related, it will be added to the calendar. Anyone looking for something "horsey" to do, will only need to check out the Calendar of Events.

Would you like to add your business to the directory or add an event? Please do! The cost is FREE and the more information the community provides, the better site will be for everyone. While it is a live site, we are still building it out. We would encourage to be patient and to check it regularly for updates.

Ocala/Marion County is The Horse Capital of the World! Working together we can grow this significant part of our economy and keep our entire community Moving Forward.

opinion matters to us!

Let us know what you think about the Seniors Voice and DownTown. 804-1223





Tom Loury 352-804-1223

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"Not All Who Wander Are Lost"

Not All Who Wander Are Lost: Barcelona

It was now early September 2014, and my time to leave Spain was soon approaching. My host Maria and I decided to take a trip to visit her aunt and uncle in Catalonia, and then I would leave from Barcelona to my next destination. Saying goodbye to my surrogate Spanish parents proved tearful as I knew I may never see them again. But her family left me with kind words and an open invitation to come back in the future. We took an overnight train to where Maria's aunt and uncle lived just north of Barcelona, in the city of Vigo. We rode through beautiful countryside and hills and even

along some rivers before the sun set and it was time to sleep. Four of us to a cabin, all strangers to each other, and sleeping in the same space. One woman was from Sweden and spoke great English, another woman was from Spain and spoke no English, and then Maria and I. It wasn't uncomfortable but it was certainly a new experience.

Catalonia is in the north eastern region of Spain and is most notably home to Barcelona. Catalonia is also known for having the most robust economy of each of the regions of Spain. During this time (Early September 2014) Catalonians were working very hard to raise support for Catalonia to secede themselves from Spain. Effectively, a vote





To be the catalyst for a prosperous community.

The Ocala/Marion County Chamber of Commerce and the Economic Development Corporation are *Moving Forward!* and have unified to create the Ocala/Marion County Chamber & Economic Partnership (CEP).

The **CEP** will serve as <u>the</u> central resource for all businesses in Marion County: new, relocating, existing, large, small and budding entrepreneurs!

The forward momentum of this vibrant organization will focus on economic growth while maintaining the beauty and quality of life in Ocala and Marion County.

We invite you to get acquainted at a complimentary, no-obligation

"GET GOING! New Partner Orientation"

This 60-minute overview is a casual format for you to learn more about the CEP and how partnership in this progressive organization will provide you with additional resources, connections, and advocacy to help in YOUR business development and growth initiatives.

For more information and the date of the next session, please contact: Felecia Prather at 352-629-8051 or felecia@ocalacc.com

310 SE Third Street | Ocala, FL 34471 | www.ocalacc.com



to split Spain up and make Catalonia its' own country. The people of Catalonia feel that they disproportionately fund the heavily burdened social welfare system. At the time Maria had told me that unemployment was at 22% and youth unemployment was 60%. If someone was laid off they would receive unemployment benefits that seemed to allow people to live to at a level far above American unemployment while of course still having free healthcare. Maria's uncle was very active in the political campaign process, working to organize rallies to convince the Spanish government to allow Catalonia the option to vote for succession. So, this was a

very exciting time to be in the region.

Back in June when I was in Copenhagen I went out one night with a group of friends to a club in Copenhagen. I decided I would dance if asked. I danced with one Danish guy who was not only the picturesque chiseled statue of a man but also a fantastic dancer! Which wasn't something I had experienced in the U.S., as the art of dancing seems to have degraded into pure mimicking of certain sexual behaviors. Instead, this man twirled, dipped, and led me all over the dance floor in the most impressive fashion. But I digress... I was also approached by another handsome

(Continued on Page 9)



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Think Local Expo

photos by Natasha Myers

Every year the CEP/Ocala Chamber has put on "Buy Local Business Expo" this year the expo theme is "Th!nk Local". Exhibitors were encouraged to highlight their local operations, products or services that are available in Marion County and the surrounding area.

The Expo hours were from 10:00 AM to 3:00 PM at the Klien Center at CFCC the Community College.

Think Local / Learn Local There were classes going on during the expo.

Learn Local Teachers -

Furniture Refinishing for Fun and Profit - Erin Emanuel

Beginner Sewing Machine Skills - Citrus Sew N Vac

Identifying Edibles in the Wild - Steven Claytor, North Florida Survival School Create My Story with Photography 101 - Dog On Designs & Photography, Lisa Anderson

Got 5? Work/Life Balance - Tasha Florio, Supportive Connections

DIY After-Sun Soothers doTerra Oils, Valerie Hazelton

In talking to one mother she said her daughter took a class on the sewing machine and now she has to have one. That is a hobby you can't start them too young. When you get a positive reaction like that it's worth all the work.

The crowd was a little light but it was made with quality people, the food was great and a good time was had by all. Watch for next year's expo, don't miss it put on by the CEP/Ocala Chamber of Commerce.

















SENIOR SCHEDULE OF EVENTS

BOOMERS & BEYOND OCTOBER

LET'S ALL GO TO THE MOVIES!

Reservations must be made at the hosting center. Seating is limited to eight persons per movie.

"BLACK OR WHITE" STARRING: KEVIN COSTNER, OCTAVIA SPENCER, JILLIAN ESTELL, BILL BURR AND MPHO KOAHO

Eighth Avenue Adult Activity Center | 830 NE Eighth Ave. | 352-629-8545 Tuesday and Wednesday | October 6 and 7 | 1:30 p.m. Barbara Gaskin Washington Adult Activity Center | 210 NW 12th Ave. | 352-629-8357 Thursday and Friday | October 8 and 9 | 1 p.m. Attorney Elliot Anderson is widowed after the car crash death of his wife. Elliot has raised his biracial granddaughter, Eloise, since his daughter died in childbirth. As he struggles with his grief, Elliot's world

is turned upside-down when the child's African-American grandmother, Rowena, demands that Eloise be brought under the care of her father, Reggie, a drug addict who Elliot blames for the negligence that led to the death of his own daughter. Elliot finds himself deeply entrenched in a custody battle and will stop at nothing to keep his granddaughter from coming under the watch of his reckless son-in-law. Rated PG-13

"50 TO 1" STARRING: SKEET ULRICH, CHRISTIAN KANE, WILLIAM DEVANE, MADELYN DEUTCH, AND TODD LOWE

Eighth Avenue Adult Activity Center | 830 NE Eighth Ave. | 352-629-8545 Tuesday and Wednesday | October 20 and 21 | 1:30 n.m.

Barbara Gaskin Washington Adult Activity Center | 210 NW 12th Ave. | 352-629-8357 Thursday and Friday | October 22 and

23 | 1 p.m.

A misfit group of New Mexico cowboys are on the journey of a lifetime when their crooked-footed racehorse qualifies for the Kentucky Derby. The cowboys face a series of mishaps on their way to Churchill Downs, becoming the

ultimate underdogs in a final showdown with the world's racing elite. Rated PG13

EVENTS

SPORTSABILITY

E.D. Croskey Recreation Center Hampton Aquatic FUN Center Martin Luther King Jr. Recreation Complex

Friday | October 2 | 10 a.m.-3 p.m. Payne's Prairie Preserve State Park Saturday | October 3 | 10 a.m.-3 p.m.

The City of Ocala, Florida State Park and the Florida Disabled Outdoor Association present this event to demonstrate how differently-abled individuals can participate in active outdoor recreation.

YOGA IN THE PARK

SE corner of Tuscawilla Park

Sunday | October 4 | 2-3 p.m.

Julie Jenkins teaches this class for all levels. Dress comfortably and bring along a yoga mat, water bottle and towel. Classes move to 830 NE Eighth Ave. during inclement weather.

MOVIE IN THE PARK ~

"THE HUNDRED FOOT JOURNEY" Citizens' Circle

Friday | October 9 | 7:30 p.m.

Join us for an outdoor movie adventure on the really BIG screen. Don't forget to bring your lawn chairs and blankets!

OCALA CULTURAL FESTIVAL

Downtown Ocala

Saturday | October 10 | 10 a.m.-4 p.m.

A day of international food, multicultural entertainment, vendors, exhibits and a kid's craft area! Come join the FUN, meet new people and build some great memories. See you there! We'd like to thank our sponsors: City of Ocala, Fun4OcalaKids, Martial Arts Center, Ocala Utility Services and the Ocala Star Banner.

NATURE WALKS

Discovery Center

Wednesdays | October 14 | November 18 | December 16 | 9 a.m.

Calling all Ornithology enthusiasts! Join members of the Audubon Society in a guided walk around Tuscawilla Lake to see seasonal migratory and resident birds! Remember your binoculars.

ST. AUGUSTINE SCENIC CRUISE AND SHOPPING (AGES 50+)

Thursday | October 22

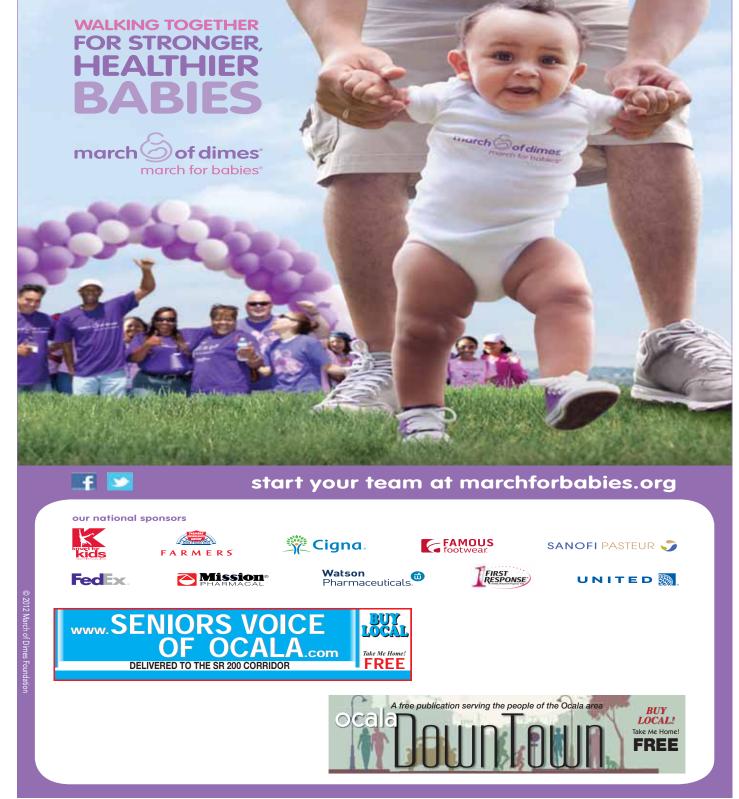
Charter bus leaves the Eighth Avenue Adult Activity Center at 8:30 a.m. and returns at 6 p.m.

Enjoy a relaxing cruise and shopping trip to St. Augustine. Relax and enjoy a cruise narrated by the Captain of the Victory 111. It provides a great view of the historical landmarks and natural sites of interest. After the tour you can take a journey to the outlet mall with us or do some Christmas shopping in downtown St. Augustine. Lunch is own your own. \$35/person includes transportation and cruise. Call Grace at 352-629-8357 to register (pre-paid registration required) or for more information.

SAVE THE DATE ~ NEXT MONTH & BEYOND

"AL CAPONE" | November 4 | 9 a.m.-6 p.m. | FALL SENIOR FISHING DERBY | November 9 | 9 a.m.-noon | LIGHT UP OCALA | November 21 | 4-9 p.m. | LET'S SKATE OCALA! | November 21-January 3 | Hours vary | SANTA'S CALLING | December 1, 2, 3 | 6-9 p.m. | SANTA ON THE SQUARE | December 1, 3, 8, 10, 13, 17 | 6-8 p.m. | HUDSON DINNER THEATRE~CHRISTMAS SPECTACULAR | December 2 | 8:30 a.m.-6 p.m. | MOVIE IN THE PARK ~ "JACK FROST" | Friday | December 18 | 5:30 p.m. | HOLIDAY HAPPENINGS | Most nights in December | Times vary





■—ONE PERSON'S OPINION =

LETTERS TO THE EDITOR

Dear Editor:

Hitler brainwashed the youth of Germany. That worked out well.

Now, American parents are allowing COMMON CORE to do the same thing to their children

When will we learn?

Our lives are our lives, we should covet the control and responsibility that confers upon us.

It should be the central theme of human existence.

Feeling good about accomplishing something for our betterment, is better than sex, and it lasts a great deal longer. A lifetime. Becoming an accomplished mechanic is forever. Golfer! Baker! Painter! Musician! Dancer! Stenographer!

All that is needed is a fair playing field.

That is the ingredient lacking. It has been like that for millennia. Governments and unjust laws can do that to a society. The search should be for happiness, {comfortable sums it up best}, not money. Are the super rich any happier than you? I do not think so. Read about their messy lives.

Good friends, and comfort are my necessities. Think about it, What do you really require to make you happy?

Stop coveting stuff you do not need! Will not make you happy. Or have to worry about losing, or having someone swindle what you have, from you.

When you get older stuff can become a burden. Better without the stuff you thought you had to have.

DII

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Keep your name in front of the consumer by advertising in the Seniors Voice / Ocala DownTown.

Call 804-1223

"Not All Who Wander Are Lost"

(Continued from Page 6)

man who was clearly not Danish. He had dark hair, tan skin, and a heavy Spanish accent. While we didn't dance I did appreciate his candor and we exchanged names to find each other on Facebook; One- because it was too loud to talk, two-because his accent was too heavy in conjunction with the noise. We kept in touch over the next few months. He had done a lot of volunteer work, was passionate about improving his community, and was currently studying architecture in Denmark; not exactly the type of person you expect to meet at a club. It turned out his family lived very near to Vigo, Spain and was going to be there on break from school the same time I would be there. It was decided that we would meet and spend a day together. We went hiking in the morning, ate lunch at his favorite pizza place, took me to his village to meet his dog named Bruni, and then swimming in the Mediterranean. I didn't have a bathing suit so I had to swim in my underwear. I was really shy and embarrassed at first because the beach was really busy that day. But that only lasted 5 minutes until I realized the majority of the women on the beach were topless! And my friend this is completely common in Europe! So I just went with his lead and tried to act equally casual about it all.

My last days in Spain were spent eating wonderful foods, such as Paella, in the company of Maria's aunt and uncle, hiking in the Pyrenees Mountains, and learning about natural healing herbs that they grew in their gardens. The weather was wonderful and the company was even better, as Maria and I prepared to go our separate ways after spending 6 weeks of nearly 24 hour contact with each other. A feat I had never accomplished with anyone else, not even with past roommates. But my next adventure was calling me and I had to move on soon. Back to Denmark in fact; followed by Hungary, Slovenia, and Croatia.

Contact info:

Kailah is a 2015 graduate of the University of Florida, with a Bachelor of Science Degree in Family, Youth, and Community Sciences. She Plans to incorporate her travels into her future career and volunteer endeavors and eat as much gelato as reasonably affordable. If you have any questions or comments she can be contacted by email at: abroadwithclass@gmail.com or you can follow her on Instagram at: Abroadwithclass

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The Trick to Delicious Halloween-Inspired Treats

(Family Features) When the fall weather hits, every ghoul, ghost and goblin knows that Halloween is lurking around the corner. To get the whole family in the spirit this season, pick the perfect pumpkin, dress up

pop with vanilla ice cream, this creamy orange milk will surely cast a spell on all those who taste it. Made with wholesome low-fat white milk with no artificial growth hormones or high fructose corn syrup and



in the scariest costumes and serve up these frightfully delicious treats.

The Freaky French Toast and Candy Corn Pudding are two kid-friendly dishes that are almost too spooky to eat. The secret ingredient is Limited Edition TruMoo Orange Scream milk. Inspired by an orange frozen brought to you by your local, trusted dairy, it's delicious and nutritious.

Whether you dare to use TruMoo Orange Scream as a colorful ingredient in your favorite Halloween treats, or enjoy it on its own – you'll be surprised by how quickly it disappears.

For more Halloween-inspired recipes featuring TruMoo Orange Scream, visit Tru-Moo.com, and find TruMoo Milk on Facebook, Twitter and Pinterest.

FreakyFrench Toast

Prep Time: 10 minutes

Cook Time: 10 minutes

Servings: 4-6 1 cup TruMoo Orange Scream milk

3 large eggs

2teaspoons grated orange peel

1 teaspoon ground cinnamon

1 loaf challah bread

3 tablespoons butter, divided confectioners' sugar

warm maple syrup (optional)

In large bowl, combine milk, eggs, grated orange peel and cinnamon to blend well. Slice challah bread into 1-inch-thick slices.

In 12-inch skillet over medium heat, melt 1tablespoon butter. Dip bread into milk mixture, letting each side soak for 30 seconds. Add butter to skillet. Over medium heat, cook bread until golden, about 4 minutes on each side. Repeat with remaining butter and bread.



Dust with confectioners' sugar. Serve with warm maple syrup.

Candy Corn Pudding

Prep Time: 15 minutes

Servings: 2

2 cups TruMoo Orange Scream milk

1 box (3.56-ounces) instant white chocolate pudding

red and yellow food coloring

1/2 cup whipped cream

In large bowl, beat milk and instant pudding with wire whisk or mixer until thickened. Spoon 1/2 of mixture into bowl. Tint with food coloring to dark orange shade.

To serve, spoon 1/2 of original color pudding (light orange) into 2 tall dessert glasses. Layer with dark orange pudding. Top each with whipped cream. Refrigerate until ready to serve



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